Bibliography

Abba, N., Chadwick, P. and Stevenson, C. (2008) Responding mindfully to distressing psychosis: a grounded theory analysis. *Psychotherapy Research*, 18, 77–87.

Abbass, A. A., Kisely, S., Rasic, D., Town, J. M. and Johansson, R. (2015) Long-term healthcare cost reduction with intensive short-term dynamic psychotherapy in a tertiary psychiatric service. *Journal of Psychiatric Research*, 64, 114–120.

Abbass, A. A. and Town, J. M. (2013) Key clinical processes in intensive short-term dynamic psychotherapy. *Psychotherapy*, 50, 433–437.

Ablow, R. (2008) Introduction: Victorian emotions. *Victorian Studies*, 50, 375–377.

Abram, D. (1996) *The Spell of the Sensuous: Perception and Language in a More-than-Human World*. New York: Vintage Books.

Abu-Raiya, H. (2015) Working with religious Muslim clients: a dynamic, Qura'nic-based model of psychotherapy. *Spirituality in Clinical Practice*, 2, 120–139.

Abu-Raggan, N. M. (2009) Seasons of Life: ex-detainees reclaiming their lives. *International Journal of Narrative Practice and Community Work*, 2, 24–40.

Ackerman, S. J. and Hilsenroth, M. J. (2001) A review of therapist characteristics and techniques negatively impacting the therapeutic alliance. *Psychotherapy*, 38, 171–185.

Ackerman, S. J. and Hilsenroth, M. J. (2003) A review of therapist characteristics and techniques positively impacting the therapeutic alliance. *Clinical Psychology Review*, 23, 1–33.

Acres, D. (2016) Configurations of self: 'the gang inside'. In C. Lago and D. Charura (eds.) *Person-Centred Counselling and Psychotherapy: Origins, Developments, and Contemporary Applications*. Maidenhead: Open University Press.

Adame, A. L. (2011) Negotiating discourses: the dialectical identities of survivor-therapists. *The Humanistic Psychologist*, 39, 324–337.

Adams, C. (ed.) (1993) *Ecofeminism and the Sacred*. New York: Continuum.

Adams, J., Dickinson, P. and Asiasiga, L. (2013) Mental health issues for lesbian, gay, bisexual and transgender people: a qualitative study. *International Journal of Mental Health Promotion*, 15, 105–120.

Adams, K. (1998) *The Way of the Journal: A Journal Therapy Workbook for Healing*. Brooklandville, MD: Sidran Press.

Adams, M. (2013) *The Myth of the Untroubled Therapist: Private Life, Professional Practice*. London: Routledge.

Addis, M. E. and Martell, C. M. (2004) *Overcoming Depression One Step at a Time*. New York: Harbinger.

Adler, J. M. (2013) Clients' and therapists' stories about psychotherapy. *Journal of Personality*, 81, 595–605.

Aiach Dominitz, V. (2017) Gestalt therapy applied: a case study with an inpatient diagnosed with substance use and bipolar disorders. *Clinical Psychology and Psychotherapy*, 24, 36–47.

Ainsworth, M. D. S., Blehar, M. C., Waters, E. and Wall, S. (1978) *Patterns of Attachment: A Psychological Study of the Strange Situation*. Hillsdale, NJ: Erlbaum.

Al-Abdul-Jabbar, J. and Al-Issa, I. (2000) Psychotherapy in Islamic society. In I. Al-Issa (ed.) *Al-Junun: Mental Illness in the Islamic World*. Madison, CT: International Universities Press.

Albee, G. W. (1977) The Protestant ethic, sex and psychotherapy. *American Psychologist*, 32, 150–161.

Albee, G. W. (1996) Prevention, not treatment, is the only hope. *Counselling Psychology Quarterly*, 12, 133–146.

Aldarondo, E. (ed.) (2007) *Advancing Social Justice through Clinical Practice*. New York: Routledge.

Aldridge, S. (2011) *Counselling – An insecure profession? A sociological and historical analysis*. PhD thesis, University of Leicester. Available at: https://lra.le.ac.uk/handle/2381/10261 [accessed 5 March 2013].

Alexander, F. and French, T. M. (1946) *Psychoanalytic Therapy: Principles and Applications*. New York: Ronald Press.

Alexander, L. B. and Luborsky, L. (1986) The Penn Helping Alliance scales. In L. D. Greenberg and W. M. Pinsof

(eds.) *The Psychotherapeutic Process: A Research Handbook*. New York: Guilford Press.

Alghazo, R., Upton, T. D. and Cioe, N. (2011) Duty to warn versus duty to protect confidentiality: ethical and legal considerations relative to individuals with AIDS/HIV. *Journal of Applied Rehabilitation Counseling*, 42, 43–49.

Ali, A., Hawkins, R. L. and Chambers, D. A. (2010) Recovery from depression among clients transitioning out of poverty. *American Journal of Orthopsychiatry*, 80, 26–33.

Ali, A. and Lees, K. E. (2013) The therapist as advocate: anti-oppression advocacy in psychological practice. *Journal of Clinical Psychology*, 69, 162–171.

Ali, A. and Sichel, C. E. (2014) Structural competency as a framework for training in counseling psychology. *The Counseling Psychologist*, 42, 901–918.

Ali, B. S., Rahbar, M. H., Naeem, S., Gul, A., Mubeen, S. and Iqbal, A. (2003) The effectiveness of counseling on anxiety and depression by minimally trained counselors: a randomized controlled trial. *American Journal of Psychotherapy*, 57, 324–336.

Al-Issa, I. (ed.) (2000a) *Al-Junun: Mental Illness in the Islamic World*. Madison, CT: International Universities Press.

Al-Issa, I. (2000b) Mental illness in medieval Islamic society. In I. Al-Issa (ed.) *Al-Junun: Mental Illness in the Islamic World*. Madison, CT: International Universities Press.

Allen, J. (1999) Responding to unemployment and inequalities in income and health. *European Journal of Psychotherapy, Counselling and Health*, 2, 143–152.

Allen, J. G. and Fonagy, P. (eds.) (2006) *Handbook of Mentalization-Based Treatment*. Chichester: Wiley.

Altmann, U., Zimmermann, A., Kirchmann, H. A., Kramer, D., Fembacher, A., Bruckmayer, E. et al. (2016) Outpatient psychotherapy reduces health-care costs: a study of 22,294 insurants over 5 years. *Frontiers in Psychiatry*, 7, 98 [https://doi.org/10.3389/fpsyt.2016.00098].

Alvarez, K. M., Kenny, M. C., Donohue, B. and Carpin, K. M. (2004) Why are professionals failing to initiate mandated reports of child maltreatment, and are there any empirically based training programs to assist professionals in the report process? *Aggression and Violent Behavior*, 9, 563–578.

Amendt-Lyon, N. (2001) Art and creativity in Gestalt therapy. *Gestalt Review*, 5, 225–248.

American Counseling Association (2013) *Counseling Knowledge Center*. Alexandria, VA: American Counseling Association. Available at: http://www.counseling.org/knowledge-center/counseling-knowledge-center [accessed 3 March 2013].

Anastasi, A. (1992) What counselors should know about the use and interpretation of psychology tests. *Journal of Counseling Development*, 70, 610–615.

Anchin, J. C. (2008) Pursuing a unifying paradigm for psychotherapy: tasks, dialectical considerations, and biopsychosocial systems metatheory. *Journal of Psychotherapy Integration*, 18, 310–340.

Anchin, J. C. (2012) Prologue to unified psychotherapy and clinical science. *Journal of Unified Psychotherapy and Clinical Science*, 1 (1), 1–20.

Anderson, H. (2007) Dialogue: people creating meaning with each other and finding ways to go on. In H. Anderson and D. Gehart (eds.) *Collaborative Therapy: Relationships and Conversations that Make a Difference*. New York: Routledge.

Anderson, H. and Gehart, D. (eds.) (2007) *Collaborative Therapy: Relationships and Conversations that Make a Difference*. New York: Routledge.

Anderson, H. and Goolishian, H. (1992) The client is the expert: a not-knowing approach to therapy. In S. McNamee and K.J. Gergen (eds.) *Therapy as Social Construction*. London: Sage.

Anderson, N., Heywood-Everett, S., Siddiqi, N., Wright, J., Meredith, J. and McMillan, D. (2015) Faith-adapted psychological therapies for depression and anxiety: systematic review and meta-analysis. *Journal of Affective Disorders*, 176, 183–196.

Anderson, P., Jacobs, C. and Rothbaum, B. O. (2004) Computer-supported cognitive–behavioral treatment of anxiety disorders. *Journal of Clinical Psychology*, 60, 253–287.

Anderson, R. and Braud, W. (2011) *Transforming Self and Others through Research: Transpersonal Research Methods and Skills for the Human Sciences and Humanities*. Albany, NY: State University of New York Press.

Anderson, S. and Brownlie, J. (2011) Build it and they will come? Understanding public views of 'emotions talk' and the talking therapies. *British Journal of Guidance and Counselling*, 39, 53–66.

Anderson, S., Brownlie, J. and Given, L. (2009) Therapy culture? Attitudes toward emotional support in Britain. In A. Park, J. Curtice, K. Thomson, M. Phillips and E. Clery (eds.) *British Social Attitudes: The 25th Report*. London: Sage.

Anderson, T., Crowley, M. J., Himawan, L., Holmberg, J. and Uhlin, B. (2016a) Therapist facilitative interpersonal skills and training status: a randomized clinical trial on alliance and outcome. *Psychotherapy Research*, 26, 511–529.

Anderson, T., McClintock, A. S., Himawan, L., Song, X. and Patterson, C. L. (2016b) A prospective study of therapist facilitative interpersonal skills as a predictor of treatment outcome. *Journal of Consulting and Clinical Psychology*, 84, 57–66.

Anderson, T., Ogles, B. M., Patterson, C. L., Lambert, M. J. and Vandermeersch, D. A. (2009) Therapist effects: facilitative interpersonal skills as a predictor of therapist success. *Journal of Clinical Psychology*, 65, 755–768.

Anderson, W. (1986) Stages of therapist comfort with sexual concerns of clients. *Professional Psychology: Research and Practice*, 17, 352–360.

Angus, L. (1996) An intensive analysis of metaphor themes in psychotherapy. In J. S. Mio and A. Katz (eds.) *Metaphor: Pragmatics and Applications*. Hillsdale, NJ: Lawrence Erlbaum.

Angus, L. (2012) Toward an integrative understanding of narrative and emotion processes in emotion-focused therapy of depression: implications for theory, research and practice.

Psychotherapy Research, 22, 367–380.

Angus, L. E. and Greenberg, L. S. (2011) *Working with Narrative in Emotion-Focused Therapy: Changing Stories, Healing Lives*. Washington, DC: American Psychological Association.

Angus, L. E. and Rennie, D. L. (1988) Therapist participation in metaphor generation: collaborative and noncollaborative styles. *Psychotherapy*, 25, 552–560.

Angus, L. E. and Rennie, D. L. (1989) Envisioning the representational world: the client's experience of metaphoric expressiveness in psychotherapy. *Psychotherapy*, 26, 373–379.

Ankarberg, P. and Falkenström, F. (2008) Treatment of depression with antidepressants is primarily a psychological treatment. *Psychotherapy Theory, Research, Practice, Training*, 45, 329–339.

Annesley, P. and Coyle, P. (1998) Dykes and psyches: lesbian women's experience of clinical psychology. *Changes*, 16, 247–258.

Anonymous (2011) Lessons learned from a long-term psychoanalysis on the telephone. *Journal of Clinical Psychology*, 67, 818–827.

Anthony, K. (2015) Training therapists to work effectively online and offline within digital culture. *British Journal of Guidance and Counselling*, 43, 36–42.

Antony, M., Ledley, D. R. and Heimberg, R. G. (eds.) (2005) *Improving Outcomes and Preventing Relapse in Cognitive-Behavioral Therapy*. New York: Guilford Press.

Antze, P. (1976) The role of ideologies in peer

psychotherapy organizations. *Journal of Applied Behavioral Science*, 12, 323–346.

Aponte, H. J. and Kissil, K. (2014) 'If I can grapple with this I can truly be of use in the therapy room': using the therapist's own emotional struggles to facilitate effective therapy. *Journal of Marital and Family Therapy*, 40, 152–164.

Apostolidou, Z. (2016) Constructions of emotional impact, risk and meaning among practitioners working with asylum seekers and refugees. *Counselling and Psychotherapy Research*, 16, 277–287.

Appelbaum, A. (1973) Psychological mindedness: word, concept and essence. *International Journal of Psychoanalysis*, 54, 35–46.

Appignanesi, L. (2008) *Mad, Bad and Sad: A History of Women and the Mind Doctors from 1800*. London: Virago.

Appio, L., Chambers, D. A. and Mao, S. (2013) Listening to the voices of the poor and disrupting the silence about class issues in psychotherapy. *Journal of Clinical Psychology*, 69, 152–161.

Araya, R., Flynn, T., Rojas, G., Fritsch, R. and Simon, G. (2006) Cost-effectiveness of a primary care treatment programme for depression in low-income women in Santiago, Chile. *American Journal of Psychiatry*, 163, 1379–1387.

Argyle, M. and Kendon, A. (1967) The experimental analysis of social performance. In L. Berkowitz (ed.) *Advances in Experimental Social Psychology*, Vol. 3. New York: Academic Press.

Arkowitz, H., Miller, W. R. and Rollnick, S. (2015) *Motivational Interviewing in the Treatment of Psychological Problems*, 2nd edn. New York: Guilford Press.

Armstrong, J. (2010) How effective are minimally trained/experienced volunteer mental health counsellors? Evaluation of CORE outcome data. *Counselling and Psychotherapy Research*, 10, 22–31.

Armstrong, K. (2006) *The Great Transformation: The World in the Time of Buddha, Socrates, Confucius and Jeremiah*. New York: Atlantic Books.

Arnette, N. C., Mascaro, N., Santana, M. C., Davis, S. and Kaslow, N. J. (2007) Enhancing spiritual well-being among suicidal African American female survivors of intimate partner violence. *Journal of Clinical Psychology*, 63, 909–924.

Arthern, J. and Madill, A. (1999) How do transition objects work? The therapist's view. *British Journal of Medical Psychology*, 72, 1–21.

Arthern, J. and Madill, A. (2002) How do transitional objects work? The client's view. *Psychotherapy Research*, 12, 369–388.

Artman, L. K. and Daniels, J. A. (2010) Disability and psychotherapy practice: cultural competence and practical tips. *Professional Psychology: Research and Practice*, 41, 442–448.

Arulmani, G., Bakshi, A. J., Leong, F. T. L. and Watts, T. (eds.) (2014) *Handbook of Career Development: International Perspectives*. London: Springer.

Asen, E. and Scholz, M. (2010) *Multi-Family Therapy: Concepts and Techniques*. London: Routledge.

Aslan, L. (2016) A qualitative evaluation of the Phoenix Futures Recovery through Nature Program: a therapeutic intervention for substance misuse. *Journal of Groups in Addiction and Recovery*, 11, 93–108.

Assagioli, R. (1991) *Transpersonal Development: The Dimension Beyond Psychosynthesis*. London: HarperCollins.

Assagioli, R. (1993) *Psychosynthesis: The Definitive Guide to the Principles and Techniques of Psychosynthesis*. London: Thorsons.

Aten, J. D., McMinn, M. R. and Worthington, E. L., Jr. (eds.) (2011) *Spirituality Oriented Interventions for Counseling and Psychotherapy*. Washington, DC: American Psychological Association.

Athanasou, J. A. and van Esbroeck, R. (eds.) (2008) *International Handbook of Career Guidance*. London: Springer.

Atkinson, D. R. (1985) Research on cross-cultural counseling and psychotherapy: a review and update of reviews. In P. Pedersen (ed.) *Handbook of Cross-Cultural Counseling and Psychotherapy*. New York: Praeger.

Audet, C. and Paré, D. A. (eds.) (2018) *Social Justice and Counselling*. New York: Routledge.

Augusta-Scott, T. (2017) Preparing men to help the women they abused achieve just outcomes: a restorative approach. In T. Augusta-Scott, K. Scott and L. Tutty (eds.) *Innovations in Interventions to Address Intimate Partner Violence: Research and Practice*. New York: Routledge.

Austin, W., Rankel, M., Kagan, L., Bergum, V. and Lemermeyer, G. (2005) To stay or to go, to speak or to stay silent, to act or not to act: moral distress as experienced by psychologists. *Ethics and Behavior*, 15, 197–212.

Aveline, M. O. (1995) How I assess for focal therapy. In C. Mace (ed.) *The Art and Science of Assessment in Psychotherapy*. London: Routledge.

Axline, V. (1971) *Dibs: In Search of Self*. Harmondsworth: Penguin.

Ayllon, T. and Azrin, N. H. (1965) The measurement and reinforcement of behavior of psychotics. *Journal of the Experimental Analysis of Behavior*, 8, 357–383.

Ayllon, T. and Azrin, N. H. (1968) *The Token Economy*. New York: Appleton-Century-Crofts.

Ayonrinde, O. A., Obuaya, C. and Adegemi, S. O. (2015) Brain fog syndrome: a culture-bound syndrome that may be approaching extinction. *British Journal of Psychiatry Bulletin*, 39, 156–161.

Badenoch, B. (2011) *The Brain-Savvy Therapist's Workbook*. New York: Norton.

Bados, A., Balaguer, G. and Saldaña, C. (2007) The efficacy of cognitive-behavioral therapy and the problem of drop-out. *Journal of Clinical Psychology*, 63, 585–592.

Bager-Charleson, S., Dewaele, J.-M., Costa, B. and Kasap, Z. (2017) A multilingual outlook: can awareness-raising about multilingualism affect therapists' practice? A mixed-method evaluation. *Language and Psychoanalysis*, 6, 1–21.

Bakan, D. (1966) *The Duality of Human Existence: An Essay on Psychology and Religion*. Chicago, IL: Rand McNally.

Baker, C. A., Gaulke, K. and Smith, K. (2015) Counselor education cultural climate: underrepresented master's students' experiences. *Journal for Multicultural Education*, 9, 85–97.

Baker, D. and Fortune, S. (2008) Understanding self-harm and suicide websites: a qualitative interview study of young adult website users. *Crisis*, 29, 118–122.

Baker, F. A., Metcalf, O., Varker, T. and O'Donnell, M. (2017) A systematic review of the efficacy of creative arts therapies in the treatment of adults with PTSD. *Psychological Trauma*, 10, 643–651.

Baker, S. B., Daniels, T. G. and Greeley, A. T. (1990) Systematic training of graduate level counselors: narrative and meta-analytic reviews of three programs. *Counseling Psychologist*, 18, 355–421.

Bakewell, S. (2016) *At the Existentialist Café: Freedom, Being, and Apricot Cocktails with Jean-Paul Sartre, Simone de Beauvoir, Albert Camus, Martin Heidegger, Maurice Merleau-Ponty and Others*. New York: Other Press.

Bakhshani, N. M., Hosseinbore, N. and Kianpoor, M. (2013) Djinnati syndrome: symptoms and prevalence in rural population of Baluchistan (southeast of Iran). *Asian Journal of Psychiatry*, 6, 566–570.

Bakhtin, M. (1981) *The Dialogical Imagination: Four Essays* (M. Holquist, trans.). Austin, TX: University of Texas Press.

Baldwin, C. (1992) *One to One: Self-Understanding Through Journal Writing*. New York: Evans.

Ballinger, L. and Wright, J. (2007) 'Does class count?' Social class and counselling. *Counselling and Psychotherapy Research*, 7, 157–163.

Balmforth, J. (2006) Clients' experiences of how perceived differences in social class between a counsellor and client affect the therapeutic relationship. In G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds.) *Politicizing the Person-Centred Approach: An Agenda for Social Change*. Ross-on-Wye: PCCS Books.

Balmforth, J. (2009) 'The weight of class': clients' experiences of how perceived differences in social class between counsellor and client affect the therapeutic relationship. *British Journal of Guidance and Counselling*, 37, 375–386.

Balmforth, J. and Elliott, R. (2012) 'I never talked about, ever': a comprehensive process analysis of a significant client disclosure event in therapy. *Counselling and Psychotherapy Research*, 12, 2–12.

Bamelis, L. L., Evers, S. M., Spinhoven, P. and Arntz, A. (2014) Results of a multicenter randomized controlled trial of the clinical effectiveness of schema therapy for personality disorders. *American Journal of Psychiatry*, 171, 305–322.

Bamford, J. and Akhurst, J. (2014) 'She's not going to leave me' – counsellors' feelings on ending therapy with children. *British Journal of Guidance and Counselling*, 42, 459–471.

Bandura, A. (1971) Psychotherapy based upon modeling principles. In A. E. Bergin and S. L. Garfield (eds.) *Handbook of Psychotherapy and Behavior Change: An Empirical Analysis*. New York: Wiley.

Bandura, A. (1977) *Social Learning Theory*. Englewood Cliffs, NJ: Prentice Hall.

Bannister, D. and Fransella, F. (1985) *Inquiring Man*, 3rd edn. London: Routledge.

Barber, J. P., Liese, B. S. and Abrams, M. J. (2003) Development of the Cognitive Therapy Adherence and Competence Scale. *Psychotherapy Research*, 13, 205–218.

Barber, P. (2012) *Facilitating Change in Groups and Teams: A Gestalt Approach to Mindfulness*. Oxford: Libri Press.

Barker, C. and Pistrang, N. (2002) Psychotherapy and social support: integrating research on psychological helping. *Clinical Psychology Review*, 22, 363–381.

Barker, M. (2011) Existential sex therapy. *Sexual and Relationship Therapy*, 26, 33–47.

Barkham, M. (1992) Research on integrative and eclectic therapy. In W. Dryden (ed.) *Integrative and Eclectic Therapy: A Handbook*. Buckingham: Open University Press.

Barkham, M. (2014) Practice-based research networks: origins, overview, obstacles, and opportunities. *Counselling and Psychotherapy Research*, 14, 167–173.

Barkham, M., Connell, J., Stiles, W. B., Miles, J. N., Margison, F., Evans, C. et al. (2006) Dose–effect relations and responsive regulation of treatment duration: the good enough level. *Journal of Consulting and Clinical Psychology*, 74, 160–167.

Barkham, M., Guthrie, E., Hardy, G. E. and Margison, F. (2017) *Psychodynamic-Interpersonal Therapy: A Conversational Model*. London: Sage.

Barkham, M., Hardy, G. E. and Mellor-Clark, J. (eds.) (2010) *Developing and Delivering Practice-Based Evidence: A Guide for the Psychological Therapies*. Chichester: Wiley-Blackwell.

Barkham, M., Mellor-Clark, J. and Stiles, W. B. (2015) A CORE approach to progress monitoring and feedback: enhancing evidence and improving practice. *Psychotherapy*, 52, 402–411.

Barkham, M. and Shapiro, D. A. (1990) Brief psychotherapeutic

Baker, F. A., Metcalf, O., Varker, T. and O'Donnell, M. (2017) A systematic review of the efficacy of creative arts therapies in the treatment of adults with PTSD. *Psychological Trauma*, 10, 643–651.

Baker, S. B., Daniels, T. G. and Greeley, A. T. (1990) Systematic training of graduate level counselors: narrative and meta-analytic reviews of three programs. *Counseling Psychologist*, 18, 355–421.

Bakewell, S. (2016) *At the Existentialist Café: Freedom, Being, and Apricot Cocktails with Jean-Paul Sartre, Simone de Beauvoir, Albert Camus, Martin Heidegger, Maurice Merleau-Ponty and Others*. New York: Other Press.

Bakhshani, N. M., Hosseinbore, N. and Kianpoor, M. (2013) Djinnati syndrome: symptoms and prevalence in rural population of Baluchistan (southeast of Iran). *Asian Journal of Psychiatry*, 6, 566–570.

Bakhtin, M. (1981) *The Dialogical Imagination: Four Essays* (M. Holquist, trans.). Austin, TX: University of Texas Press.

Baldwin, C. (1992) *One to One: Self-Understanding Through Journal Writing*. New York: Evans.

Ballinger, L. and Wright, J. (2007) 'Does class count?' Social class and counselling. *Counselling and Psychotherapy Research*, 7, 157–163.

Balmforth, J. (2006) Clients' experiences of how perceived differences in social class between a counsellor and client affect the therapeutic relationship. In G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds.) *Politicizing the Person-Centred Approach: An Agenda for Social Change.* Ross-on-Wye: PCCS Books.

Balmforth, J. (2009) 'The weight of class': clients' experiences of how perceived differences in social class between counsellor and client affect the therapeutic relationship. *British Journal of Guidance and Counselling*, 37, 375–386.

Balmforth, J. and Elliott, R. (2012) 'I never talked about, ever': a comprehensive process analysis of a significant client disclosure event in therapy. *Counselling and Psychotherapy Research*, 12, 2–12.

Bamelis, L. L., Evers, S. M., Spinhoven, P. and Arntz, A. (2014) Results of a multicenter randomized controlled trial of the clinical effectiveness of schema therapy for personality disorders. *American Journal of Psychiatry*, 171, 305–322.

Bamford, J. and Akhurst, J. (2014) 'She's not going to leave me' – counsellors' feelings on ending therapy with children. *British Journal of Guidance and Counselling*, 42, 459–471.

Bandura, A. (1971) Psychotherapy based upon modeling principles. In A. E. Bergin and S. L. Garfield (eds.) *Handbook of Psychotherapy and Behavior Change: An Empirical Analysis*. New York: Wiley.

Bandura, A. (1977) *Social Learning Theory*. Englewood Cliffs, NJ: Prentice Hall.

Bannister, D. and Fransella, F. (1985) *Inquiring Man*, 3rd edn. London: Routledge.

Barber, J. P., Liese, B. S. and Abrams, M. J. (2003) Development of the Cognitive Therapy Adherence and Competence Scale. *Psychotherapy Research*, 13, 205–218.

Barber, P. (2012) *Facilitating Change in Groups and Teams: A Gestalt Approach to Mindfulness*. Oxford: Libri Press.

Barker, C. and Pistrang, N. (2002) Psychotherapy and social support: integrating research on psychological helping. *Clinical Psychology Review*, 22, 363–381.

Barker, M. (2011) Existential sex therapy. *Sexual and Relationship Therapy*, 26, 33–47.

Barkham, M. (1992) Research on integrative and eclectic therapy. In W. Dryden (ed.) *Integrative and Eclectic Therapy: A Handbook*. Buckingham: Open University Press.

Barkham, M. (2014) Practice-based research networks: origins, overview, obstacles, and opportunities. *Counselling and Psychotherapy Research*, 14, 167–173.

Barkham, M., Connell, J., Stiles, W. B., Miles, J. N., Margison, F., Evans, C. et al. (2006) Dose–effect relations and responsive regulation of treatment duration: the good enough level. *Journal of Consulting and Clinical Psychology*, 74, 160–167.

Barkham, M., Guthrie, E., Hardy, G. E. and Margison, F. (2017) *Psychodynamic-Interpersonal Therapy: A Conversational Model*. London: Sage.

Barkham, M., Hardy, G. E. and Mellor-Clark, J. (eds.) (2010) *Developing and Delivering Practice-Based Evidence: A Guide for the Psychological Therapies*. Chichester: Wiley-Blackwell.

Barkham, M., Mellor-Clark, J. and Stiles, W. B. (2015) A CORE approach to progress monitoring and feedback: enhancing evidence and improving practice. *Psychotherapy*, 52, 402–411.

Barkham, M. and Shapiro, D. A. (1990) Brief psychotherapeutic

interventions for job-related distress: a pilot study of prescriptive and exploratory therapy. *Counselling Psychology Quarterly*, 3, 133–147.

Barkham, M., Stiles, W. B., Hardy, G. E. and Field, S. F. (1996) The assimilation model: theory, research and practical guidelines. In W. Dryden (ed.) *Research in Counselling and Psychotherapy: Practical Applications*. London: Sage.

Barlow, D. H. (2010) Negative effects from psychological treatments: a perspective. *American Psychologist*, 65 (1), 13–20.

Barlow, D. H., Allen, L. B. and Choate, M. L. (2004) Toward a unified treatment for emotional disorders. *Behavior Therapy*, 35, 205–230.

Barlow, D. H., Hayes, S. C. and Nelson, R. O. (1984) *The Scientist Practitioner: Research and Accountability in Clinical and Educational Settings*. New York: Pergamon Press.

Barnett, J. E. and Johnson, W. B. (2011) Integrating spirituality and religion into psychotherapy: persistent dilemmas, ethical issues, and a proposed decision-making process. *Ethics and Behavior*, 21, 147–164.

Barnett, J. E. and Kolmes, K. (2016) The practice of tele-mental health: ethical, legal, and clinical issues for practitioners. *Practice Innovations*, 1, 53–66.

Barnett, J. E. and Molzon, C. H. (2014) Clinical supervision of psychotherapy: essential ethics issues for supervisors and supervisees. *Journal of Clinical Psychology*, 70, 1051–1061.

Barnett, J. E., Wise, E. H., Johnson-Greene, D. and Bucky, S. (2007) Informed consent: too much of a

good thing or not enough? *Professional Psychology: Research and Practice*, 38, 179–186.

Barnett, M. (2007) What brings you here? An exploration of the unconscious motivations of those who choose to train and work as psychotherapists and counselors. *Psychodynamic Practice*, 13, 257–274.

Barnicot, K., Couldrey, L., Sandhu, S. and Priebe, S. (2015) Overcoming barriers to skills training in borderline personality disorder: a qualitative interview study. *PloS One*, 10 (10), e0140635 [https://doi.org/10.1371/journal.pone.0140635].

Barrera, T. L., Zeno, D., Bush, A. L., Barber, C. R. and Stanley, M. A. (2012) Integrating religion and spirituality into treatment for late-life anxiety: three case studies. *Cognitive and Behavioral Practice*, 19, 346–358.

Barreto, Y. K. (2013) The experience of becoming a therapist in a foreign culture. *Journal of Humanistic Psychology*, 53, 336–361.

Barrett, J. G. and Olle, C. D. (2016) Social justice training in action: a counseling psychologist's role in a police–mental health collaborative serving disadvantaged youth. *Journal for Social Action in Counseling and Psychology*, 8 (2), 13–31.

Barrett-Lennard, G. (1979) The client-centered system unfolding. In F. J. Turner (ed.) *Social Work Treatment: Interlocking Theoretical Approaches*, 2nd edn. New York: Free Press.

Barrett-Lennard, G. (1981) The empathy cycle – refinement of a nuclear concept. *Journal of Counseling Psychology*, 28, 91–100.

Barrett-Lennard, G. (1998) *Carl Rogers' Helping System: Journey and Substance*. London: Sage.

Barrett-Lennard, G. T. (2014) *The Relationship Inventory: A Complete Resource and Guide*. Chichester: Wiley-Blackwell.

Bartlett, A., King, M. and Phillips, P. (2001) Straight talking: an investigation of the attitudes and practice of psychoanalysis and psychotherapists in relation to gays and lesbians. *British Journal of Psychiatry*, 179, 545–549.

Barton, J. and Pretty, J. (2010) What is the best dose of nature and green exercise for improving mental health? A multi-study analysis. *Environmental Science and Technology*, 44, 3947–3955.

Bashe, A., Anderson, S. K., Handelsman, M. M. and Klevansky, R. (2007) An acculturation model for ethics training: the ethics autobiography and beyond. *Professional Psychology: Science and Practice*, 38, 60–67.

Bates, C. M. and Brodsky, A. M. (1989) *Sex in the Therapy Hour: A Case of Professional Incest*. New York: Guilford Press.

Bates, Y. (ed.) (2006) *Shouldn't I Be Feeling Better by Now? Client Views of Therapy*. London: Palgrave.

Batten, S. V. (2011) *Essentials of Acceptance and Commitment Therapy*. London: Sage.

Batten, S. V., Follette, V. M., Rasmussen Hall, M. L. and Palm, K. M. (2002) Physical and psychological effects of written disclosure among sexual abuse survivors. *Behavior Therapy*, 33, 107–122.

Bauman, Z. (2004) *Wasted Lives: Modernity and its Outcasts*. Cambridge: Polity Press.

Baumeister, R. F. (1987) How the self became a problem: a psychological review of historical research. *Journal of Personality and Social Psychology*, 52, 163–176.

Bayer, R. (1987) *Homosexuality and American Psychiatry: The Politics of Diagnosis*, 2nd edn. Princeton, NJ: Princeton University Press.

Bayley, J. (2001) *Elegy for Iris*. New York: Picador.

Bayne, H. B. and Branco, S. F. (2018) A phenomenological inquiry into counselor of color broaching experiences. *Journal of Counseling and Development*, 96, 75–85.

Bazzano, M. (2014) Togetherness: intersubjectivity revisited. *Person-Centered and Experiential Psychotherapies*, 13, 203–216.

Beahrs, J. O. and Gutheil, T. G. (2001) Informed consent in psychotherapy. *American Journal of Psychiatry*, 158, 4–10.

Beail, N., Warden, S., Morsley, K. and Newman, D. (2005) Naturalistic evaluation of the effectiveness of psychodynamic psychotherapy with adults with intellectual disabilities. *Journal of Applied Research in Intellectual Disabilities*, 18, 245–251.

Bean, H., Softas-Nall, S. and Mahoney, M. (2011) Reflections on mandated reporting and challenges in the therapeutic relationship: a case study with systemic implications. *The Family Journal: Counseling and Therapy for Couples and Families*, 19, 286–290.

Bebbington, P., Hurry, J. and Tennant, C. (1991) The Camberwell Community Survey: a summary of results. *Social Psychiatry and Psychiatric Epidemiology*, 26, 195–201.

Bechdel, A. (2012) *Are You My Mother? A Comic Drama*. New York: Jonathan Cape.

Beck, A. T. (1976) *Cognitive Therapy and the Emotional Disorders*. Harmondsworth: Penguin.

Beck, A. T. and Emery, O. (1985) *Anxiety Disorders and Phobias: A Cognitive Perspective*. New York: Basic Books.

Beck, A. T. and Freeman, A. F. (1990) *Cognitive Therapy of Personality Disorders*. New York: Guilford Press.

Beck, A. T., Rush, A. G., Shaw, B. F. and Emery, G. (1979) *Cognitive Therapy of Depression*. New York: Guilford Press.

Beck, A. T. and Weishaar, M. (1989) Cognitive therapy. In A. Freeman, K. M. Simon, L. E. Beutler and H. Arkowitz (eds.) *Comprehensive Handbook of Cognitive Therapy*. New York: Plenum Press.

Beck, A. T., Wright, F. D., Newman, C. F. and Liese, B. S. (1993) *Cognitive Therapy of Substance Abuse*. New York: Guilford Press.

Beck, B., Halling, S., McNabb, M., Miller, D., Rowe, J. O. and Schulz, J. (2005) On navigating despair: stories from psychotherapists. *Journal of Religion and Health*, 44, 187–205.

Becker-Haimes, E. M., Franklin, M., Bodie, J. and Beidas, R. S. (2017) Feasibility and acceptability of a toolkit to facilitate clinician use of exposure therapy for youth. *Evidence-Based Practice in Child and Adolescent Mental Health*, 2, 165–178.

Beckham, E. E. (1992) Predicting patient dropout in psychotherapy. *Psychotherapy: Theory, Research, Practice, Training*, 29, 177–185.

Beckstead, A. L. and Morrow, S. L. (2004) Mormon clients' experiences of conversion therapy: the need for a new treatment approach. *The Counseling Psychologist*, 32, 651–690.

Bedi, R. P., Davis, M. D. and Williams, M. (2005) Critical incidents in the formation of the therapeutic alliance from the client's perspective. *Psychotherapy: Theory, Research, Practice, Training*, 42, 311–323.

Bedi, R. P. and Duff, C. T. (2014) Client as expert: a Delphi poll of clients' subjective experience of therapeutic alliance formation variables. *Counselling Psychology Quarterly*, 27, 1–18.

Bee, P. E., Lovell, K., Lidbetter, N., Easton, K. and Gask, L. (2010) 'You can't get anything perfect': user perspectives on the delivery of cognitive behavioural therapy by telephone. *Social Science and Medicine*, 71, 1308–1315.

Beels, C. C. (2007) Psychotherapy as a rite of passage. *Family Process*, 46, 421–436.

Beer, J. (2015) Testimony on sexual orientation change efforts. *Journal of Gay and Lesbian Mental Health*, 19 (1), 94–95.

Behr, H. and Hearst, L. (2005) *Group-Analytic Psychotherapy: A Meeting of Minds*. New York: Wiley.

Beidel, D. C., Alfano, C. A., Kofler, M. J., Rao, P. A., Scharfstein, L. and Sarver, N. W. (2014) The impact of social skills training for social anxiety disorder: a randomized controlled trial. *Journal of Anxiety Disorders*, 28, 908–918.

Beitel, M., Myhra, L. L., Gone, J. P., Barber, J. P., Miller, A., Rasband, A. et al. (2018) Psychotherapy with American

Indians: an exploration of therapist-rated techniques in three urban clinics. *Psychotherapy*, 55, 45–56.

Beitman, B. D. and Soth, A. M. (2006) Activation of self-observation: a core process among the psychotherapies. *Journal of Psychotherapy Integration*, 16, 383–397.

Békés, V., Beaulieu-Prévost, D., Guay, S., Belleville, G. and Marchand, A. (2016) Women with PTSD benefit more from psychotherapy than men. *Psychological Trauma: Theory, Research, Practice, and Policy*, 8, 720–727.

Benecke, C., Peham, D. and Bänninger-Huber, E. (2005) Nonverbal relationship regulation in psychotherapy. *Psychotherapy Research*, 15, 81–90.

Benelli, E., Bergamaschi, M., Capoferri, C., Morena, S., Calvo, V., Mannarini, S. et al. (2017a) TA treatment of depression: a hermeneutic single-case efficacy design study – 'Deborah'. *International Journal of Transactional Analysis Research and Practice*, 8 (1), 39–58.

Benelli, E., Moretti, E., Cavallero, G. C., Greco, G., Calvo, V., Mannarini, S. et al. (2017b) TA treatment of depression: a hermeneutic single-case efficacy design study – 'Anna'. *International Journal of Transactional Analysis Research and Practice*, 8 (1), 3–22.

Benish, S. G., Quintana, S. and Wampold, B. E. (2011) Culturally adapted psychotherapy and the legitimacy of myth: a direct-comparison meta-analysis. *Journal of Counseling Psychology*, 58, 279–289.

Benítez-Ortega, J. L. and Garrido-Fernández, M. (2016) Review of task analysis

research of significant events in psychotherapy. *Revista de Psicoterapia*, 27, 99–122.

Benjamin, J. (2004) Beyond doer and done to: an intersubjective view of thirdness. *Psychoanalytic Quarterly*, 73, 5–46.

Benjamin, L. S. (1987) The use of Structural Analysis of Social Behavior (SASB) to guide intervention in psychotherapy. In J. C. Anchin and D. J. Kiesler (eds.) *Handbook of Interpersonal Psychotherapy*. New York: Pergamon Press.

Bennett-Levy, J., Butler, M., Fennell, M., Hackmann, A., Mueller, M. and Westbrook, D. (eds.) (2004) *Oxford Guide to Behavioural Experiments in Cognitive Therapy*. Oxford: Oxford University Press.

Bennett-Levy, J. and Finlay-Jones, A. (2018) The role of personal practice in therapist skill development: a model to guide therapists, educators, supervisors and researchers. *Cognitive Behaviour Therapy*, 47, 185–205.

Bennett-Levy, J., Thwaites, R., Haarhoff, B. and Perry, H. (2015) *Experiencing CBT from the Inside Out: A Self-Practice/Self-Reflection Workbook for Therapists*. New York: Guilford Press.

Bennett-Levy, J., Turner, F., Beaty, T., Smith, M., Paterson, B. and Farmer, S. (2001) The value of self-practice of cognitive therapy techniques and self-reflection in the training of cognitive therapists. *Behavioural and Cognitive Psychotherapy*, 29, 203–220.

Bennis, W. and Shepard, H. (1956) A theory of group development. *Human Relations*, 9, 415–457.

Beradt, C. (1968) *The Third Reich of Dreams*. Chicago, IL: University of Chicago Press.

Berg, A. L., Sandahl, C. and Clinton, D. (2008) The relationship of treatment preferences and experiences to outcome in generalized anxiety disorder (GAD). *Psychology and Psychotherapy: Theory, Research and Practice*, 81, 247–259.

Berg, I. K. and Kelly, S. (2000) *Building Solutions in Child Protective Services*. New York: Norton.

Berger, P. L. (1967) *Sacred Canopy: Elements of a Sociological Theory of Religion*. New York: Random House.

Berger, R. (2004) Therapeutic aspects of nature therapy. *Therapy through the Arts – The Journal of the Israeli Association of Creative and Expressive Therapies*, 3, 60–69.

Berger, R. (2005) Using contact with nature, creativity and rituals as a therapeutic medium with children with learning difficulties. *Emotional and Behavioural Difficulties*, 11, 135–146.

Berger, R. (2016) Renewed by nature: Nature Therapy as a framework to help people deal with crises, trauma and loss. In M. Jordan and J. Hinds (eds.) *Ecotherapy: Theory, Research and Practice*. London: Palgrave Macmillan.

Berger, R. and Lahad, M. (2013) *The Healing Forest in Post-Crisis Work with Children: A Nature Therapy and Expressive Arts Program for Groups*. London: Jessica Kingsley.

Berger, R. and McLeod, J. (2006) Incorporating nature into therapy: a framework for practice. *Journal of Systemic Therapies*, 25, 80–94.

Bergin, A. E. (1980) Psychotherapy and religious values. *Journal of Consulting*

and Clinical Psychology, 48, 95–105.

Bergner, R. (1987) Undoing degradation. *Psychotherapy: Theory, Research, Practice,* 24, 25–39.

Bergner, R. (1993) Victims into perpetrators. *Psychotherapy: Theory, Research, Practice, Training,* 30, 452–462.

Bergner, R. (1999) Status enhancement: a further path to therapeutic change. *American Journal of Psychotherapy,* 53, 201–214.

Bergner, R. (2007) *Status Dynamics: Creating New Paths to Therapeutic Change.* Ann Arbor, MI: Burns-Park.

Bergner, R. (2015) Status dynamic therapy. In E. S. Neukrug (ed.) *SAGE Encyclopedia of Theory in Counseling and Psychotherapy.* Thousand Oaks, CA: Sage.

Bergner, R. and Holmes, J. (2000) Self-concepts and self-concept change: a status dynamic formulation. *Psychotherapy: Theory, Research, Practice, Training,* 37, 36–44.

Bergner, R. and Staggs, J. (1987) The positive therapeutic relationship as accreditation. *Psychotherapy: Theory, Research, Practice,* 24, 315–320.

Berman, E. (2006) Israeli psychotherapists and the Israeli–Arab conflict. In N. Totton (ed.) *The Politics of Psychotherapy: New Perspectives.* Maidenhead: Open University Press.

Berman, G., Jonides, J. and Kaplan, S. (2008) The cognitive benefits of interacting with nature. *Psychological Science,* 19, 1207–1212.

Berman, J. S. and Norton, N. C. (1985) Does professional training make a therapist

more effective? *Psychological Bulletin,* 98, 401–407.

Berman, L. (1993) *Beyond the Smile: The Therapeutic Use of the Photograph.* London: Routledge.

Berne, E. (1961/2001) *Transactional Analysis in Psychotherapy.* London: Souvenir Press.

Berne, E. (1964) *Games People Play.* London: Penguin.

Berne, E. (1975) *What Do You Say After You Say Hello? The Psychology of Human Destiny.* London: Corgi.

Bernhardt, I. S., Nissen-Lie, H., Moltu, C., McLeod, J. and Rābu, M. (2018) 'It's both a strength and a drawback.' How therapists' personal qualities are experienced in their professional work. *Psychotherapy Research* [https://doi.org/10.1080/10503307.2018.1490972].

Bernstein, B. (1972) Social class, language and socialization. In P. P. Giglioli (ed.) *Language and Social Context.* Harmondsworth: Penguin.

Berry, K. and Danquah, A. (2016) Attachment-informed therapy for adults: towards a unifying perspective on practice. *Psychology and Psychotherapy: Theory, Research and Practice,* 89 (1), 15–32.

Berry, M. D. and Lezos, A. N. (2017) Inclusive sex therapy practices: a qualitative study of the techniques sex therapists use when working with diverse sexual populations. *Sexual and Relationship Therapy,* 32, 2–21.

Bersoff, D. N. (2014) Protecting victims of violent patients while protecting confidentiality. *American Psychologist,* 69, 461–467.

Betan, E. J. and Binder, J. L. (2010) Clinical expertise in psychotherapy: how

expert therapists use theory in generating case conceptualizations and interventions. *Journal of Contemporary Psychotherapy,* 40, 111–152.

Bettelheim, B. (1983) *Freud and Man's Soul.* London: Chatto & Windus.

Beutler, L. E. (1983) *Eclectic Psychotherapy: A Systematic Approach.* New York: Pergamon Press.

Beutler, L. E. (2001) From experiential to eclectic psychotherapist. In M. R. Goldfried (ed.) *How Therapists Change: Personal and Professional Reflections.* Washington, DC: American Psychological Association.

Beutler, L. E. and Clarkin, J. F. (1990) *Systematic Treatment Selection: Toward Targeted Therapeutic Interventions.* New York: Brunner/Mazel.

Beutler, L. E., Consoli, A. J. and Lane, G. (2005) Systematic treatment selection and prescriptive psychotherapy. In J. C. Norcross and M. R. Goldfried (eds.) *Handbook of Psychotherapy Integration.* New York: Oxford University Press.

Beutler, L. E., Crago, M. and Arizmendi, T. G. (1986) Therapist variables in psychotherapy process and outcome. In S. L. Garfield and A. E. Bergin (eds.) *Handbook of Psychotherapy and Behavior Change,* 3rd edn. New York: Wiley.

Beutler, L. E., Engle, D., Daldrup, D., Bergan, R., Meredith, J. and Merry, K. (1991) Predictors of differential response to cognitive, experiential, and self-directed psychotherapeutic procedures. *Journal of Consulting and Clinical Psychology,* 59, 333–340.

Beutler, L. E., Malik, M., Alimohamed, A. and Harwood, T. M. (2004) Therapist variables. In M. J. Lambert (ed.) *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 5th edn. New York: Wiley.

Bevan, A., Oldfield, V. B. and Salkovskis, P. M. (2010) A qualitative study of the acceptability of an intensive format for the delivery of cognitive–behavioural therapy for obsessive-compulsive disorder. *British Journal of Clinical Psychology*, 49, 173–191.

Bhola, P. and Chaturvedi, S. K. (2017) Through a glass, darkly: ethics of mental health practitioner–patient relationships in traditional societies. *International Journal of Culture and Mental Health*, 10, 285–297.

Bhola, P. and Raguram, A. (eds.) (2016) *Ethical Issues in Counselling and Psychotherapy Practice: Walking the Line*. New York: Springer.

Bidell, M. P. (2016) Mind our professional gaps: competent lesbian, gay, bisexual, and transgender mental health services. *Counselling Psychology Review*, 31, 67–76.

Bieling, P. J. and Kuyken, W. (2003) Is cognitive case formulation science or science fiction? *Clinical Psychology: Science and Practice*, 10, 52–69.

Bieling, P. J., McCabe, R. E. and Antony, M. M. (2006) *Cognitive–Behavioural Therapy in Groups*. New York: Guilford Press.

Bierski, K. (2016) Recovering mental health across outdoor places in Richmond, London: tuning, skill and narrative. *Health and Place*, 40, 137–144.

Bike, D. H., Norcross, J. C. and Schatz, D. M. (2009) Processes and outcomes of psychotherapists' personal therapy: replication and extension 20 years later. *Psychotherapy: Theory, Research, Practice, Training*, 46, 19–31.

Bimont, D. and Werbart, A. (2017) 'I've got you under my skin': relational therapists' experiences of patients who occupy their inner world. *Counselling Psychology Quarterly*, 31, 243–268.

Binder, J. L. and Henry, W. P. (2010) Developing skills in managing negative process. In J. C. Muran and J. P. Barber (eds.) *The Therapeutic Alliance: An Evidence-Based Approach to Practice*. New York: Guilford Press.

Binder, J. L. and Betan, E. J. (2013) *Core Competencies in Brief Dynamic Psychotherapy: Becoming a Highly Effective and Competent Brief Dynamic Psychotherapist*. New York: Routledge.

Binder, J. L. and Strupp, H. H. (1997) 'Negative process': a recurrently discovered and underestimated facet of therapeutic process and outcome in the individual psychotherapy of adults. *Clinical Psychology: Science and Practice*, 4, 121–139.

Binder, P. E., Moltu, C., Hummelsund, D., Sagen, S. H. and Holgersen, H. (2011) Meeting an adult ally on the way out into the world: adolescent patients' experiences of useful psychotherapeutic ways of working at an age when independence really matters. *Psychotherapy Research*, 21, 554–566.

Binder, P. E., Moltu, C., Sagen, S., Hummelsund, D. and Holgersen, H. (2013) Unique

beings undergoing standard evaluations: a qualitative study of adolescents' experiences of the assessment processes in psychotherapy. *Journal of Psychotherapy Integration*, 23, 107–121.

Binswanger, L. (1963) *Being-in-the-World*. New York: Basic Books.

Bion, W. (1961) *Experiences in Groups*. London: Tavistock.

Bird, K. (2015) Research evaluation of an Australian peer outdoor support therapy program for contemporary veterans' wellbeing. *International Journal of Mental Health*, 44, 46–79.

Birtchnell, J. (1999) *Relating in Psychotherapy: The Application of a New Theory*. London: Brunner-Routledge.

Bisson Desrochers, A., Beaulieu-Prévost, D., Desautels, J., Békés, V., Belleville, G., Guay, S. et al. (2016) Gender and changes in trauma narrative following CBT for PTSD. *Journal of Aggression, Maltreatment and Trauma*, 25, 974–990.

Blakemore, T., Herbert, J. L., Arney, F. and Parkinson, S. (2017) The impacts of institutional child sexual abuse: a rapid review of the evidence. *Child Abuse and Neglect*, 74, 35–48.

Blanchard, M. and Farber, B. A. (2016) Lying in psychotherapy: why and what clients don't tell their therapist about therapy and their relationship. *Counselling Psychology Quarterly*, 29, 90–112.

Blatt, S. J., Sanislow, C. A., Zuroff, D. C. and Pilkonis, P. A. (1996) Characteristics of effective therapists: further analysis of data from the National Institute of Mental Health Treatment of Depression Collaborative Research Program. *Journal*

of Consulting and Clinical Psychology, 64, 1276–1284.

Blay, S. L., Fillenbaum, G. G. and Peluso, E. T. (2015) Differential characteristics of young and midlife adult users of psychotherapy, psychotropic medications, or both: information from a population representative sample in São Paulo, Brazil. BMC Psychiatry, 15, 268 [https://doi.org/10.1186/s12888-015-0651-2].

Blenkiron, P. (2005) Stories and analogies in cognitive behaviour therapy: a clinical review. Behavioural and Cognitive Psychotherapy, 33, 45–59.

Bloch, S., Crouch, E. and Reibstein, J. (1981) Therapeutic factors in group psychotherapy. Archives of General Psychiatry, 38, 519–526.

Bloor, M., McKeganey, N. and Fonkert, D. (1988) One Foot in Eden: A Sociological Study of the Range of Therapeutic Community Practice. London: Routledge.

Blount, C., Evans, C., Birch, S., Warren, F. and Norton, K. (2002) The properties of self-report research measures: beyond psychometrics. Psychology and Psychotherapy: Theory, Research and Practice, 75, 151–164.

Blume-Marcovici, A. C., Stolberg, R. A. and Khademi, M. (2015) Examining our tears: therapists' accounts of crying in therapy. American Journal of Psychotherapy, 69, 399–421.

Blumer, M. L. C., Hertlein, K. M. and Fife, S. T. (2012) It's not easy becoming green: student–therapist perceptions of family therapy in an eco-sustainable age. Contemporary Family Therapy, 34, 72–88.

Boal, A. (1979) Theatre of the Oppressed. London: Pluto Press.

Boal, A. (1995) The Rainbow of Desire. London: Routledge.

Bobes, T. and Rothman, B. (2002) Doing Couple Therapy: Integrating Theory with Practice. New York: Norton.

Bohart, A. C. (1995) The person-centred psychotherapies. In A. Gurman and S. Messer (eds.) Essential Psychotherapies: Theory and Practice. New York: Guilford Press.

Bohart, A. C. (1999) Intuition and creativity in psychotherapy. Journal of Constructivist Psychology, 12, 287–311.

Bohart, A. C. (2000) The client is the most important common factor: clients' self-healing capacities and psychotherapy. Journal of Psychotherapy Integration, 10, 127–148.

Bohart, A. C. (2004) How do clients make empathy work? Person-Centered and Experiential Psychotherapies, 3, 102–116.

Bohart, A. C. (2015) From there to back again. Journal of Clinical Psychology, 71, 1060–1069.

Bohart, A. C. (2017) A client-centered perspective on 'psychopathology'. Person-Centered and Experiential Psychotherapies, 16, 14–26.

Bohart, A. C., Humphrey, A., Magallanes, M., Guxman, R., Smiljanich, K. and Aguallo, S. (1993) Emphasizing the future in empathy responses. Journal of Humanistic Psychology, 33, 12–29.

Bohart, A. C. and Tallman, K. (1996) The active client: therapy as self-help. Journal of Humanistic Psychology, 36 (3), 7–30.

Bohart, A. C. and Tallman, K. (1999) How Clients Make Therapy Work: The Process of Active Self-Healing.

Washington, DC: American Psychological Association.

Bohart, A. C. and Tallman, K. (2010) Clients: the neglected common factor in psychotherapy. In B. L. Duncan, S. D. Miller, B. E. Wampold and M. A. Hubble (eds.) The Heart and Soul of Change: Delivering What Works in Therapy, 2nd edn. Washington, DC: American Psychological Association.

Bohart, A. C. and Wade, A. (2013) The client in psychotherapy. In M. Lambert (ed.) Bergin and Garfield's Handbook of Psychotherapy and Behavior Change, 6th edn. New York: Wiley.

Boker, J. R., Shapiro, J. and Morrison, E. H. (2004) Teaching empathy to first year medical students: evaluation of an elective literature and medicine course. Education for Health, 17, 73–84.

Bolton, G. (2008) 'Writing is a way of saying things I can't say' – therapeutic creative writing: a qualitative study of its value to people with cancer cared for in cancer and palliative healthcare. Medical Humanities, 3, 40–46.

Bolton, G., Howlett, S., Lago, C. and Wright, J. K. (eds.) (2004) Writing Cures: An Introductory Handbook of Writing in Counselling and Psychotherapy. London: Brunner-Routledge.

Bond, K. S., Jorm, A. F., Kelly, C. M., Kitchener, B. A., Morris, S. L. and Mason, R. J. (2017) Considerations when providing mental health first aid to an LGBTIQ person: a Delphi study. Advances in Mental Health, 15, 183–197.

Bond, T. (2008) The Elephant at Gitmo. Counterpunch, 12 February.

Bond, T. (2015) *Standards and Ethics for Counselling in Action*, 5th edn. London: Sage.

Bonde, L. O. and Trondalen, G. (2012) Music therapy: models and interventions. In R. A. R. MacDonald, G. Kreutz and L. A. Mitchell (eds.) *Music, Health and Wellbeing*. Oxford: Oxford University Press.

Bondi, L., Fewell, J. and Kirkwood, C. (2003) Working for free: a fundamental value of counselling. *Counselling and Psychotherapy Research*, 3, 291–299.

Boorstein, S. (ed.) (1996) *Transpersonal Psychotherapy*, 2nd edn. Albany, NY: State University of New York.

Boorstein, S. (2000) Transpersonal psychotherapy. *American Journal of Psychotherapy*, 54, 408–423.

Borca, M. and Rober, P. (2016) *Research Perspectives in Couple Therapy: Discursive Qualitative Methods*. New York: Springer.

Bordin, E. S. (1979) The generalizability of the psychoanalytic concept of working alliance. *Psychotherapy: Theory, Research and Practice*, 16, 252–260.

Borkosky, B. and Smith, D. M. (2015) The risks and benefits of disclosing psychotherapy records to the legal system: what psychologists and patients need to know for informed consent. *International Journal of Law and Psychiatry*, 42, 19–30.

Borrill, J. and Foreman, E. I. (1996) Understanding cognitive change: a qualitative study of the impact of cognitive–behavioural therapy on fear of flying. *Clinical Psychology and Psychotherapy*, 3, 62–74.

Borthwick, A., Holman, C., Kennard, D., McFetridge, M., Messruther, K. and

Wilkes, J. (2001) The relevance of moral treatment to contemporary health care. *Journal of Mental Health*, 10, 427–439.

Boss, M. (1957) *Psychoanalysis and Daseinanalysis*. New York: Basic Books.

Boswell, J. F., Castonguay, L. G. and Pincus, A. L. (2009) Trainee theoretical orientation: profiles and potential predictors. *Journal of Psychotherapy Integration*, 19, 291–312.

Bott, D. (1994) A family systems framework for intervention with individuals. *Counselling Psychology Quarterly*, 7 (2), 105–115.

Bott, N. T., Radke, A. E. and Kiely, T. (2016) Ethical issues surrounding psychologists' use of neuroscience in the promotion and practice of psychotherapy. *Professional Psychology: Research and Practice*, 47, 321–329.

Boulton, M. J. (2014) High school pupils' understanding of peer counselling and willingness to use it for different types of bullying. *Pastoral Care in Education*, 32, 95–103.

Bourguignon, E. (1979) *Psychological Anthropology: An Introduction to Human Nature and Cultural Differences*. New York: Holt, Rinehart & Winston.

Bovopoulos, N., Jorm, A. F., Bond, K. S., LaMontagne, A. D., Reavley, N. J., Kelly, C. M. et al. (2016) Providing mental health first aid in the workplace: a Delphi consensus study. *BMC Psychology*, 4 (1), 41 [https://doi.org/10.1186/s40359-016-0148-x].

Bowen, D. J., Neill, J. T. and Crisp, S. J. (2016) Wilderness adventure therapy effects on the mental health of youth participants. *Evaluation and Program Planning*, 58, 49–59.

Bowen, M. (1978) *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Bowens, M. and Cooper, M. (2012) Development of a client feedback tool: a qualitative study of therapists' experiences of using the Therapy Personalisation Forms. *European Journal of Psychotherapy and Counselling*, 14 (1), 47–62.

Bower, P. and Gilbody, S. (2005) Stepped care in psychological therapies: access, effectiveness and efficiency. Narrative literature review. *British Journal of Psychiatry*, 186, 11–17.

Bowie, C., McLeod, J. and McLeod, J. (2016) 'It was almost like the opposite of what I needed': a qualitative exploration of client experiences of unhelpful therapy. *Counselling and Psychotherapy Research*, 16, 79–87.

Bowker, P. and Richards, B. (2004) Speaking the same language? A qualitative study of therapists' experiences of working in English with proficient bilingual clients. *Psychodynamic Practice*, 10, 459–478.

Bowlby, J. (1969) *Attachment*. London: Hogarth Press.

Bowlby, J. (1973) *Separation, Anxiety and Anger*. London: Hogarth Press.

Bowlby, J. (1980) *Loss, Sadness and Depression*. London: Hogarth Press.

Bowlby, J. (1988) *A Secure Base: Clinical Applications of Attachment Theory*. London: Routledge.

Bowlby, J., Robertson, J. and Rosenbluth, D. (1952) A two year old goes to hospital. *Psychoanalytic Studies of the Child*, 7, 82–94.

Boyle, M. (2002) *Schizophrenia: A Scientific Delusion?*, 2nd edn. London: Routledge.

Bozarth, J. (2002) Nondirectivity in the person-centered approach: critique of Kahn's critique. *Journal of Humanistic Psychology*, 42, 78–83.

Braaten, E. B., Otto, S. and Handelsman, M. M. (1993) What do people want to know about psychotherapy? *Psychotherapy*, 30, 565–570.

Brabender, V., Smolar, A. and Fallon, A. (2004) *Essentials in Group Therapy*. New York: Wiley.

Bradshaw, T. and Haddock, G. (1998) Is befriending by trained volunteers of value to people suffering from long-term mental illness? *Journal of Advanced Nursing*, 27, 713–720.

Bragesjo, M., Clinton, D. and Sandell, R. (2004) The credibility of psychodynamic, cognitive, and cognitive–behavioural psychotherapy in a randomly selected sample of the general public. *Psychology and Psychotherapy: Theory, Research and Practice*, 77, 297–307.

Branson, A., Shafran, R. and Myles, P. (2015) Investigating the relationship between competence and patient outcome with CBT. *Behaviour Research and Therapy*, 68, 19–26.

Bratter, T. E. (2011) Compassionate confrontation psychotherapy: an effective and humanistic alternative to biological psychiatry for adolescents in crisis. *Ethical Human Psychology and Psychiatry*, 13, 115–131.

Braun, V. and Wilkinson, S. (2001) Socio-cultural representations of the vagina. *Journal of Reproductive and Infant Psychology*, 19, 17–32.

Brenes, G. A., Ingram, C. W. and Danhauer, S. C. (2011) Benefits and challenges of conducting psychotherapy by telephone. *Professional Psychology: Research and Practice*, 42, 543–555.

Brennan, M. A., Emmerling, M. E. and Whelton, W. J. (2014) Emotion-focused group therapy: addressing self-criticism in the treatment of eating disorders. *Counselling and Psychotherapy Research*, 14, 215–223.

Bretherton, I. and Waters, E. (eds.) (1985) *Growing Points of Attachment Theory and Research*. Chicago, IL: Chicago University Press.

Breuninger, M., Dolan, S. L., Padilla, J. I. and Stanford, M. S. (2014) Psychologists and clergy working together: a collaborative treatment approach for religious clients. *Journal of Spirituality in Mental Health*, 16, 149–170.

Bright, J. I., Baker, K. D. and Neimeyer, R. A. (1999) Professional and paraprofessional group treatments for depression: a comparison of cognitive–behavioral and mutual support interventions. *Journal of Consulting and Clinical Psychology*, 67, 491–501.

Brightman, B. K. (1984) Narcissistic issues in the training experience of the psychotherapist. *International Journal of Psychoanalytic Psychotherapy*, 10, 293–371.

Brinegar, M. G., Salvi, L. M., Stiles, W. B. and Greenberg, L. S. (2008) The case of Lisa and the assimilation model: The interrelatedness of problematic voices. *Psychotherapy Research*, 18, 657–666.

Brink, D. C. and Farber, B. A. (1996) Analysis of Carl Rogers' therapeutic interventions. In B. A. Farber, D. C. Brink and P. M. Raskin (eds.) *The Psychotherapy of Carl Rogers: Cases and Commentary*. New York: Guilford Press.

British Association for Counselling and Psychotherapy (1977) *Counselling News*, No. 16. Rugby: BAC.

British Association for Counselling and Psychotherapy (1992) *Sixteenth Annual Report 1991/92*. Rugby: BAC.

British Association for Counselling and Psychotherapy (2001a) *Membership Survey*. Rugby: BACP.

British Association for Counselling and Psychotherapy (2001b) *Ethical Framework for Good Practice in Counselling and Psychotherapy*. Rugby: BACP.

British Association for Counselling and Psychotherapy (2018) *Ethical Framework for the Counselling Professions*. Rugby: BACP.

Britton, R. (1989) The missing link: parental sexuality in the Oedipus complex. In J. Steiner (ed.) *The Oedipus Complex Today*. London: Karnac.

Bromley, E. (1983) Social class issues in psychotherapy. In D. Pilgrim (ed.) *Psychology and Psychotherapy: Current Issues and Trends*. London: Routledge.

Brooks, C. F. (2011) Social performance and secret ritual: battling against obsessive-compulsive disorder. *Qualitative Health Research*, 21, 249–261.

Brooks, G. R. (2010) *Beyond the Crisis of Masculinity: A Transtheoretical Model for Male-Friendly Therapy*. Washington, DC: American Psychological Association.

Broverman, I. K., Broverman, D., Clarkson, F. E., Rosencrantz, P. S. and Vogel, S. R. (1970) sex-role stereotypes and clinical judgements of mental health.

Journal of Consulting and Clinical Psychology, 34, 1–7.

Brown, B. (2015) Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead. London: Penguin.

Brown, G. W. and Harris, T. (1978) Social Origins of Depression: A Study of Psychiatric Disorder in Women. London: Tavistock.

Brown, J. (1997) Circular questioning: an introductory guide. Australian and New Zealand Journal of Family Therapy, 18, 109–114.

Brown, L. S. (2005) Feminist therapy with therapists: egalitarian and more. In J. D. Geller, J. C. Norcross and D. E. Orlinsky (eds.) The Psychotherapist's Own Psychotherapy: Patient and Clinician Perspectives. New York: Oxford University Press.

Brown, L. S. (2007) Empathy, genuineness – and the dynamics of power: a feminist responds to Rogers. Psychotherapy: Theory, Research, Practice, Training, 44, 257–259.

Brown, L. S. (2009) Feminist Therapy. Washington, DC: American Psychological Association.

Brown, L. S. (2013) Feminist therapy as a path to friendship with women. Women and Therapy, 36, 11–22.

Brown, R. and Strozier, M. (2004) Resisting abuse at what cost? The impact of mandated reporting laws on the process and content of therapy. Contemporary Family Therapy, 26, 45–60.

Brown, S. and Lent, R. (eds.) (2005) Career Development and Counseling: Putting Theory and Research to Work. Hoboken, NJ: Wiley.

Brownell, P. (ed.) (2008) Handbook for Theory, Research and Practice in Gestalt Therapy. Newcastle: Cambridge Scholars Publishing.

Browning, S. and Hull, R. (2018) Utilizing the genogram to integrate systems and psychoanalytic thinking. Journal of Psychotherapy Integration, 28, 567–583.

Bruneau, L., Bubenzer, D. L. and McGlothlin, J. M. (2010) Revisioning the self: a phenomenological investigation into self-help reading. Journal of Humanistic Counseling, 49, 217–230.

Bruner, J. S. (1966) Toward a Theory of Instruction. Cambridge, MA: Harvard University Press.

Bruner, J. S. (1973) Beyond the Information Given. New York: Norton.

Bruner, J. S. (1990) Acts of Meaning. Cambridge, MA: Harvard University Press.

Brunner, J. (2000) Will, desire and experience: etiology and ideology in the German and Austrian medical discourse on war neuroses, 1914–1922. Transcultural Psychiatry, 37, 295–320.

Buchalter, S. I. (2009) Art Therapy Techniques and Applications. London: Jessica Kingsley.

Buckley, P., Karasu, T. B. and Charles, E. (1981) Psychotherapists view their personal therapy. Psychotherapy: Theory, Research and Practice, 18, 299–305.

Buckroyd, J. (2003) Using action research to develop an assessment system in a voluntary sector counselling service. Counselling and Psychotherapy Research, 3, 278–284.

Buckroyd, J. (2011) Understanding Your Eating: How to Eat and Not Worry About It. Maidenhead: Open University Press.

Buckroyd, J. and Rother, S. (2007) Therapeutic Groups for Obese Women: A Group Leader's Handbook. Oxford: Wiley-Blackwell.

Budman, S. and Gurman, A. (1988) Theory and Practice of Brief Psychotherapy. London: Hutchinson.

Bugas, J. and Silberschatz, G. (2000) How patients coach their therapists in psychotherapy. Psychotherapy, 37, 64–70.

Bugental, J. (1964) The Third Force in psychology. Journal of Humanistic Psychology, 4, 19–25.

Bugental, J. (1976) The Search for Existential Identity. San Francisco, CA: Jossey-Bass.

Bunford, N. and Bergner, R. M. (2012) Suicide and impossible worlds. Crisis, 33, 336–341.

Bunting, M. (2004) Willing Slaves: How the Overwork Culture is Ruling our Lives. London: HarperCollins.

Burckell, L. A. and Goldfried, M. R. (2006) Therapist qualities preferred by sexual-minority clients. Psychotherapy: Theory, Research, Practice, Training, 45, 32–49.

Burgess, M. (2005) Overcoming Chronic Fatigue: A Self-help Guide Using Cognitive–Behavioural Techniques. London: Constable & Robinson.

Burkard, A. W., Knox, S., Groen, M., Perez, M. and Hess, S. (2006) European American therapist self-disclosure in cross-cultural counseling. Journal of Counseling Psychology, 53, 15–25.

Burke, B. L., Arkowitz, A. and Menchola, M. (2003) The efficacy of motivational interviewing: a meta-analysis of controlled clinical trials.

Journal of Consulting and Clinical Psychology, 71, 843–861.

Burke, E., Danquah, A. and Berry, K. (2016) A qualitative exploration of the use of attachment theory in adult psychological therapy. *Clinical Psychology and Psychotherapy*, 23, 142–154.

Burks, D. J. and Robbins, R. (2011) Are you analyzing me? A qualitative exploration of psychologists' individual and interpersonal experiences with authenticity. *The Humanistic Psychologist*, 39, 348–357.

Burks, D. J. and Robbins, R. (2012) Psychologists' authenticity: implications for work in professional and therapeutic settings. *Journal of Humanistic Psychology*, 52, 75–104.

Burlingame, G. M. and Barlow, S. H. (1996) Outcome and process differences between professional and nonprofessional therapists in time-limited group psychotherapy. *International Journal of Group Psychotherapy*, 46, 455–478.

Burnes, T. R., Singh, A. A. and Witherspoon, R. G. (2017a) Sex positivity and counseling psychology: an introduction to the major contribution. *Counseling Psychologist*, 45, 470–486.

Burnes, T. R., Singh, A. A. and Witherspoon, R. G. (2017b) Graduate counseling psychology training in sex and sexuality: an exploratory analysis. *The Counseling Psychologist*, 45, 504–527.

Burns, D. D. (2000) *The Feeling Good Handbook*. New York: Penguin.

Burns, G. (1998) *Nature-Guided Therapy: Brief Intervention Strategies for Health and Well-Being*. London: Taylor & Francis.

Burns, G. (ed.) (2010) *Happiness, Healing, Enhancement: Your Casebook Collection for Applying Positive Psychology in Therapy*. New York: Wiley.

Burr, V. (2003) *Social Constructionism*. London: Routledge.

Burstow, B. (2004) Progressive psychotherapists and the psychiatric survivor movement. *Journal of Humanistic Psychology*, 44, 141–154.

Burton, A. (1970) The adoration of the patient and its disillusionment. *American Journal of Psychoanalysis*, 29, 194–204.

Burton, M. V. and Topham, D. (1997) Early loss experiences in psychotherapists: Church of England clergy, patients assessed for psychotherapy, and scientists and engineers. *Psychotherapy Research*, 7, 275–300.

Burg, C., Raval, H. and Lyon, L. (2007) Young people's experiences of individual psychoanalytic psychotherapy. *Psychology and Psychotherapy: Theory, Research and Practice*, 80, 79–96.

Busch, A. M., Kanter, J. W., Callaghan, G. M., Baruch, D. E., Weeks, C. E. and Berlin, K. S. (2009) A micro-process analysis of functional analytic psychotherapy's mechanism of change. *Behavior Therapy*, 40, 280–290.

Butler, C., O'Donovan, A. and Shaw, E. (eds.) (2009) *Sex, Sexuality and Therapeutic Practice: A Manual for Therapists and Trainers*. London: Routledge.

Butler, G. (1999) *Overcoming Social Anxiety and Shyness: A Self-Help Guide Using Cognitive-Behavioural Techniques*. London: Constable & Robinson.

Butler, M. (2014) The impact of providing therapy on the therapist: a student's reflection. *Journal of Clinical Psychology*, 70, 724–730.

Butt, T. (2008) *George Kelly: The Psychology of Personal Constructs*. London: Palgrave Macmillan.

Cabral, R. R. and Smith, T. B. (2011) Racial/ethnic matching of clients and therapists in mental health services: a meta-analytic review of preferences, perceptions, and outcomes. *Journal of Counseling Psychology*, 58, 537–554.

Cahalan, W. (1995) The earth is our real body: cultivating ecological groundedness in Gestalt therapy. *Gestalt Journal*, 18, 99–100.

Cahill, P., O'Reilly, K., Carr, A., Dooley, B. and Stratton, P. (2010) Validation of a 28-item version of the Systemic Clinical Outcome and Routine Evaluation in an Irish context: the SCORE-28. *Journal of Family Therapy*, 32, 210–231.

Cain, D. J. (2002) Defining characteristics, history and evolution of humanistic psychotherapies. In D. J. Cain and J. Seeman (eds.) *Humanistic Psychotherapies: Handbook of Research and Practice*. Washington, DC: American Psychological Association.

Cain, D. J., Keenan, K. and Rubin, S. (eds.) (2016) *Humanistic Psychotherapies: Handbook of Research and Practice*, 2nd edn. Washington, DC: American Psychological Association.

Callahan, J. L., Almstrom, C. M., Swift, J. K., Borja, S. E. and Heath, C. J. (2009) Exploring the contribution of supervisors to intervention outcomes. *Training and Education in Professional Psychology*, 3, 72–77.

Cameron, J. (1994) *The Artist's Way: A Course in Discovering and Recovering Your Creative Self*. London: Souvenir Press.

Campbell, L. F. and Smith, T. P. (2003) Integrating self-help books into psychotherapy. *Journal of Clinical Psychology*, 59, 177–186.

Capawana, M. R. (2016) Intimate attractions and sexual misconduct in the therapeutic relationship: implications for socially just practice. *Cogent Psychology*, 3 (1) [http://doi.org/10.1080/23311908.2016.1194176].

Caplan, E. (1998) *Mind Games: American Culture and the Birth of Psychotherapy*. Berkeley, CA: University of California Press.

Caplan, G. and Grunebaum, H. (1967) Perspectives on primary prevention: a review. *Archives of General Psychiatry*, 17, 331–346.

Cardemil, E. V. and Battle, C. L. (2003) Guess who's coming to therapy? Getting comfortable with conversations about race and ethnicity in psychotherapy. *Professional Psychology: Research and Practice*, 34, 278–286.

Carey, M., Walther, S. and Russell, S. (2009) The absent but implicit: a map to support therapeutic enquiry. *Family Process*, 48, 319–331.

Carey, T. A. (2011) As you like it: adopting a patient-led approach to psychological treatments. *Journal of Public Mental Health*, 10, 6–16.

Carey, T. A. (2016) Boundaries: a pluralistic perspective and illustrative case study of the patient-led approach to appointment scheduling. In M. Cooper and W. Dryden (eds.) *Handbook of Pluralistic Counselling and Psychotherapy*. London: Sage.

Carey, T. A. and Mullan, R. J. (2004) What is Socratic questioning? *Psychotherapy: Theory, Research and Practice*, 41, 217–226.

Carkhuff, R. R. (1969a) *Helping and Human Relations. Vol. 1: Selection and Training*. New York: Holt, Rinehart & Winston.

Carkhuff, R. R. (1969b) *Helping and Human Relations. Vol. 2: Practice and Research*. New York: Holt, Rinehart & Winston.

Carless, D. and Douglas, K. (2016) Arts-based research: radical or conventional? *The Psychologist*, 29, 350–353.

Carr, A. (2012) *Family Therapy: Concepts, Process and Practice*, 3rd edn. Oxford: Wiley-Blackwell.

Carr, E. R. and West, L. M. (2013) Inside the therapy room: a case study for treating African American men from a multicultural/feminist perspective. *Journal of Psychotherapy Integration*, 23, 120–133.

Carr, M. L., Goranson, A. C. and Drummond, D. J. (2014) Stalking of the mental health professional: reducing risk and managing stalking behavior by patients. *Journal of Threat Assessment and Management*, 1 (1), 4–22.

Carrell, S. E. (2001) *The Therapist's Toolbox*. Thousand Oaks, CA: Sage.

Carroll, M. (2007) One more time – what is supervision? *Psychotherapy in Australia*, 12, 34–40.

Carroll, M. and Gilbert, M. (2011) *On Being a Supervisee: Creating Learning Partnerships*, 2nd edn. London: Vukani Publications/Melbourne: PsychOz Publications.

Carroll, M. and Shaw, E. (2013) *Ethical Maturity in the Helping Professions: Making Difficult Life and Work Decisions*. London: Jessica Kingsley.

Carson, D. K. and Becker, K. (2003) *Creativity in Psychotherapy: Reaching New Heights with Individuals, Couples, and Families*. New York: Routledge.

Cartwright, C., Gibson, K. and Read, J. (2016) Personal agency in women's recovery from depression: the impact of antidepressants and women's personal efforts. *Clinical Psychologist*, 22 (1) [https://doi.org/10.1111/cp.12063].

Casement, P. (1985) *On Learning from the Patient*. London: Tavistock.

Casement, P. (1990) *Further Learning from the Patient: The Analytic Space and Process*. London: Tavistock/Routledge.

Cashdan, S. (1988) *Object Relations Therapy: Using the Relationship*. New York: Norton.

Castonguay, L. G., Eubanks, C. F., Goldfried, M. R., Muran, J. C. and Lutz, W. (2015) Research on psychotherapy integration: building on the past, looking to the future. *Psychotherapy Research*, 25, 365–382.

Castonguay, L. G. and Hill, C. E. (eds.) (2012) *Transformation in Psychotherapy: Corrective Experiences Across Cognitive Behavioral, Humanistic and Psychodynamic Approaches*. Washington, DC: American Psychological Association.

Castonguay, L. G. and Hill, C. E. (eds.) (2017) *How and Why are Some Therapists Better Than Others? Understanding Therapist Effects*. Washington, DC: American Psychological Association.

Castonguay, L. G., Nelson, D. L., Boutselis, M. A., Chiswick, N. R., Damer, D. D., Hemmelstein, N. A.

et al. (2010) Psychotherapists, researchers, or both? A qualitative analysis of psychotherapists' experiences in a practice research network. *Psychotherapy: Theory, Research, Practice, Training,* 47, 345–354.

Cavanagh, K. and Shapiro, D. A. (2004) Computer treatment for common mental health problems. *Journal of Clinical Psychology,* 60, 239–251.

Cavanagh, K., Shapiro, D. A., Van Den Berg, S., Swain, S., Barkham, M. and Proudfoot, J. (2006) The effectiveness of computerized cognitive behavioural therapy in routine care. *British Journal of Clinical Psychology,* 45, 499–514.

Cavanagh, K., Zack, J. S., Shapiro, D. A. and Wright, J. H. (2003) Computer programs for psychotherapy. In S. Goss and K. Anthony (eds.) *Technology in Counselling and Psychotherapy: A Practitioner's Guide.* London: Palgrave Macmillan.

Celenza, A. (2007) *Sexual Boundary Violations: Therapeutic, Supervisory, and Academic Contexts.* New York: Jason Aronson.

Celenza, A. (2010) The guilty pleasure of erotic countertransference: searching for radial true. *Studies in Gender and Sexuality,* 11, 175–183.

Cepeda, L. M. and Davenport, D. S. (2006) Person-centered therapy and solution-focused brief therapy: an integration of present and future awareness. *Psychotherapy: Theory, Research, Practice, Training,* 43, 1–12.

Chambers, E., Cook, S., Thake, A., Foster, A., Shaw, S., Hutten, R. et al. (2015) The self-management of longer-term depression: learning

from the patient, a qualitative study. *BMC Psychiatry,* 15, 172 [https://doi.org/10.1186/s12888-015-0550-6].

Chan, C. C., Bach, P. A. and Bedwell, J. S. (2015) An integrative approach using third-generation cognitive-behavioral therapies for avoidant personality disorder. *Clinical Case Studies,* 14, 466–481.

Chan, C. D., Cor, D. N. and Band, M. P. (2018) Privilege and oppression in counselor education: an intersectionality framework. *Journal of Multicultural Counseling and Development,* 46, 58–73.

Chang, D. F. and Berk, A. (2009) Making cross-racial therapy work: a phenomenological study of clients' experiences of cross-racial therapy. *Journal of Counseling Psychology,* 56, 521–536.

Chang, D. F., Hung, T., Ng, N., Ling, A., Chen, T., Cao, Y. et al. (2016) Taoist cognitive therapy: treatment of generalized anxiety disorder in a Chinese immigrant woman. *Asian American Journal of Psychology,* 7, 205–220.

Chang, D. F. and Yoon, P. (2011) Ethnic minority clients' perceptions of the significance of race in cross-racial therapy relationships. *Psychotherapy Research,* 21, 567–582.

Chapman, S. and Schwartz, J. P. (2012) Rejecting the null: research and social justice means asking different questions. *Counseling and Values,* 57, 24–30.

Chaturvedi, S. (2013) Mandatory personal therapy: does the evidence justify the practice? In debate. *British Journal of Guidance and Counselling,* 41, 454–460.

Chen, C. K., Ingenito, C. P., Kehn, M. M., Nehrig, N. and Abraham, K. S. (2017) Implementing brief dynamic

interpersonal therapy (DIT) in a VA medical center. *Journal of Mental Health* [https://doi.org/10.1080/09638237.2017.1340602].

Cherniss, C. and Krantz, D. L. (1983) The ideological community as an antidote to burnout in the human services. In B. A. Farber (ed.) *Stress and Burnout in the Human Service Professions.* New York: Pergamon Press.

Cheshire, L. C. (2013) Reconsidering sexual identities: intersectionality theory and the implications for educating counsellors. *Canadian Journal of Counselling and Psychotherapy,* 47 (1), 4–13.

Chesler, P. (1972) *Women and Madness.* New York: Doubleday.

Cheston, S. E. (2000) A new paradigm for teaching counseling theory and practice. *Counselor Education and Supervision,* 39, 254–269.

Chew-Graham, C., Brooks, J., Wearden, A., Dowrick, C. and Peters, S. (2011) Factors influencing engagement of patients in a novel intervention for CFS/ME: a qualitative study. *Primary Health Care Research and Development,* 12, 112–122.

Chiari, G. and Nuzzo, M. L. (2010) *Constructivist Therapy. A Narrative Hermeneutic Approach.* New York: Routledge.

Chiesa, M., Drahorad, C. and Longo, S. (2000) Early termination of treatment in personality disorder treated in a psychotherapy hospital. *British Journal of Psychiatry,* 177, 107–111.

Childs-Gowell, E. (2000) *Reparenting Schizophrenics: The Cathexis Experience.* New York: iUniverse.

Chodorow, N. (1978) *The Reproduction of Mothering.*

Berkeley, CA: University of California Press.

Choi, K. M., VanVoorhis, R. W. and Ellenwood, A. E. (2015) Enhancing critical consciousness through a cross-cultural immersion experience in South Africa. *Journal of Multicultural Counseling and Development*, 43, 244–261.

Chow, D. (2017) The practice and the practical: pushing your clinical effectiveness to the next level. In D. Prescott, C. Maeschalck and S. D. Miller (eds.) *Reaching for Excellence: Feedback-Informed Treatment in Practice*. Washington, DC: American Psychological Association.

Chow, D. L. (2018) *The First Kiss: Undoing the Intake Model and Igniting First Sessions in Psychotherapy*. New York: Correlate Press.

Chow, D. L., Miller, S. D., Seidel, J. A., Kane, R. T., Thornton, J. A. and Andrews, W. P. (2015) The role of deliberate practice in the development of highly effective psychotherapists. *Psychotherapy*, 52, 337–345.

Chow, E. O. (2015) Narrative therapy an evaluated intervention to improve stroke survivors' social and emotional adaptation. *Clinical Rehabilitation*, 29, 315–326.

Chow, P. I., Wagner, J., Lüdtke, O., Trautwein, U. and Roberts, B. W. (2017) Therapy experience in naturalistic observational studies is associated with negative changes in personality. *Journal of Research in Personality*, 68, 88–95.

Christensen, A. and Jacobson, N. S. (1994) Who (or what) can do psychotherapy: the status and challenge of nonprofessional therapies. *Psychological Science*, 5, 8–14.

Christopher, J. C. (1996) Counseling's inescapable

moral visions. *Journal of Counseling and Development*, 75, 17–25.

Chu, J., Leino, A., Pflum, S. and Sue, S. (2016) A model for the theoretical basis of cultural competency to guide psychotherapy. *Professional Psychology: Research and Practice*, 47, 18–29.

Chung, R. C. Y. and Bemak, F. P. (2012) *Social Justice Counseling: The Next Steps Beyond Multiculturalism*. Thousand Oaks, CA: Sage.

Chung, R. C. Y. and Bemak, F. (2013) Use of ethnographic fiction in social justice graduate counselor training. *Counselor Education and Supervision*, 52, 56–69.

Clark, A. J. (2010) Empathy: an integral model in the counseling process. *Journal of Counseling and Development*, 88, 348–356.

Clark, D. A. (2009) Cognitive behavioral therapy for anxiety and depression: possibilities and limitations of a transdiagnostic perspective. *Cognitive Behaviour Therapy*, 38, 29–34.

Clark, D. M. (2011) Implementing NICE guidelines for the psychological treatment of depression and anxiety disorders: the IAPT experience. *International Review of Psychiatry*, 23, 318–327.

Clarke, P. B., Giordano, A. L., Cashwell, C. S. and Lewis, T. F. (2013) The straight path to healing: using motivational interviewing to address spiritual bypass. *Journal of Counseling and Development*, 91, 87–94.

Clarkson, P. (1996) A multiplicity of psychotherapeutic relationships. *British Journal of Psychotherapy*, 7, 148–163.

Clarkson, P. (1995) *The Therapeutic Relationship*. London: Whurr.

Claxton, G. (ed.) (1996) *Beyond Therapy: The Impact of Eastern Religions on Psychological Theory and Practice*. Sturminster Newton: Prism Press.

Claxton, G. (2012) Turning thinking on its head: how bodies make up their minds. *Thinking Skills and Creativity*, 7, 78–84.

Claxton, G. (2015) *Intelligence in the Flesh: Why Your Mind Needs Your Body Much More than It Thinks*. New Haven, CT: Yale University Press.

Clemence, A. J., Fowler, J. C., Gottdiener, W. H., Krikorian, S., Charles, M., Damsky, L. et al. (2012) Microprocess examination of therapeutic immediacy during a dynamic research interview. *Psychotherapy*, 49, 317–328.

Clift, S. and Camic, P. M. (eds.) (2016) *Oxford Textbook of Creative Arts, Health, and Wellbeing: International Perspectives on Practice, Policy and Research*. New York: Oxford University Press.

Clulow, C. (ed.) (2000) *Adult Attachment and Couple Psychotherapy: The 'Secure Base' in Practice and Research*. London: Brunner-Routledge.

Cocks, G. (1997) *Psychotherapy in the Third Reich: The Goring Institute*, 2nd edn. New Brunswick, NJ: Transaction.

Coelho Junior, N. E. (2016) The origins and destinies of the idea of thirdness in contemporary psychoanalysis. *International Journal of Psychoanalysis*, 97, 1105–1127.

Cohen, J. L., Johnson, J. L. and Orr, P. P. (eds.) (2015) *Video and Filmmaking as Psychotherapy: Research and Practice*. London: Routledge.

Cohen, L. H., Sargent, M. H. and Sechrest, L. B. (1986) Use of psychotherapy research by professional psychologists.

American Psychologist, 41, 198–206.

Cohen, L. J. (1994) Phenomenology of therapeutic reading with implications for research and practice of bibliotherapy. *The Arts in Psychotherapy*, 21, 37–44.

Cohen, R. (2016) Getting into the ACT with psychoanalytic therapy: the case of 'Daniel'. *Pragmatic Case Studies in Psychotherapy*, 12 (1), 1–30.

Cohn, H. W. (1997) *Existential Thought and Therapeutic Practice*. London: Sage.

Cohn, H. W. and Du Plock, S. (eds.) (1995) *Existential Challenges to Psychotherapeutic Theory and Practice*. London: Society for Existential Analysis Press.

Colbert, T. and Bent, C. (eds.) (2017) *Working Across Modalities in the Arts Therapies: Creative Collaborations*. New York: Routledge.

Cole, V. L. (2003) Healing principles: a model for the use of ritual in psychotherapy. *Counseling and Values*, 47, 184–194.

Coleman, E. (1982) *Developmental Stages of the Coming Out Process*. New York: Haworth Press.

Collins, C. M., O'Neill-Arana, M. R., Fontes, L. A. and Ossege, J. M. (2014) Catholicism and childhood sexual abuse: women's coping and psychotherapy. *Journal of Child Sexual Abuse*, 23, 519–537.

Coltart, N. E. C. (1986) 'Slouching towards Bethlehem' ... or thinking the unthinkable in psychoanalysis. In G. Kohon (ed.) *The British School of Psychoanalysis: The Independent Tradition*. London: Free Association Books.

Coltart, N. (1988) Diagnosis and assessment for suitability

for psycho-analytical psychotherapy. *British Journal of Psychotherapy*, 4, 127–134.

Combs, A. (2013) Transcend and include: Ken Wilber's contribution to transpersonal psychology. In H. L. Friedman and G. Hartelius (eds.) *The Wiley-Blackwell Handbook of Transpersonal Psychology*. Chichester: Wiley.

Combs, G. and Freedman, J. (2012) Narrative, poststructuralism, and social justice: current practices in narrative therapy. *The Counseling Psychologist*, 40, 1033–1060.

Combs, G. and Freedman, J. (2016) Narrative therapy's relational understanding of identity. *Family Process*, 55, 211–224.

Conley, C. S., Shapiro, J. B., Kirsch, A. C. and Durlak, J. A. (2017) A meta-analysis of indicated mental health prevention programs for at-risk higher education students. *Journal of Counseling Psychology*, 64, 121–140.

Conte, H. R. and Ratto, R. (1997) Self-report measures of psychological mindedness. In M. McCallum and W. E. Piper (eds.) *Psychological Mindedness: A Contemporary Understanding*. Mahwah, NJ: Lawrence Erlbaum.

Connell, J., Grant, S. and Mullin, T. (2006) Client initiated termination of therapy at NHS primary care counselling services. *Counselling and Psychotherapy Research*, 6, 60–67.

Constantine, M. G., Hage, S. M., Kindaichi, M. M. and Bryant, R. M. (2007) Social justice and multicultural issues: implications for the practice and training of counselors and counseling

psychologists. *Journal of Counseling and Development*, 85, 24–29.

Constantino, M. J., Boswell, J. F., Bernecker, S. L. and Castonguay, L. G. (2013) Context-responsive psychotherapy integration as a framework for a unified clinical science: conceptual and empirical considerations. *Journal of Unified Psychotherapy and Clinical Science*, 2, 1–20.

Coon, J. T., Boddy, K., Stein, K., Whear, R., Barton, J. and Depledge, M. H. (2011) Does participating in physical activity in outdoor natural environments have a greater effect on physical and mental wellbeing than physical activity indoors? A systematic review. *Environmental Science and Technology*, 45, 1761–1772.

Cooper, K., Gillmore, C. and Hogg, L. (2016) Experience-based co-design in an adult psychological therapies service. *Journal of Mental Health*, 25 (1), 36–40.

Cooper, M. (2004) Towards a relationally-oriented approach to therapy: empirical analysis. *British Journal of Guidance and Counselling*, 32, 451–460.

Cooper, M. (2005) Therapists' experiences of relational depth: a qualitative interview study. *Counselling and Psychotherapy Research*, 5, 87–95.

Cooper, M. (2008) *Essential Research Findings in Counselling and Psychotherapy: The Facts are Friendly*. London: Sage.

Cooper, M. (2012) *The Existential Counselling Primer*. Ross-on-Wye: PCCS Books.

Cooper, M. (2017) *Existential Therapies*, 2nd edn. London: Sage.

Cooper, M. (2019) *Integrating Counselling and Psychotherapy: Directionality, Synergy, and Social Justice.* London: Sage.

Cooper, M. and Dryden, W. (eds.) (2016) *The Handbook of Pluralistic Counselling and Psychotherapy.* London: Sage.

Cooper, M. and Knox, R. (2018) Therapists' self-reported chronic strategies of disconnection in everyday life and in counselling and psychotherapy: an exploratory study. *British Journal of Guidance and Counselling,* 46, 185–200.

Cooper, M. and McLeod, J. (2007) A pluralistic framework for counselling and psychotherapy: implications for research. *Counselling and Psychotherapy Research,* 7, 135–143.

Cooper, M. and McLeod, J. (2011) *Pluralistic Counselling and Psychotherapy.* London: Sage.

Cooper, M. and McLeod, J. (2015) *Client Helpfulness Interview Studies: A guide to exploring client perceptions of change in counselling and psychotherapy* (Working paper). [https://www.researchgate.net/profile/Mick_Cooper].

Cooper, M., Mearns, D., Stiles, W. B., Warner, M. and Elliott, R. (2004) Developing self-pluralistic perspectives within the person-centered and experiential approaches: a round-table dialogue. *Person-Centered and Experiential Psychotherapies,* 3, 176–191.

Cooper, M. and Norcross, J. C. (2016) A brief, multidimensional measure of clients' therapy preferences: the Cooper-Norcross Inventory of Preferences (C-NIP). *International Journal of Clinical and Health Psychology,* 16 (1), 87–98.

Cooper, M., O'Hara, M., Schmid, P. F. and Bohart, A. (eds.) (2013) *The Handbook of Person-Centred Psychotherapy and Counselling.* London: Palgrave Macmillan.

Cooper, M., Wild, C., van Rijn, B., Ward, T., McLeod, J., Cassar, S. et al. (2015) Pluralistic therapy for depression: acceptability, outcomes and helpful aspects in a multisite study. *Counselling Psychology Review,* 30 (1), 6–20.

Cooter, R. (1981) Phrenology and the British alienists: 1825–1845. In A. Scull (ed.) *Mad-houses, Mad-doctors and Madmen.* Philadelphia, PA: University of Pennsylvania Press.

Corazon, S. S., Schilhab, T. S. S. and Stigsdotter, U. K. (2011) Developing the therapeutic potential of embodied cognition and metaphors in nature-based therapy: lessons from theory to practice. *Journal of Adventure Education and Outdoor Learning,* 11, 161–171.

Corazon, S. S., Stigsdotter, U. K., Moeller, M. S. and Rasmussen, S. M. (2012) Nature as therapist: integrating permaculture with mindfulness- and acceptance-based therapy in the Danish Healing Forest Garden Nacadia. *European Journal of Psychotherapy and Counselling,* 14, 335–347.

Corbridge, C. and Brummer, L. (2017) *Cognitive Analytic Therapy: Distinctive Features.* London: Routledge.

Coren, S. and Farber, B. A. (2017) A qualitative investigation of the nature of 'informal supervision' among therapists in training. *Psychotherapy Research* [https://doi.org/10.1080/1050330 7.2017.1408974].

Corey, G. (2010) *Theory and Practice of Group Counseling,* 8th edn. San Francisco, CA: Broadman & Holman.

Corey, G., Corey, M. S., Callanan, P. and Russell, J. M. (2004) *Group Techniques,* 3rd edn. Belmont, CA: Wadsworth.

Cormack, J. (2009) Counselling marginalised young people: a qualitative analysis of young homeless people's views of counselling. *Counselling and Psychotherapy Research,* 9, 71–77.

Cornelius-White, J. H. D., Motschnig-Pitrik, R. and Lux, M. (eds.) (2013) *Interdisciplinary Handbook of the Person-Centered Approach: Research and Theory.* New York: Springer.

Cornell, A. W. (1993) Teaching focusing with five steps and four skills. In D. Brazier (ed.) *Beyond Carl Rogers.* London: Constable.

Cornell, A. W. (1996) *The Power of Focusing: A Practical Guide to Emotional Self-Healing.* Oakland, CA: New Harbinger.

Cornell, W. F., de Graaf, A., Newton. T. and Thunnissen, N. (2016) *Into TA: A Comprehensive Textbook on Transactional Analysis.* New York: Routledge.

Cornell, W. F. and Hargaden, H. (2005) *From Transactions to Relations: The Emergence of a Relational Tradition in Transactional Analysis.* London: Haddon Press.

Corning, A. F., Malofeeva, E. V. and Bucchianeri, M. M. (2007) Predicting termination type from client–therapist agreement on the severity of the presenting problem. *Psychotherapy: Theory, Research, Practice, Training,* 44, 193–204.

Cornish, M. A. and Wade, N. G. (2010) Spirituality and religion in group counselling: a literature review with practice guidelines. *Professional Psychology: Research and Practice,* 41, 398–404.

Cornish, M. A., Wade, N. G. and Post, B. C. (2012) Attending to religion and spirituality in group counseling: counselors' perceptions and practices. *Group Dynamics: Theory, Research, and Practice*, 16, 122–137.

Cornish, M. A., Wade, N. G., Tucker, J. R. and Post, B. C. (2014) When religion enters the counseling group: multiculturalism, group processes and social justice. *The Counseling Psychologist*, 42, 578–600.

Correia, E. A., Cooper, M. and Berdondini, L. (2014) The worldwide distribution and characteristics of existential counsellors and psychotherapists. *Existential Analysis: Journal of the Society for Existential Analysis*, 25, 321–337.

Correia, E. A., Cooper, M., Berdondini, L. and Correia, K. (2017) Characteristic practices of existential psychotherapy: a worldwide survey of practitioners' perspectives. *The Humanistic Psychologist*, 45, 217–237.

Correia, E. A., Cooper, M., Berdondini, L. and Correia, K. (2018) Existential psychotherapies: similarities and differences among the main branches. *Journal of Humanistic Psychology*, 58, 119–143.

Corrigan, F. M., Fisher, J. J. and Nutt, D. J. (2011) Autonomic dysregulation and the window of tolerance model of the effects of complex emotional trauma. *Journal of Psychopharmacology*, 25, 17–25.

Cosgrove, L. and Wheeler, E. (2013) Industry's colonization of psychiatry: ethical and practical implications of financial conflicts of interest in the DSM-5. *Feminism and Psychology*, 23, 93–106.

Costa, B. and Dewaele, J.-M. (2014) Psychotherapy across languages: beliefs, attitudes and practices of monolingual and multilingual therapists with their multilingual patients. *Counselling and Psychotherapy Research*, 14, 235–244.

Costa, L. and Altekruse, M. (1994) Duty-to-warn guidelines for mental health counselors. *Journal of Counseling and Development*, 72, 346–350.

Costello, C. G. (1982) Social factors associated with depression: a retrospective community study. *Psychological Medicine*, 12, 329–339.

Costin, C. and Johnson, C. L. (2002) Been there, done that: clinicians' use of personal recovery in the treatment of eating disorders. *Eating Disorders*, 10, 293–303.

Courcha, P. (2015) 'She's talking to me!' Training home carers to use pre-therapy contact reflections: an action research study. *Person-Centered and Experiential Psychotherapies*, 14, 285–299.

Cowie, H. and Wallace, P. (2000) *Peer Support in Action: From Bystanding to Standing By*. London: Sage.

Cox, E., Bachkirova, T. and Clutterbuck, D. (eds.) (2013) *The Complete Handbook of Coaching*, 2nd end. London: Sage.

Coyle, A., Milton, M. and Annesley, P. (1999) The silencing of gay and lesbian voices in psychotherapeutic texts and training. *Changes*, 17, 132–141.

Cragun, C. L. and Friedlander, M. L. (2012) Experiences of Christian clients in secular psychotherapy: a mixed-methods investigation. *Journal of Counseling Psychology*, 59, 379–391.

Craig, M., Vos, J., Cooper, M. and Correia, E. A. (2016) Existential psychotherapies. In D. J. Cain, K. Keenan and S. Rubin (eds.) *Humanistic Psychotherapies: Handbook of Research and Practice*. Washington, DC: American Psychological Association.

Crandall, R. and Allen, R. (1981) The organisational context of helping relationships. In T. A. Wills (ed.) *Basic Processes in Helping Relationships*. New York: Academic Press.

Crane, R. S. (2012) Mindfulness-based cognitive therapy. In W. Dryden (ed.) *Cognitive Behaviour Therapies*. London: Sage.

Crawford, M. J., Thana, L., Farquharson, L., Palmer, L., Hancock, E., Bassett, P. et al. (2016) Patient experience of negative effects of psychological treatment: results of a national survey. *British Journal of Psychiatry*, 208, 260–265.

Crawley, J. and Grant, J. (2007) *Couple Therapy: The Self in the Relationship*. London: Palgrave Macmillan.

Crits-Christoph, P., Cooper, A. and Luborsky, L. (1988) The accuracy of therapists' interpretations and the outcome of dynamic psychotherapy. *Journal of Consulting and Clinical Psychology*, 56, 490–495.

Crits-Christoph, P. and Gallop, R. (2006) Therapist effects in the National Institute of Mental Health Treatment of Depression Collaborative Research Program and other research studies. *Psychotherapy Research*, 16, 173–175.

Crits-Christoph, P., Gibbons, M. B. C., Crits-Christoph, K., Narducci, J., Schamberger, M. and Gallop, R. (2006) Can therapists be trained to improve their alliances? A preliminary study of alliance-fostering psychotherapy.

Psychotherapy Research, 16, 268–281.

Crocket, K., Drewery, W., McKenzie, W., Smith, L. and Winslade, J. (2004) Working for ethical research in practice. *International Journal of Narrative Therapy and Community Work*, 3, 61–66.

Cruz, C., Greenwald, E. and Sandil, R. (2017) Let's talk about sex: integrating sex positivity in counseling psychology practice. *The Counseling Psychologist*, 45, 547–569.

Csiernik, R. (ed.) (2005) *Wellness and Work: Employee Assistance Programming in Canada*. Toronto: Canadian Scholars Press.

Csikszentmihalyi, M. (2008) *Flow: The Psychology of Optimal Experience*. New York: Harper Perennial Modern Classics.

Csillik, A. (2015) Positive motivational interviewing: activating clients' strengths and intrinsic motivation to change. *Journal of Contemporary Psychotherapy*, 45, 119–128.

Cuijpers, P. (2016) Are all psychotherapies equally effective in the treatment of adult depression? The lack of statistical power of comparative outcome studies. *Evidence Based Mental Health*, 19, 39–42.

Cuijpers, P., Andersson, G., Donker, T. and van Straten, A. (2011) Psychological treatment of depression: results of a series of meta-analyses. *Nordic Journal of Psychiatry*, 65, 354–364.

Cuijpers, P., Donker, T., van Straten, A., Li, J. and Andersson, G. (2010) Is guided self-help as effective as face-to-face psychotherapy for depression and anxiety disorders? A systematic review and meta-analysis of

comparative outcome studies. *Psychological Medicine*, 40, 1943–1957.

Cuijpers, P., Donker, T., Weissman, M. M., Ravitz, P. and Cristea, I. A. (2016) Interpersonal psychotherapy for mental health problems: a comprehensive meta-analysis. *American Journal of Psychiatry*, 173, 680–687.

Cuijpers, P., Driessen, E., Hollon, S. D., van Oppen, P., Barth, J. and Andersson, G. (2012) The efficacy of non-directive supportive therapy for adult depression: a meta-analysis. *Clinical Psychology Review*, 32, 280–291.

Cullen, C. (1988) Applied behavior analysis: contemporary and prospective agenda. In G. Davey and C. Cullen (eds.) *Human Operant Conditioning and Behavior Modification*. London: Wiley.

Cummings, A. L., Hallberg, E. T. and Slemon, A. G. (1994) Templates of client change in short-term counseling. *Journal of Counseling Psychology*, 41, 464–472.

Cummings, J. P., Ivan, M. C., Carson, C. S., Stanley, M. A. and Pargament, K. I. (2014) A systematic review of relations between psychotherapist religiousness/spirituality and therapy-related variables. *Spirituality in Clinical Practice*, 1, 116–132.

Cummings, N. A. (2007) Interruption replaces termination in focused, intermittent psychotherapy throughout the life cycle. In W. T. O'Donohue, N. A. Cummings and J. T. Cummings (eds.) *Clinical Strategies for Becoming a Master Psychotherapist*. San Diego, CA: Academic Press.

Cummings, N. A. (2008) Interruption replaces

termination in focused, intermittent psychotherapy throughout the life cycle. In W. T. O'Donohue and M. Cucciare (eds.) *Terminating Psychotherapy: A Clinician's Guide*. New York: Routledge.

Cummings, N. A. and Sayama, M. (1995) *Focused Psychotherapy: A Casebook of Brief, Intermittent Psychotherapy*. New York: Psychology Press.

Cunha, C., Gonçalves, M. M., Hill, C. E., Mendes, I., Ribeiro, A. P., Sousa, I. et al. (2012) Therapist interventions and client innovative moments in emotion-focused therapy for depression. *Psychotherapy*, 49, 536–548.

Curran, J., Ekers, D., McMillan, D. and Houghton, S. (2012) Behavioural activation. In W. Dryden (ed.) *Cognitive Behaviour Therapies*. London: Sage.

Curtin, L. and Hargrove, D. S. (2010) Opportunities and challenges of rural practice: managing self amid ambiguity. *Journal of Clinical Psychology*, 66, 549–561.

Cushman, P. (1990) Why the self is empty: toward a historically-situated psychology. *American Psychologist*, 45, 599–611.

Cushman, P. (1992) Psychotherapy to 1992: a historically situated interpretation. In D. K. Freedheim (ed.) *History of Psychotherapy: A Century of Change*. Washington, DC: American Psychological Association.

Cushman, P. (1995) *Constructing the Self, Constructing America: A Cultural History of Psychotherapy*. Reading, MA: Addison-Wesley.

Cushman, P. and Gilford, P. (1999) From emptiness to multiplicity: the self at the year 2000. *Psychohistory Review*, 27, 15–31.

Cushman, P. and Gilford, P. (2000) Will managed care change our way of being?. *American Psychologist*, 55, 985–996.

Daines, B., Gask, L. and Howe, A. (2007) *Medical and Psychiatric Issues for Counsellors*, 2nd edn. London: Sage.

Dale, P., Allen, J. and Measor, L. (1998) Counselling adults who were abused as children: clients' perceptions of efficacy, client–counsellor communication, and dissatisfaction. *British Journal of Guidance and Counselling*, 26, 141–158.

Dalenberg, C. J. (2004) Maintaining the safe and effective therapeutic relationship in the context of distrust and anger: countertransference and complex trauma. *Psychotherapy: Theory, Research, Practice, Training*, 41, 438–447.

Dallos, R. and Draper, R. (2015) *An Introduction to Family Therapy: Systemic Theory and Practice*, 4th edn. London: Open University Press.

Danchev, D. and Ross, A. (2014) *Research Ethics for Counsellors, Nurses and Social Workers*. London: Sage.

D'Aniello, C., Piercy, F. P., Dolbin-MacNab, M. L. and Perkins, S. N. (2019) How clients of marriage and family therapists make decisions about therapy discontinuation and persistence. *Contemporary Family Therapy*, 41 (1) [https://doi.org/10.1007/s10591-018-9469-7].

Daniels, J. and Wearden, A. J. (2011) Socialization to the model: the active component in the therapeutic alliance? A preliminary study. *Behavioural and Cognitive Psychotherapy*, 39, 221–227.

Daniels, M. (2013) Traditional roots, history, and evolution of the transpersonal perspective. In H. L. Friedman and G. Hartelius (eds.) *The Wiley-Blackwell Handbook of Transpersonal Psychology*. Chichester: Wiley.

Dare, C. and Eisler, I. (2000) A multi-family group day treatment programme for adolescent eating disorder. *European Eating Disorders Review*, 8, 4–18.

Das Nair, R. and Butler, C. (eds.) (2012) *Intersectionality, Sexuality and Psychological Therapies: Working with Lesbian, Gay and Bisexual Diversity*. Oxford: Wiley-Blackwell.

Davanloo, H. (ed.) (1980) *Short-Term Psychodynamic Psychotherapy*. New York: Jason Aronson.

Davenport, S., Hobson, R. and Margison, F. (2000) Treatment development in psychodynamic-interpersonal psychotherapy for chronic treatment-resistant schizophrenia: two single case studies. *British Journal of Psychotherapy*, 16, 287–312.

David, A. B. and Erickson, C. A. (1990) Ethnicity and the therapist's use of self. *Family Therapy*, 17, 211–216.

David, D., Cotet, C., Matu, S., Mogoase, C. and Stefan, S. (2018) 50 years of rational-emotive and cognitive–behavioral therapy: a systematic review and meta-analysis. *Journal of Clinical Psychology*, 74, 304–318.

Davidson, K., Schwartz, A. R., Sheffield, D., McCord, R. S., Lepore, S. J. and Gerin, W. (2002) Expressive writing and blood pressure. In S. J. Lepore and J. M. Smyth (eds.) *The Writing Cure*. Washington, DC: American Psychological Association.

Davidson, L., Harding, C. and Spaniol, L. (eds.) (2005) *Recovery from Severe Mental Illnesses: Research Evidence and Implications for Practice*, Vol. 1. Boston, MA: Boston University Center for Psychiatric Rehabilitation.

Davidson, L., Harding, C. and Spaniol, L. (eds.) (2006) *Recovery from Severe Mental Illnesses: Research Evidence and Implications for Practice*, Vol. 2. Boston, MA: Boston University Center for Psychiatric Rehabilitation.

Davies, D. and Barker, M. J. (2015) How gender and sexually diverse-friendly is your therapy training? *The Psychotherapist*, 61, 8–10.

Davies, J. (2014) *Cracked: Why Psychiatry is Doing More Harm than Good*. London: Icon Books.

Davis, D. D. and Younggren, J. N. (2009) Ethical competence in psychotherapy termination. *Professional Psychology: Research and Practice*, 40, 572–578.

Davis, D. E., DeBlaere, C., Brubaker, K., Owen, J., Jordan, T. A., Hook, J. N. et al. (2016) Microaggressions and perceptions of cultural humility in counseling. *Journal of Counseling and Development*, 94, 483–493.

Davis, D. E., DeBlaere, C., Owen, J., Hook, J. N., Rivera, D. P., Choe, E. et al. (2018) The multicultural orientation framework: a narrative review. *Psychotherapy*, 55, 89–100.

Davis, J. (2017) Drawing nature. In A. Kopytin and M. Rugh (eds.) *Environmental Expressive Therapies*. London: Routledge.

Davis, K. (1986) The process of problem (re)formulation in psychotherapy. *Sociology of Illness and Health*, 8, 44–74.

Davison, K. P., Pennebaker, J. W. and Dickerson, S. S. (2000) Who talks? The social psychology of illness support groups. *American Psychologist*, 55, 205–217.

Day, E. (2016) Field attunement for a strong therapeutic alliance: a perspective from relational Gestalt therapy. *Journal of Humanistic Psychology*, 56, 77–94.

Day-Vines, N. L., Ammah, B. B., Steen, S. and Arnold, K. M. (2018) Getting comfortable with discomfort: preparing counselor trainees to broach racial, ethnic, and cultural factors with clients during counseling. *International Journal for the Advancement of Counselling*, 40, 89–104.

Day-Vines, N. L., Bryan, J. and Griffin, D. (2013) The Broaching Attitudes and Behavior Survey (BABS): an exploratory assessment of its dimensionality. *Journal of Multicultural Counseling and Development*, 41, 210–223.

Day-Vines, N. L., Wood, S. M., Grothaus, T., Craigen, L., Holman, A., Dotson-Blake, K. et al. (2007) Broaching the subjects of race, ethnicity, and culture during the counseling process. *Journal of Counseling and Development*, 85, 401–409.

DeBerry, S. and Baskin, D. (1989) Termination criteria in psychotherapy: a comparison of private and public practice. *American Journal of Psychotherapy*, 43, 43–53.

de Botton, A. and Armstrong, J. (2013) *Art as Therapy*. London: Phaidon Press.

DeFife, J. A., Conklin, C. Z., Smith, J. M. and Poole, J. (2010) Psychotherapy appointment no-shows: rates and reasons. *Psychotherapy: Theory, Research, Practice, Training*, 47, 413–417.

DeFife, J. A. and Hilsenroth, M. J. (2011) Starting off

on the right foot: common factor elements in early psychotherapy process. *Journal of Psychotherapy Integration*, 21, 172–191.

de Jong, K. and de Goede, M. (2015) Why do some therapists not deal with outcome monitoring feedback? A feasibility study on the effect of regulatory focus and person–organization fit on attitude and outcome. *Psychotherapy Research*, 25, 661–668.

de Jong, K., van Sluis, P., Nugter, M. A., Heiser, W. J. and Spinhoven, P. (2012) Understanding the differential impact of outcome monitoring: therapist variables that moderate feedback effects in a randomized clinical trial. *Psychotherapy Research*, 22, 464–474.

Delfstra, G. and van Rooij, W. (2015) Dynamic interpersonal therapy (DIT): application in the treatment of medically unexplained somatic symptoms. *Psychoanalytic Psychotherapy*, 29, 171–181.

Delgadillo, J., Gellatly, J. and Stephenson-Bellwood, S. (2015) Decision making in stepped care: how do therapists decide whether to prolong treatment or not? *Behavioural and Cognitive Psychotherapy*, 43, 328–341.

Delgado-Romero, E. A., Galvan, N., Machino, P. and Rowland, M. (2005) Race and ethnicity in counseling and counseling psychology research: a 10-year review. *The Counseling Psychologist*, 33, 419–448.

DeLucia-Waack, J. L., Gerrity, D. A., Kalodner, C. R. and Riva, M. (eds.) (2004) *Handbook of Group Counseling and Psychotherapy*. Thousand Oaks, CA: Sage.

den Boer, P. C., Wiersma, D., Russo, S. and van den Bosch, R. J. (2005) Paraprofessionals for anxiety and depressive disorders. *Cochrane Database of Systematic Reviews*, 2, CD004688 [https://doi.org/10.1002/14651858.CD004688.pub2].

Denborough, D. (ed.) (2006) *Trauma: Narrative Responses to Traumatic Experience*. Adelaide, SA: Dulwich Centre Publications.

Denborough, D. (2008) *Collective Narrative Practice: Responding to Individuals, Groups, and Communities Who have Experienced Trauma*. Adelaide, SA: Dulwich Centre Publications.

Denborough, D. (2014) *Retelling the Stories of Our Lives: Everyday Narrative Therapy to Draw Inspiration and Transform Experience*. New York: Norton.

Denborough, D. (2018) *Do You Want to Hear a Story? Adventures in Collective Narrative Practice*. Adelaide, SA: Dulwich Centre Publications.

Denborough, D., Freedman, J. and White, C. (2008) *Strengthening Resistance: The Use of Narrative Practices in Responding to Genocide Survivors*. Adelaide, SA: Dulwich Centre Publications.

Denborough, D., Koolmatrie, C., Mununggirritj, D., Marika, D., Dhurrkay, W. and Yunupingu, M. (2006) Linking stories and initiatives: a narrative approach to working with the skills and knowledge of communities. *International Journal of Narrative Therapy and Community Work*, 2, 19–51.

De Roten, Y., Gilliéron, E., Despland, J. N. and Stigler, M. (2002) Functions of mutual smiling and alliance building in early therapeutic

interaction. *Psychotherapy Research*, 12, 193–212.

DeRubeis, R. J., Cohen, Z. D., Forand, N. R., Fournier, J. C., Gelfand, L. A. and Lorenzo-Luaces, L. (2014) The Personalized Advantage Index: translating research on prediction into individualized treatment recommendations. A demonstration. *PLoS One*, 9, e83875 [https://doi.org/10.1371/journal.pone.0083875].

DeSalvo, L. A. (2000) *Writing as a Way of Healing: How Telling Our Stories Transforms Our Lives*. Boston, MA: Beacon Press.

de Shazer, S. (1985) *Keys to Solution in Brief Therapy*. New York: Norton.

de Shazer, S. (1988) *Clues: Investigating Solutions in Brief Therapy*. New York: Norton.

de Shazer, S. (1991) *Putting Difference to Work*. New York: Norton.

de Shazer, S. (1994) *Words Were Originally Magic*. New York: Norton.

de Shazer, S., Dolan, Y. and Korman, H. (2007) *More than Miracles: The State of the Art of Solution-Focused Therapy*. New York: Haworth Press.

Devlin, A. S. and Nasar, J. L. (2012) Impressions of psychotherapists' offices: do therapists and clients agree? *Professional Psychology: Research and Practice*, 43, 118–122.

Devlin, A. S., Nasar, J. L. and Cubukcu, E. (2014) Students' impressions of psychotherapists' offices: cross-cultural comparisons. *Environment and Behavior*, 46, 946–971.

DeWaele, J. P. and Harré, R. (1976) The personality of individuals. In R. Harré (ed.) *Personality*. Oxford: Blackwell.

Dewe, P. J., O'Driscoll, M. and Cooper, C. J. (2010) *Coping with Work Stress: A Review and Critique*. Oxford: Wiley-Blackwell.

Dhillon, K. and Ubhi, M. (2003) Acculturation and ethnic identity in marginal immigrant South Asian men in Britain: a psychotherapeutic perspective. *Counselling and Psychotherapy Research*, 3, 42–48.

Diambra, J. F., Pollard, B. L., Gamble, R. M. and Banks, B. P. (2016) Teaching a human sexuality course: what are counseling students thinking? *American Journal of Sexuality Education*, 11, 76–91.

Diamond, G. M. (2014) Attachment-based family therapy interventions. *Psychotherapy*, 51, 15–19.

DiCaccavo, A. (2002) Investigating individuals' motivations to become counselling psychologists: the influence of early caretaking roles within the family. *Psychology and Psychotherapy: Theory, Research and Practice*, 75, 463–472.

Dickerson, V. (ed.) (2016) *Poststructural and Narrative Thinking in Family Therapy*. New York: Springer.

Dickson, W. (1945) The Hawthorne Plan. *American Journal of Orthopsychiatry*, 15, 343–347.

Dickson, W. and Roethlisberger, F. J. (1966) *Counselling in an Organization*. Cambridge, MA: Harvard University Press.

Dieterich-Hartwell, R. and Koch, S. C. (2017) Creative arts therapies as temporary home for refugees: insights from literature and practice. *Behavioral Sciences*, 7, 69–79.

Dillon, J. and Read, J. (eds.) (2010) *Models of Madness:*

Psychological, Social and Biological Approaches to Psychosis. London: Taylor & Francis.

Dimidjian, S., Barrera, M., Jr., Martell, C., Munoz, R. F. and Lewinsohn, P. M. (2011) The origins and current status of behavioral activation treatments for depression. *Annual Review of Clinical Psychology*, 7, 1–38.

Dimidjian, S. and Hollon, S. D. (2010) How would we know if psychotherapy were harmful? *American Psychologist*, 65 (1), 21–33.

Dimidjian, S., Hollon, S. D., Dobson, K. S., Schmaling, K. B., Kohlenberg, R. J., Addis, M. E. et al. (2006) Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the acute treatment of adults with major depression. *Journal of Consulting and Clinical Psychology*, 74, 658–670.

Dinger, U., Ehrenthal, J. C., Nikendei, C. and Schauenburg, H. (2017) Change in self-esteem predicts depressive symptoms at follow-up after intensive multimodal psychotherapy for major depression. *Clinical Psychology and Psychotherapy*, 24, 1040–1046.

Dispenza, F., Viehl, C., Sewell, M. H., Burke, M. A. and Gaudet, M. M. (2016) A model of affirmative intersectional rehabilitation counseling with sexual minorities: a grounded theory study. *Rehabilitation Counseling Bulletin*, 59 (3), 143–157.

Dissanayake, E. (1988) *What Is Art For?* Seattle, WA: University of Washington Press.

Dissanayake, E. (1992) *Homo Aestheticus: Where Art Comes From and Why*. New York: Free Press.

Dissanayake, E. (2000) *Art and Intimacy: How the Arts Began*. Seattle, WA: University of Washington Press.

Dobson, K. S. and Dozois, D. J. A. (2001) Historical and philosophical bases of the cognitive–behavioral therapies. In K. S. Dobson (ed.) *Handbook of Cognitive–Behavioral Therapies*, 2nd edn. New York: Guilford Press.

Dodds, P., Morton, I. and Prouty, G. (2004) Using pre-therapy techniques in dementia care. *Journal of Dementia Care*, 12, 25–28.

Dodge Rea, B. (2001) Finding our balance: the investigation and clinical application of intuition. *Psychotherapy*, 38, 97–112.

Doidge, N. (2007) *The Brain that Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science*. London: Penguin.

Dolan, Y. M. (1991) *Resolving Sexual Abuse: Solution Focused Therapy and Ericksonian Hypnosis for Adult Survivors*. New York: Norton.

Dollarhide, C. T., Shavers, M. C., Baker, C. A., Dagg, D. R. and Taylor, D. T. (2012) Conditions that create therapeutic connection: a phenomenological study. *Counseling and Values*, 57, 147–161.

Dolliver, R. H. (1991) Perls with Gloria re-viewed. *Journal of Counseling and Development*, 69, 299–304.

Donovan, J. M., Osborn, K. A. and Rice, S. (2016) *Paraverbal Communication in Psychotherapy: Beyond the Words*. New York: Rowman & Littlefield.

Doran, J. M., Safran, J. D., Waizmann, K. B. and Muran, J. C. (2012) The alliance negotiation scale: psychometric construction and preliminary reliability and validity analysis. *Psychotherapy Research*, 22, 710–719.

Dos Santos, O. and Dallos, R. (2012) The process of cross-cultural therapy between white therapists and clients of African-Caribbean descent. *Qualitative Research in Psychology*, 9, 62–74.

Doucette, P. (2004) Walk and talk: an intervention for behaviourally challenged youths. *Adolescence*, 39, 373–388.

Dougall, J. L. and Schwartz, R. C. (2011) The influence of client socioeconomic status on psychotherapists' attributional biases and countertransference reactions. *American Journal of Psychotherapy*, 65, 249–263.

Douge, J. (2010) Scrapbooking: an application of narrative therapy. *Procedia – Social and Behavioral Sciences*, 5, 684–687.

Douglas, A., Ablett-Tate, N. and Chadd, N. (2016) Dynamic interpersonal therapy in an NHS tertiary level specialist psychotherapy service. *Psychoanalytic Psychotherapy*, 30, 223–239.

Douglas, K. and Carless, D. (2018) Engaging with arts-based research: a story in three parts. *Qualitative Research in Psychology*, 15 (2/3), 156–172.

Dowding, K. (ed.) (2011) *The Encyclopedia of Power*. Thousand Oaks, CA: Sage.

Dowling, M. and Rickwood, D. (2013) Online counseling and therapy for mental health problems: a systematic review of individual synchronous interventions using chat. *Journal of Technology in Human Services*, 31, 1–21.

Dowling, M. J. and Rickwood, D. J. (2014) Experiences of counsellors providing online chat counselling to young people. *Journal of Psychologists and Counsellors in Schools*, 24, 183–196.

Downing, J. N. (2000) *Between Conviction and Uncertainty: Philosophical Guidelines for the Practicing Psychotherapist*. Albany, NY: State University of New York Press.

Dragioti, E., Dimoliatis, I. and Evangelou, E. (2015) Disclosure of researcher allegiance in meta-analyses and randomised controlled trials of psychotherapy: a systematic appraisal. *BMJ Open*, 5, e007206 [https://doi.org/10.1136/bmjopen-2014-007206].

Dreier, O. (2008) *Psychotherapy in Everyday Life*. New York: Cambridge University Press.

Drescher, J. (2015) Can sexual orientation be changed? *Journal of Gay and Lesbian Mental Health*, 19, 84–93.

Drescher, J., D'Ercole, A. and Shoenberg, E. (2003) *Psychotherapy with Gay Men and Lesbians: Contemporary Dynamic Approaches*. New York: Routledge.

Drescher, J., Schwartz, A., Casoy, F., McIntosh, C. A., Hurley, B., Ashley, K. et al. (2016) The growing regulation of conversion therapy. *Journal of Medical Regulation*, 102, 7–12.

Drewery, W. (2004) Conferencing in schools: punishment, restorative justice, and the productive importance of the process of conversation. *Journal of Community and Applied Social Psychology*, 14, 332–344.

Drewitt, L., Pybis, J., Murphy, D. and Barkham, M. (2018) Practitioners' experiences of learning and implementing Counselling for Depression (CfD) in routine practice settings. *Counselling and*

Psychotherapy Research, 18, 3–13.

Dreyfus, H. L. (1989) The Dreyfus model of skill acquisition. In J. Burke (ed.) *Competency Based Education and Training*. London: Falmer Press.

Driessen, E., Hegelmaier, L. M., Abbass, A. A., Barber, J. P., Dekker, J. J., Van, H. L. et al. (2015) The efficacy of short-term psychodynamic psychotherapy for depression: a meta-analysis update. *Clinical Psychology Review*, 42, 1–15.

Drinane, J. M., Owen, J. and Tao, K. W. (2018) Cultural concealment and therapy outcomes. *Journal of Counseling Psychology*, 65, 239–251.

Drury, H. and Alim, N. (2012) Integrative psychotherapy in intellectual disabilities: using cognitive–behavioural and psychodynamic formulations. *Advances in Mental Health and Intellectual Disabilities*, 8, 197–209.

Dryden, W. (ed.) (1987) *Key Cases in Psychotherapy*. London: Croom Helm.

Dryden, W. (ed.) (1991) *A Dialogue with John Norcross: Towards Integration*. Maidenhead: Open University Press.

Dryden, W. (2004a) *Rational Emotive Behavioural Counselling in Action*, 3rd edn. London: Sage.

Dryden, W. (2004b) *The Rational Emotive Behavioural Approach to Therapeutic Change*. London: Sage.

Dryden, W. (2005) The personal therapy experience of a rational emotive therapist. In J. D. Geller, J. C. Norcross and D. E. Orlinsky (eds.) *The Psychotherapist's Own Psychotherapy: Patient and Clinician Perspectives*. New York: Oxford University Press.

Dryden, W. (2012a) Rational emotive behaviour therapy (REBT). In W. Dryden (ed.) *Cognitive Behaviour Therapies*. London: Sage.

Dryden, W. (ed.) (2012b) *Cognitive Behaviour Therapies*. London: Sage.

Dryden, W. (2015) *Rational Emotive Behaviour Therapy: Distinctive Features*, 2nd edn. London: Routledge.

Dryden, W. (2017) *Single-Session Integrated CBT (SSI-CBT): Distinctive Features*. London: Routledge.

Dryden, W. and Branch, R. (eds.) (2012) *The CBT Handbook*. London: Sage.

Dubrow-Marshall, R. P. and Dubrow-Marshall, L. (2015) Cults and mental health. In *Encyclopedia of Mental Health*, 2nd edn. Oxford: Academic Press.

Dudley, R. and Kuyken, W. (2006) Formulation in cognitive–behavioural therapy. In L. Johnstone and R. Dallos (eds.) *Formulation in Psychology and Psychotherapy: Making Sense of People's Problems*. London: Routledge.

Dueck, A. and Reimer, K. (2003) Retrieving the virtues in psychotherapy: thick and thin discourse. *American Behavioral Scientist*, 47, 427–441.

Duff, C. (2012) Exploring the role of 'enabling places' in promoting recovery from mental illness: a qualitative test of a relational model. *Health and Place*, 18, 1388–1395.

Duff, C. T. and Bedi, R. P. (2010) Counsellor behaviours that predict therapeutic alliance: from the client's perspective. *Counselling Psychology Quarterly*, 23, 91–110.

Duffell, N. and Basset, T. (2016) *Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors*. London: Routledge.

Duffey, T. (2005) A musical chronology and the emerging life song. *Journal of Creativity in Mental Health*, 1, 141–147.

Duffey, T. and Haberstroh, S. (2013) Deepening empathy in men using a musical chronology and the emerging life song. *Journal of Counseling and Development*, 91, 442–450.

Duffey, T., Somody, C. and Clifford, S. (2008) Conversations with my father. *Journal of Creativity in Mental Health*, 2, 45–63.

Dumesnil, H. and Verger, P. (2009) Public awareness campaigns about depression and suicide: a review. *Psychiatric Services*, 60, 1203–1213.

Duncan, B. L. (2010) Prologue. Saul Rosenzweig: the founder of common factors. In B. L. Duncan, S. D. Miller, B. E. Wampold and M. A. Hubble (eds.) *The Heart and Soul of Change: Delivering What Works in Therapy*, 2nd edn. Washington, DC: American Psychological Association.

Duncan, B. L. and Miller, S. D. (2000) The client's theory of change: consulting the client in the integrative process. *Journal of Psychotherapy Integration*, 10, 169–187.

Duncan, B. L., Miller, S. D. and Sparks, J. A. (2004) *The Heroic Client: A Revolutionary Way to Improve Effectiveness Through Client-Directed, Outcome-Informed Therapy*. San Francisco, CA: Jossey-Bass.

Duncan, B. L., Miller, S. D., Sparks, J. A., Claud, D. A., Reynolds, L. R., Brown, J. et al. (2003) The Session Rating Scale: preliminary psychometric properties of a 'working' alliance measure.

Journal of Brief Therapy, 3, 3–12.

Duncan, B. L., Miller, S. D., Wampold, B. E. and Hubble, M. A. (eds.) (2010) *The Heart and Soul of Change: Delivering What Works in Therapy*, 2nd edn. Washington, DC: American Psychological Association.

Duncan, B. L. and Reese, R. J. (2015) The Partners for Change Outcome Management System (PCOMS): revisiting the client's frame of reference. *Psychotherapy*, 52, 391–401.

Duncan, R. E., Hall, A. C. and Knowles, A. (2015) Ethical dilemmas of confidentiality with adolescent clients: case studies from psychologists. *Ethics and Behavior*, 25, 197–221.

Dundas, I., Anderssen, N., Wormnes, B. and Hauge, H. (2009) Exploring client contribution in a cognitive intervention for test anxiety. *Counselling and Psychotherapy Research*, 9, 86–92.

Du Plock, S. (1997a) An innocent abroad? An example of brief student counselling. In S. Du Plock (ed.) *Case Studies in Existential Psychotherapy and Counselling*. Chichester: Wiley.

Du Plock, S. (ed.) (1997b) *Case Studies in Existential Psychotherapy and Counselling*. Chichester: Wiley.

Durie, M. (2007) Counselling Māori: Marae encounters as a basis for understanding and building relationships. *New Zealand Journal of Counselling*, 27 (1), 1–8.

Durie, M. (2011) Indigenizing mental health services: New Zealand experience. *Transcultural Psychiatry*, 48, 24–36.

Durlak, J. A. (1979) Comparative effectiveness of paraprofessional and

professional helpers. *Psychological Bulletin*, 80, 80–92.

Durlak, J. A. (1981) Evaluating comparative studies of paraprofessional and professional helpers: a reply to Nietzel and Fisher. *Psychological Bulletin*, 89, 566–569.

Durre, L. (1980) Comparing romantic and therapeutic relationships. In K. S. Pope (ed.) *On Love and Losing: Psychological Perspectives on the Nature and Experience of Romantic Loss*. San Francisco, CA: Jossey-Bass.

Duvall, J. and Beres, L. (2011) *Innovations in Narrative Therapy: Connecting Practice, Training, and Research*. New York: Norton.

Dwairg, M. (2009) Culture analysis and metaphor psychotherapy with Arab-Muslim clients. *Journal of Clinical Psychology*, 65, 199–209.

Dyche, L. and Zayas, L. H. (1995) The value of curiosity and naivete for the cross-cultural psychotherapist. *Family Process*, 34, 389–399.

Dyer, J. E. T. and Hagedorn, W. B. (2013) Navigating bereavement with spirituality-based interventions: implications for non-faith-based counselors. *Counseling and Values*, 58, 69–84.

Eames, V. and Roth, A. (2000) Patient attachment orientation and the early working alliance: a study of patient and therapist reports of alliance quality and ruptures. *Psychotherapy Research*, 10, 421–434.

Earl, T. R., Alegría, M., Mendieta, F. and Linhart, Y. D. (2011) 'Just be straight with me': an exploration of Black patient experiences in initial mental health encounters. *American Journal of Orthopsychiatry*, 81, 519–230.

Edelwich, J. and Brodsky, A. (1991) *Sexual Dilemmas for the Helping Professional*, 2nd edn. New York: Brunner/Mazel.

Edwards, D. (2013) *Art Therapy*. London: Sage.

Edwards, J. (ed.) (2016) *The Oxford Handbook of Music Therapy*. New York: Oxford University Press.

Eells, T. D. (ed.) (2007) *Handbook of Psychotherapy Case Formulation*, 2nd edn. New York: Guilford Press.

Eells, T. D. (2015) *Psychotherapy Case Formulation*. Washington, DC: American Psychological Association.

Eells, T. D. and Lombart, K. G. (2003) Case formulation and treatment concepts among novice, experienced and expert cognitive-behavioural and psychodynamic therapists. *Psychotherapy Research*, 13, 187–204.

Eells, T. D., Lombart, K. G., Kendjelic, E. M., Turner, L. C. and Lucas, C. P. (2005) The quality of psychotherapy case formulations: a comparison of expert, experienced, and novice cognitive–behavioral and psychodynamic therapists. *Journal of Consulting and Clinical Psychology*, 73, 579–589.

Egan, G. (1984) People in systems: a comprehensive model for psychosocial education and training. In D. Larson (ed.) *Teaching Psychological Skills: Models for Giving Psychology Away*. Monterey, CA: Brooks/Cole.

Egan, G. (2009) *The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping*, 9th edn. Belmont, CA: Brooks/Cole.

Egan, G. (2017) *The Skilled Helper: A Problem-Management and Opportunity-Development*

Approach to Helping, 10th edn. Belmont, CA: Brooks/Cole.

Egan, S. J., Wade, T. D. and Shafran, R. (2011) Perfectionism as a transdiagnostic process: a clinical review. Clinical Psychology Review, 31, 203–212.

Ehrenreich, B. (2009) Bright-Sided: How the Relentless Promotion of Positive Thinking Has Undermined America. New York: Metropolitan Books.

Eichenbaum, L. and Orbach, S. (1982) Outside In . . . Inside Out: Women's Psychology: A Feminist Psychoanalytic Approach. Harmondsworth: Penguin.

Eichenbaum, L. and Orbach, S. (1984) Understanding Women: A Feminist Psychoanalytic Approach. London: Basic Books.

Ekers, D., Webster, L., Van Straten, A., Cuijpers, P., Richards, D. and Gilbody, S. (2014) Behavioural activation for depression: an update of meta-analysis of effectiveness and sub-group analysis. PloS One, 9 (6), e100100 [https://doi.org/10.1371/journal.pone.0100100].

Ekman, P. (2003) Emotions Revealed: Recognizing Faces and Feelings to Improve Communication and Emotional Life, 2nd edn. New York: Owl Books.

Ekman, P. and Friesen, W. V. (1978) Facial Action Coding System: A Technique for the Measurement of Facial Movement. Palo Alto, CA: Consulting Psychologists Press.

Ekroll, V. B. and Rønnestad, M. H. (2017) Processes and changes experienced by clients during and after naturalistic good-outcome therapies conducted by experienced psychotherapists.

Psychotherapy Research, 27, 450–468.

Ekroll, V. B. and Rønnestad, M. H. (2018) Exploring associations between therapy factors and post-therapy development after naturalistic psychotherapies. Journal of Contemporary Psychotherapy, 48, 15–25.

Elder, A. B. (2016) Experiences of older transgender and gender nonconforming adults in psychotherapy: a qualitative study. Psychology of Sexual Orientation and Gender Diversity, 3, 180–192.

Elkin, I. (1999) A major dilemma in psychotherapy outcome research: disentangling therapists from therapies. Clinical Psychology: Science and Practice, 6, 10–32.

Elkin, I., Falconnier, L., Martinovich, Z. and Mahoney, C. (2006) Therapist effects in the National Institute of Mental Health Treatment of Depression Collaborative Research Program. Psychotherapy Research, 16, 161–172.

Ellenberger, H.F. (1970) The Discovery of the Unconscious: The History and Evolution of Dynamic Psychiatry. London: Allen Lane.

Elliott, R. (1986) Interpersonal Process Recall (IPR) as a psychotherapy process research method. In L. S. Greenberg and W. M. Pinsof (eds.) The Psychotherapeutic Process: A Research Handbook. New York: Guilford Press.

Elliott, R. (1991) Five dimensions of therapy process. Psychotherapy Research, 1, 92–103.

Elliott, R. (2002) The effectiveness of humanistic therapies: a meta-analysis. In D. J. Cain and J. Seeman (eds.) Humanistic Psychotherapies: Handbook of Research and

Practice. Washington, DC: American Psychological Association.

Elliott, R. (2010) Psychotherapy change process research: realizing the promise. Psychotherapy Research, 20, 123–135.

Elliott, R., Bohart, A. C., Watson, J. C. and Murphy, D. (2018) Therapist empathy and client outcome: an updated meta-analysis. Psychotherapy, 55, 399–410.

Elliott, R., Clark, C., Kemeny, V., Wexler, M. M., Mack, C. and Brinkerhoff, J. (1990) The impact of experiential therapy on depression: the first ten cases. In G. Lietaer, J. Rombauts and R. Van Balen (eds.) Client-Centered and Experiential Psychotherapy in the Nineties. Leuven: University of Leuven Press.

Elliott, R., Davis, K. and Slatick, E. (1998) Process-experiential therapy for post-traumatic stress difficulties. In L. S. Greenberg, G. Lietaer and J. Watson (eds.) Handbook of Experiential Psychotherapy. New York: Guilford Press.

Elliott, R. and Freire, E. (2007) Classical person-centered and experiential perspectives on Rogers (1957) Psychotherapy: Theory, Research, Practice, Training, 44, 285–288.

Elliott, R., Greenberg, L. S., Watson, J., Timulak, L. and Freire, E. (2013) Research on experiential psychotherapies. In M. J. Lambert (ed.) Bergin & Garfield's Handbook of Psychotherapy and Behavior Change, 6th edn. New York: Wiley.

Elliott, R. and Partyka, R. (2005) Personal therapy and growth work in experiential humanistic therapies. In J. D. Geller, J. C. Norcross and D. E. Orlinsky (eds.) The Psychotherapist's Own Psychotherapy: Patient and

Clinician Perspectives. New York: Oxford University Press.

Elliott, R., Partyka, R. and Wagner, J. (2009) An adjudicated hermeneutic single case efficacy design study of experiential therapy for panic/phobia. *Psychotherapy Research*, 19, 543–557.

Elliott, R. and Shahar, B. (2017) Emotion-focused therapy for social anxiety (EFT-SA). *Person-Centered and Experiential Psychotherapies*, 16, 140–158.

Elliott, R., Suter, P., Manford, J., Radpour-Markert, L., Siegel-Hinson, R., Layman, C. et al. (1996) A process-experiential approach to post-traumatic stress disorder. In R. Hutterer, G. Pawlowsky, P. F. Schmid and R. Stipsits (eds.) *Client-Centered and Experiential Psychotherapy: A Paradigm in Motion*. Frankfurt am Main: Peter Lang.

Elliott, R., Watson, J., Goldman, R. N. and Greenberg, L. S. (2003) *Learning Emotion-Focused Therapy: The Process-Experiential Approach to Change*. Washington, DC: American Psychological Association.

Ellis, A. (1962) *Reason and Emotion in Psychotherapy*. New York: Lyle Stuart.

Ellis, A. (1973) *Humanistic Psychotherapy*. New York: McGraw-Hill.

Ellis, A. (1991) Comment on 'Perls with Gloria re-viewed'. *Journal of Counseling and Development*, 70, 353.

Ellis, M. V., Berger, L., Hanus, A. E., Ayala, E. E., Swords, B. A. and Siembor, M. (2014) Inadequate and harmful clinical supervision: testing a revised framework and assessing occurrence. *The Counseling Psychologist*, 42, 434–472.

Ellsworth, L. (2007) *Choosing to Heal: Using Reality Therapy in the Treatment of Sexually Abused Children*. London: Routledge.

Elwyn, G., Barr, P. J. and Grande, S. W. (2015) Patients recording clinical encounters: a path to empowerment? Assessment by mixed methods. *BMJ Open*, 5 (8), e008566 [https://doi.org/10.1136/bmjopen-2015-008566].

Emerson, J., Bertoch, M. R. and Checketts, K. T. (1994) Transactional analysis ego state functioning, psychological disturbance, and client change. *Psychotherapy*, 31, 109–113.

Emmelkamp, P. (2005) Technological innovations in clinical assessment and psychotherapy. *Psychotherapy and Psychosomatics*, 74, 336–343.

Emrick, C. (1981) Nonprofessional peers as therapeutic agents. In M. H. Bean and N. E. Zinberg (eds.) *Dynamic Approaches to the Understanding and Treatment of Alcoholism*. New York: Free Press.

Emunah, R. (2015) Self-revelatory performance: a form of drama therapy and theatre. *Drama Therapy Review*, 1, 71–85.

Engels, D. W., Minor, C. W., Sampson, J. P. and Splete, H. H. (1995) Career counseling specialty: history, development, and prospect. *Journal of Counseling and Development*, 74, 134–138.

Englar-Carlson, M. and Kiselica, M. S. (2013) Affirming the strengths in men: a positive masculinity approach to assisting male clients. *Journal of Counseling and Development*, 91, 399–409.

Englar-Carlson, M. and Stevens, M. A. (2006) *In the Room with Men: A Casebook of Therapeutic Change*.

Washington, DC: American Psychological Association.

Engman-Bredvik, S., Suarez, N. C., Levi, R. and Nilsson, K. (2016) Multi-family therapy in anorexia nervosa: a qualitative study of parental experiences. *Eating Disorders*, 24, 186–197.

Enns, C. Z. (1992) Toward integrating feminist psychotherapy and feminist philosophy. *Professional Psychology: Theory and Practice*, 23, 453–466.

Enns, C. Z., McNeilly, C. L., Corkery, J. M. and Gilbert, M. S. (1995) The debate about delayed memories of child sexual abuse: a feminist perspective. *The Counseling Psychologist*, 23, 181–279.

Epstein, N. B. and Baucom, D. H. (2002) *Enhanced Cognitive-Behavioural Therapy for Couples: A Contextual Approach*. Washington, DC: American Psychological Association.

Epston, D. (2008) *Down Under and Up and Over: Travels with Narrative Therapy*. London: Karnac.

Epston, D., Morris, F. and Maisel, R. (1995) A narrative approach to so-called anorexia/bulimia. In K. Weingarten (ed.) *Cultural Resistance: Challenging Beliefs about Men, Women and Therapy*. New York: Haworth Press.

Epston, D. and White, M. (eds.) (1992) *Experience, Contradiction, Narrative and Imagination*. Adelaide, SA: Dulwich Centre Publications.

Epston, D., White, M. and Murray, K. (1992) A proposal for a re-authoring therapy: Rose's revisioning of her life and a commentary. In S. McNamee and K. J. Gergen (eds.) *Therapy as Social Construction*. London: Sage.

Erekson, D., Janis, R., Bailey, R., Cattani, K. and Pedersen, T. (2017)

A longitudinal investigation of the impact of psychotherapist training: does training improve client outcomes? *Journal of Counseling Psychology*, 64, 514–524.

Erhard, R. L. and Sinai, M. (2012) The school counselor in Israel: an agent of social justice? *International Journal for the Advancement of Counselling*, 34, 159–171.

Ericsson, K. A. and Pool, R. (2016) *Peak: Secrets from the New Science of Expertise.* New York: Houghton Mifflin Harcourt.

Erikson, E. (1950) *Childhood and Society.* New York: Norton.

Erskine, R. G. (2014) Nonverbal stories: the body in psychotherapy. *International Journal of Integrative Psychotherapy*, 5 (1), 21–33.

Erskine, R. (2015) Meeting Vincent: reconnections from behind the wall. Pre-therapy in a psychiatric unit context. *Person-Centered and Experiential Psychotherapies*, 14, 300–309.

Erskine, R. G. (ed.) (2016) *Transactional Analysis in Contemporary Psychotherapy.* London: Karnac.

Erskine, R. G. and Moursund, J. P. (2011) *Integrative Psychotherapy in Action.* London: Karnac.

Erskine, R. G. and Zalcman, M. (1979) The racket system: a model for racket analysis. *Transactional Analysis Journal*, 23, 184–190.

Eskapa, R. (1992) Multimodal therapy. In W. Dryden (ed.) *Integrative and Eclectic Therapy: A Handbook.* Buckingham: Open University Press.

Espín, O. (2013) 'Making love in English': language in psychotherapy with immigrant women. *Women and Therapy*, 36, 198–218.

Esterson, A. (1998) Jeffrey Masson and Freud's seduction theory: a new fable based on old myths. *History of the Human Sciences*, 11, 1–21.

Esterson, E. (2002) The myth of Freud's ostracism by the medical community in 1896–1905: Jeffrey Masson's assault on truth. *History of Psychology*, 6, 115–134.

Etherington, K. (2000) *Narrative Approaches to Working with Adult Male Survivors of Child Sexual Abuse: The Client's, the Counsellor's and the Researcher's Story.* London: Jessica Kingsley.

Etherington, K. and Bridges, N. (2011) Narrative case study research: on endings and six session reviews. *Counselling and Psychotherapy Research*, 11, 11–22.

Eubanks-Carter, C., Burckell, L. A. and Goldfried, M. R. (2005) Enhancing therapeutic effectiveness with lesbian, gay, and bisexual clients. *Clinical Psychology: Science and Practice*, 12, 1–15.

Eubanks-Carter, C., Muran, J. C. and Safran, J. D. (2010) Alliance ruptures and resolution. In J. C. Muran and J. T. Barber (eds.) *The Therapeutic Alliance: An Evidence-based Guide to Practice.* New York: Guilford Press.

Evans, C., Mellor-Clark, J., Marison, F. (2000) CORE: Clinical Outcomes in Routine Evaluation. *Journal of Mental Health*, 9, 247–255.

Evans, K. M., Kincade, E. A. and Seem, S. R. (2010) *Introduction to Feminist Therapy: Strategies for Social and Individual Change.* Thousand Oaks, CA: Sage.

Evans, M. (2003) Christian counsellors' views on working with gay and lesbian clients: integrating religious beliefs with counselling

ethics. *Counselling and Psychotherapy Research*, 3, 55–60.

Evans, M. and Barker, M. (2010) How do you see me? Coming out in counselling. *British Journal of Guidance and Counselling*, 38, 375–391.

Everett, B., MacFarlane, D. A., Reynolds, V. A. and Anderson, H. D. (2013) Not on our backs: supporting counsellors in navigating the ethics of multiple relationships within queer, two spirit, and/or trans communities. *Canadian Journal of Counselling and Psychotherapy*, 47, 14–25.

Everts, H. and Withers, R. (2006) A practitioner survey of interactive drawing therapy as used in New Zealand. *New Zealand Journal of Counselling*, 26, 15–30.

Ewen, V., Mushquash, A. R., Mushquash, C. J., Bailey, S. K., Haggarty, J. M. and Stones, M. J. (2018) Single-session therapy in outpatient mental health services: examining the effect on mental health symptoms and functioning. *Social Work in Mental Health*, 16, 573–589.

Eysenck, H. J. (1952) The effects of psychotherapy: an evaluation. *Journal of Consulting Psychology*, 16, 319–324.

Eysenck, H. J. (1970) A mish-mash of theories. *International Journal of Psychiatry*, 9, 140–146.

Faddis, T. J. and Cobb, K. F. (2016) Family therapy techniques in residential settings: family sculptures and reflecting teams. *Contemporary Family Therapy*, 38, 43–51.

Fairbairn, R. D. (1958) On the nature and aims of psycho-analytical treatment. *International Journal of Psychoanalysis*, 39, 374–385.

Falconnier, L. (2009) Socioeconomic status in the treatment of depression. *American Journal of Orthopsychiatry*, 79, 148–158.

Falconnier, L. and Elkin, I. (2008) Addressing economic stress in the treatment of depression. *American Journal of Orthopsychiatry*, 78, 37–46.

Falicov, C. J. (1995) Training to think culturally: a multidimensional comparative framework. *Family Process*, 34, 373–388.

Falkenström, F., Grant, J., Broberg, J. and Sandell, R. (2007) Self-analysis and post-termination improvement after psychoanalysis and long-term psychotherapy. *Journal of the American Psychoanalytic Association*, 55, 629–674.

Falkenström, F., Grant, J. and Holmqvist, R. (2018) Review of organizational effects on the outcome of mental health treatments. *Psychotherapy Research*, 28, 76–90.

Fang, L., Tarshis, S., McInroy, L. and Mishna, F. (2018) Undergraduate student experiences with text-based online counselling. *British Journal of Social Work*, 48, 1774–1790.

Farber, B. A. (2006) *Self-Disclosure in Psychotherapy*. New York: Guilford Press.

Farber, B. A. (2007) On the enduring and substantial influence of Carl Rogers' not-quite necessary nor sufficient conditions. *Psychotherapy: Theory, Research, Practice, Training*, 44, 289–294.

Farber, B. A., Blanchard, M. and Love, M. (2018) *Secrets and Lies in Psychotherapy*. Washington, DC: American Psychological Association.

Farber, B. A., Brink, D. C. and Raskin, P. M. (eds.) (1996) *The Psychotherapy of Carl Rogers: Cases and Commentary*. New York: Guilford Press.

Farber, B. A. and Geller, J. D. (1994) Gender and representation in psychotherapy. *Psychotherapy*, 31, 318–326.

Farber, B. A. and Hazanov, V. (2014) Informal sources of supervision in clinical training. *Journal of Clinical Psychology*, 70, 1062–1072.

Farber, B. A. and Heifetz, L. J. (1982) The process and dimensions of burnout in psychotherapists. *Professional Psychology*, 13, 293–301.

Farber, B. A., Manevich, I., Metzger, J. and Saypol, E. (2005) Choosing psychotherapy as a career: why did we cross that road? *Journal of Clinical Psychology*, 61, 1009–1031.

Farnsworth, J. K. and Callahan, J. L. (2013) A model for addressing client–clinician value conflict. *Training and Education in Professional Psychology*, 7, 205–218.

Farooq, S., Gahir, M. S., Okyere, E., Sheikh, A. J. and Oyebode, F. (1995) Somatization: a transcultural study. *Journal of Psychosomatic Research*, 39, 883–888.

Farrell, J. M., Reiss, N. and Shaw, I. A. (2014) *The Schema Therapy Clinician's Guide: A Complete Resource for Building and Delivering Individual, Group and Integrated Schema Mode Treatment Programs*. Chichester: Wiley.

Farrell, N. R. and Deacon, B. J. (2016) The relative importance of relational and scientific characteristics of psychotherapy: Perceptions of community members vs. therapists. *Journal of Behavior Therapy and Experimental Psychiatry*, 50, 171–177.

Farrell, J. M. and Shaw, I. A. (2018) *Experiencing Schema Therapy from the Inside Out: A Self-Practice/Self-Reflection Workbook for Therapists*. New York: Guilford Press.

Farsimadan, F., Draghi-Lorenz, R. and Ellis, J. (2007) Process and outcome of therapy in ethnically similar and dissimilar therapeutic dyads. *Psychotherapy Research*, 17, 567–575.

Farsimadan, F., Khan, A. and Draghi-Lorenz, R. (2011) On ethnic matching: a review of the research and considerations for practice, training and policy. In C. Lago (ed.) *Handbook of Transcultural Counselling and Psychotherapy*. Maidenhead: Open University Press.

Fater, K. and Mullaney, J. A. (2000) The lived experience of adult male survivors who allege childhood sexual abuse by clergy. *Issues in Mental Health Nursing*, 21, 281–295.

Faust, D. and Zlotnick, C. (1995) Another dodo bird verdict? Revisiting the comparative effectiveness of professional and paraprofessional therapists. *Clinical Psychology and Psychotherapy*, 2, 157–167.

Fawcett, M. L. and Evans, K. M. (2013) *Experiential Approach for Developing Multicultural Counseling Competence*. Thousand Oaks, CA: Sage.

Feinstein, R. E., Huhn, R. and Yager, J. (2015) Apprenticeship model of psychotherapy training and supervision: utilizing six tools of experiential learning. *Academic Psychiatry*, 39, 585–589.

Feinstein, R. E. and Yager, J. (2013) Advanced psychotherapy training: psychotherapy scholars' track, and the apprenticeship model. *Academic Psychiatry*, 37, 248–253.

Feldman, L. B. and Feldman, S. L. (1997) Integrating psychotherapy and pharmacotherapy in the treatment of depression. *In Session: Psychotherapy in Practice*, 3, 23–38.

Feltham, C. and Dryden, W. (2006) *Brief Counselling: A Practical Guide for Beginning Practitioners*. Maidenhead: Open University Press.

Fennell, M. (1999) *Overcoming Low Self-Esteem: A Self-Help Guide Using Cognitive–Behavioural Techniques*. London: Constable & Robinson.

Fennell, M. (2016) *Overcoming Low Self-Esteem: A Self-Help Guide Using Cognitive–Behavioural Techniques*. London: Robinson.

Fenner, P. (2011) Place, matter and meaning: extending the relationship in psychological therapies. *Health and Place*, 17, 851–857.

Fenner, P. (2012) What do we see? Extending understanding of visual experience in the art therapy encounter. *Art Therapy*, 29, 11–18.

Fernandez, E., Salem, D., Swift, J. K. and Ramtahal, N. (2015) Meta-analysis of dropout from cognitive behavioral therapy: magnitude, timing, and moderators. *Journal of Consulting and Clinical Psychology*, 83, 1108–1122.

Fernández-Álvarez, H. (2001) *Fundamentals of an Integrated Model of Psychotherapy*. New York: Guilford Press.

Fernández-Álvarez, H. (2015) Bridging the gap between research and practice in a clinical and training network: Aigle's program. *Psychotherapy Research*, 25 (1), 84–94.

Fernández-Álvarez, H., Consoli, A. J. and Gómez, B. (2016) Integration in psychotherapy: reasons and challenges. *American Psychologist*, 71, 820–828.

Fernández-Álvarez, H., García, F., Lo Bianco, J. and Corbella Santomá, S. (2003) Assessment questionnaire on the personal style of the therapist PST-Q. *Clinical Psychology and Psychotherapy*, 10, 116–125.

Fernando, S. (2017) *Race Matters in Mental Health: Institutional Racism in Psychiatry and Clinical Psychology*. London: Palgrave Macmillan.

Ferrara, A. (2010) Reflexive pluralism. *Philosophy and Social Criticism*, 36, 353–364.

Ferri, M., Amato, L. and Davoli, M. (2006) Alcoholics Anonymous and other 12-step programmes for alcohol dependence. *Cochrane Database of Systematic Reviews*, 3, CD005032 [https://doi.org/10.1002/14651858.CD005032.pub2].

Fiaschini, F. (2017) The memory of the tree': a new theatrical model of genogram. *Dramatherapy*, 38, 94–105.

Fiedler, F. E. (1950) A comparison of psychoanalytic, nondirective and Adlerian therapeutic relationships. *Journal of Consulting Psychology*, 14, 436–445.

Findlay, R. (2012) Talking about sex: narrative approaches to discussing sex life in therapy. *International Journal of Narrative Therapy and Community Work*, 2, 11–33.

Fine, A. (ed.) (2010) *Handbook on Animal-Assisted Therapy: Theoretical Foundations and Guidelines for Practice*, 3rd edn. New York: Academic Press.

Finlay, L. (2008) A dance between the reduction and reflexivity: explicating the 'phenomenological psychological attitude'. *Journal of Phenomenological Psychology*, 39, 1–32.

Finlay, L. (2013) Unfolding the phenomenological research process: iterative stages of 'seeing afresh'. *Journal of Humanistic Psychology*, 53, 172–201.

Finlay, L. (2014) Engaging phenomenological analysis. *Qualitative Research in Psychology*, 11, 121–141.

Finn, S. E., Fischer, C. T. and Handler, L. (eds.) (2012) *Collaborative/Therapeutic Assessment: A Casebook and Guide*. New York: Wiley.

Finn, S. E. and Tonsager, M. E. (1997) Information gathering and therapeutic models of assessment: complementary paradigms. *Psychological Assessment*, 9, 374–385.

Firth, N., Barkham, M. and Kellett, S. (2015) The clinical effectiveness of stepped care systems for depression in working age adults: a systematic review. *Journal of Affective Disorders*, 170, 119–130.

Fischer, C. T. (2000) Collaborative, individualized assessment. *Journal of Personality Assessment*, 74, 2–14.

Fisher, P. L. (2012) Metacognitive therapy. In W. Dryden (ed.) *Cognitive Behaviour Therapies*. London: Sage.

Fishman, D. B. (1999) *The Case for a Pragmatic Psychology*. New York: New York University Press.

Fishman, D. B., Messer, S. B., Edwards, D. A. J. and Dattilio, F. M. (eds.) (2017) *Case Studies Within Psychotherapy Trials: Integrating Qualitative and Quantitative Methods*. New York: Oxford University Press.

Fitzpatrick, M. R. (2012) Blurring practice–research boundaries using progress monitoring: a personal introduction to this issue of *Canadian Psychology*. *Canadian Psychology*, 53, 75–81.

Fitzpatrick, M. R., Kovalak, A. L. and Weaver, A. (2010) How trainees develop an initial theory of practice: a

process model of tentative identifications. *Counselling and Psychotherapy Research*, 10, 93–102.

Fitzpatrick, M. R. and Stalikas, A. (2008) Positive emotions as generators of therapeutic change. *Journal of Psychotherapy Integration*, 18, 137–154.

Fleet, D., Burton, A., Reeves, A. and DasGupta, M. P. (2016) A case for taking the dual role of counsellor-researcher in qualitative research. *Qualitative Research in Psychology*, 13, 328–346.

Flor-Henry, P., Shapiro, Y. and Sombrun, C. (2017) Brain changes during a shamanic trance: altered modes of consciousness, hemispheric laterality, and systemic psychobiology. *Cogent Psychology*, 4 (1) [https://doi.org/10.1080/23311908.2017.1313522].

Flückiger, C. (2010) *Resource Activation: Using Clients' Own Strengths in Psychotherapy and Counseling*. Cambridge, MA: Hogrefe.

Flückiger, C., Del Re, A. C., Wampold, B. E. and Horvath, A. O. (2018) The alliance in adult psychotherapy: a meta-analytic synthesis. *Psychotherapy*, 55, 316–340.

Flückiger, C. and Holtforth, M. G. (2008) Focusing the therapist's attention on the patient's strengths: a preliminary study to foster a mechanism of change in outpatient psychotherapy. *Journal of Clinical Psychology*, 64, 876–890.

Flyvbjerg, B. (2001) *Making Social Science Matter: Why Social Inquiry Fails and How It Can Succeed Again*. New York: Cambridge University Press.

Fodor, I. (2001) Making meaning of therapy: a personal narrative of change over 4

decades. In M. R. Goldfried (ed.) *How Therapists Change: Personal and Professional Reflections*. Washington, DC: American Psychological Association.

Fodor, I. (2010) On being and not being Jewish: from pink diapers to social activist/feminist. *Women and Therapy*, 33, 382–397.

Fodor, I. (2015) A female therapist's perspective on growing older. *Journal of Clinical Psychology*, 71, 1115–1120.

Folkes-Skinner, J., Elliott, R. and Wheeler, S. (2010) 'A baptism of fire': a qualitative investigation of a trainee counsellor's experience at the start of training. *Counselling and Psychotherapy Research*, 10, 83–92.

Fonagy, P. (1999) Psychoanalytic theory from the viewpoint of attachment theory and research. In J. Cassidy and P. R. Shaver (eds.) *Handbook of Attachment: Theory, Research, and Clinical Applications*. New York: Guilford Press.

Fonagy, P. and Bateman, A. W. (2006) Mechanisms of change in mentalization-based treatment of BPD. *Journal of Clinical Psychology*, 62, 411–430.

Fonagy, P., Gergely, G., Jurist, E. and Target, M. (2002) *Affect Regulation, Mentalization and the Development of the Self*. New York: Other Press.

Fonagy, P. and Target, M. (2006) The mentalization-focused approach to self pathology. *Journal of Personality Disorders*, 20, 544–576.

Ford, M. P. and Hendrick, S. S. (2003) Therapists' sexual values for self and clients: implications for practice and training. *Professional Psychology: Research and Practice*, 34, 80–87.

Fosha, D. (2000) *The Transforming Power of Affect: A Model of Accelerated Change*. New York: Basic Books.

Foss-Kelly, L. L., Generali, M. M. and Kress, V. E. (2017) Counseling strategies for empowering people living in poverty: the I-CARE model. *Journal of Multicultural Counseling and Development*, 45, 201–213.

Foucault, M. (1967) *Madness and Civilization: A History of Insanity in the Age of Reason*. London: Tavistock.

Foucault, M. (1988) Technologies of the self. In L. H. Martin (ed.) *Technologies of the Self: A Seminar with Michel Foucault*. London: Tavistock.

Fox, J. (1997) *Poetic Medicine: The Healing Art of Poem-Making*. New York: Tarcher Putnam.

Fox, L. E. (2016) The use of humor in family therapy: rationale and applications. *Journal of Family Psychotherapy*, 27, 67–78.

Fox, R. (2014) Are those germs in your pocket, or am I just crazy to see you? An autoethnographic consideration of obsessive-compulsive disorder. *Qualitative Inquiry*, 20, 966–975.

Fragkiadaki, E. and Strauss, S. M. (2012) Termination of psychotherapy: the journey of 10 psychoanalytic and psychodynamic therapists. *Psychology and Psychotherapy: Theory, Research and Practice*, 85, 335–350.

France, A. (1988) *Consuming Psychotherapy*. New York: Free Association Books.

Frances, A. (2013) *Saving Normal: An Insider's Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the*

Medicalization of Ordinary Life. New York: William Morrow.

Francesetti, G., Gecele, M. and Roubal, J. (eds.) (2013) *Gestalt Therapy in Clinical Practice: From Psychopathology to the Aesthetics of Contact*. Milan: FrancoAngeli.

Frank, J. D. (1974) Psychotherapy: the restoration of morale. *American Journal of Psychiatry*, 131, 271–274.

Frank, J. D. and Frank, J. (1993) *Persuasion and Healing: A Comparative Study of Psychotherapy*, 3rd edn. Baltimore, MD: Johns Hopkins University Press.

Frank, R. (2000) Reaching and being reached. *Gestalt Review*, 4, 301–318.

Frank, R. and La Barre, F. (2011) *The First Year and the Rest of Your Life: Movement, Development, and Psychotherapeutic Change*. New York: Routledge.

Frankel, S. and Mitchell, C. (2012) Psychotherapy and the law: two practical perspectives. *Psychotherapy Networker*, 36.4.

Frankel, Z. E., Holland, J. M. and Currier, J. M. (2012) Encounters with boundary challenges: a preliminary model of experienced psychotherapists' working strategies. *Journal of Contemporary Psychotherapy*, 42, 101–112.

Fransella, F. (ed.) (2005) *The Essential Practitioner's Handbook of Personal Construct Psychotherapy*. Chichester: Wiley-Blackwell.

Fransella, F., Dalton, P. and Weselby, G. (2007) Personal construct therapy. In W. Dryden (ed.) *Handbook of Individual Therapy*, 5th edn. London: Sage.

Franx, G., Oud, M., De Lange, J., Wensing, M. and Grol, R. (2012)
Implementing a stepped-care approach in primary care: results of a qualitative study. *Implementation Science*, 7 (1), 8 [https://doi.org/10.1186/1748-5908-7-8].

Fraser, L. (2009) Depth psychotherapy with transgender people. *Sexual and Relationship Therapy*, 24, 126–142.

Frayn, D. H. (1992) Assessment factors associated with premature psychotherapy termination. *American Journal of Psychotherapy*, 46 (2), 25–61.

Frazier, R. E. and Hansen, N. D. (2009) Religious/spiritual psychotherapy behaviors: do we do what we believe to be important? *Professional Psychology: Research and Practice*, 40, 81–87.

Frederick, R. J. (2009) *Living Like You Mean It: Use the Wisdom and Power of Your Emotions to Get the Life You Really Want*. San Francisco, CA: Jossey-Bass.

Frediani, G. and Rober, P. (2016) What novice family therapists experience during a session: a qualitative study. *Journal of Marital and Family Therapy*, 42, 481–494.

Fredrickson, B. L. (2001) The role of positive emotions in positive psychology: the broaden-and-build theory of positive emotions. *American Psychologist*, 56, 218–226.

Free, M. L. (2007) *Cognitive Therapy in Groups: Guidelines and Resources for Practice*, 2nd edn. New York: Wiley.

Freedman, J. and Combs, G. (1996) *Narrative Therapy: The Social Construction of Preferred Identities*. New York: Norton.

Freire, E. S., Koller, S. H., Piason, A., da Silva, R. B. and Giacomelli, D. (2005) Person-centred therapy with
child and adolescent victims of poverty and social exclusion in Brazil. In G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds.) *Politicizing the Person-Centred Approach: An Agenda for Social Change*. Ross-on-Wye: PCCS Books.

Freire, P. (1970) *Pedagogy of the Oppressed*. New York: Continuum.

Freud, A. (1936/1966) *The Ego and the Mechanisms of Defense*, revised edn. New York: International Universities Press.

Freud, S. (1900/1997) *The Interpretation of Dreams*. Ware: Wordsworth Editions.

Freud, S. (1901/1979) The case of Dora. *Pelican Freud Library Volume 8: Case Histories I*. Harmondsworth: Penguin.

Freud, S. (1905/1977) Three essays on the theory of sexuality. *Pelican Freud Library Volume 7: On Sexuality*. Harmondsworth: Penguin.

Freud, S. (1909/1979) Notes upon a case of obsessional neurosis (the 'Rat Man'). *Pelican Freud Library Volume 9: Case Histories II*. Harmondsworth: Penguin.

Freud, S. (1910/1963) *Five Lectures on Psycho-Analysis*. Harmondsworth: Penguin.

Freud, S. (1910/1979) Psychoanalytic notes on an autobiographical account of a case of paranoia (Dementia Paranoides) (Schreber). *Pelican Freud Library Volume 9: Case Histories II*. Harmondsworth: Penguin.

Freud, S. (1917/1973) *Introductory Lecture on Psychoanalysis*. Harmondsworth: Penguin.

Freud, S. (1924/1977) The dissolution of the Oedipus complex. *Pelican Freud Library Volume 7: On Sexuality*. Harmondsworth: Penguin.

Freud, S. (1933/1973) *New Introductory Lectures on Psycho-Analysis*. Harmondsworth: Penguin.

Freud, S. (1976) *The Complete Psychological Works of Sigmund Freud (The Standard Edition) (Volumes 1–24)*. New York: Norton.

Frey, L. L. (2013) Relational-cultural therapy: theory, research, and application to counseling competencies. *Professional Psychology: Research and Practice*, 44, 177–185.

Friedberg, R. D. and Wilt, L. H. (2010) Metaphors and stories in cognitive behavioral therapy with children. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 28, 100–113.

Friedlander, M. L., Austin, C. L. and Cabrera, P. (2014) When psychotherapy is indefinite and there is no final outcome: case study of a community mental health clinic. *Psychotherapy*, 51, 580–594.

Friedlander, M. L., Lee, H. H. and Bernardi, S. (2013) Corrective experiences in everyday life: a qualitative investigation of transformative change. *The Counseling Psychologist*, 41, 453–479.

Friedlander, M. L., Sutherland, O., Sandler, S., Kortz, L., Bernardi, S., Lee, H. H. et al. (2012) Exploring corrective experiences in a successful case of short-term dynamic psychotherapy. *Psychotherapy*, 49, 349–363.

Friedman, D. and Kaslow, N. J. (1986) The development of professional identity in psychotherapists: six stages in the supervision process. In F. W. Kaslow (ed.) *Supervision and Training: Models, Dilemmas and Challenges*. New York: Haworth Press.

Friedman, H. L. and Hartelius, G (eds.) (2013) *The Wiley-Blackwell Handbook of Transpersonal Psychology*. Chichester: Wiley.

Friedman, L. (2013) *The Lives of Erich Fromm: Love's Prophet*. New York: Columbia University Press.

Friedman, S. (ed.) (1995) *The Reflecting Team in Action: Collaborative Practice in Family Therapy*. New York: Guilford Press.

Fryer, D. and Fagan, R. (2003) Toward a critical community psychological perspective on unemployment and mental health research. *American Journal of Community Psychology*, 32, 89–96.

Fuhriman, A., Barlow, S. H. and Wanlass, J. (1989) Words, imagination, meaning: towards change. *Psychotherapy*, 26, 149–156.

Fulero, S. M. (1988) Tarasoff: 10 years later. *Professional Psychology: Research and Practice*, 19, 184–190.

Furedi, F. (2004) *Therapy Culture: Cultivating Vulnerability in an Uncertain Age*. London: Routledge.

Gabbard, G. (ed.) (1989) *Sexual Exploitation in Professional Relationships*. Washington, DC: American Psychiatric Press.

Gabriel, L. (2005) *Speaking the Unspeakable: The Ethics of Dual Relationships in Counselling and Psychotherapy*. London: Routledge.

Gabriel, L. and Casemore, R. (eds.) (2009) *Relational Ethics in Practice: Narratives from Counselling and Psychotherapy*. London: Routledge.

Galasiński, D. (2008) Constructions of the self in interaction with the Beck Depression Inventory. *Health*, 12, 515–533.

Galassi, J. P., Crace, R. K., Martin, G. A., James, R. M. and Wallace, R. L. (1992) Client preferences and anticipations in career counseling: a preliminary investigation. *Journal of Counseling Psychology*, 39, 46–55.

Gale, C. and Schröder, T. (2014) Experiences of self-practice/self-reflection in cognitive behavioural therapy: a meta-synthesis of qualitative studies. *Psychology and Psychotherapy: Theory, Research and Practice*, 87, 373–392.

Gale, C., Schröder, T. and Gilbert, P. (2017) 'Do you practice what you preach?' A qualitative exploration of therapists' personal practice of compassion focused therapy. *Clinical Psychology and Psychotherapy*, 24, 171–185.

Galloway, J. (1989) *The Trick is to Keep Breathing*. London: Polygon.

Garfield, S. (1986) Research on client variables in psychotherapy. In S. L. Garfield and A. E. Bergin (eds.) *Handbook of Psychotherapy and Behavior Change*, 3rd edn. London: Wiley.

Garfield, S. and Bergin, A. E. (1971) Personal therapy, outcome and some therapist variables. *Psychotherapy*, 8, 251–253.

Garfield, S. and Kurtz, R. (1974) A survey of clinical psychologists: characteristics, activities and orientations. *The Clinical Psychologist*, 28, 7–10.

Garfield, S. F., Smith, F. J. and Francis, S. (2003) The paradoxical role of antidepressant medication – returning to normal functioning while losing the sense of being normal. *Journal of Mental Health*, 12, 521–535.

Garnets, L., Hancock, K. A., Cochran, S. D., Goodchilds, J. and Peplau, L. A. (1991) Issues in psychotherapy

with lesbians and gay men. *American Psychologist*, 46, 964–972.

Garrett, M. T., Torres-Rivera, E., Brubaker, M., Portman, T. A. A., Brotherton, D., West-Olatunji, C. et al. (2011) Crying for a vision: the Native American sweat lodge ceremony as therapeutic intervention. *Journal of Counseling and Development*, 89, 318–325.

Garrity, M. K. (2011) Counselling sexual-violence survivors: the evolution of female counsellors' critical political consciousness and the effects on their intimate relationships. *Canadian Journal of Counselling and Psychotherapy*, 45 (1), 68–86.

Gask, L. (2015) *The Other Side of Silence: A Psychiatrist's Memoir of Depression*. Chichester: Vie Books.

Gass, M. A., Gillis, H. L., and Russell, K. C. (eds.) (2012) *Adventure Therapy: Theory, Research, and Practice*. New York: Routledge.

Gatfield, A. (2017) Augmenting Bowen family of origin work: using the genogram and therapeutic art-based activity. *Australian and New Zealand Journal of Family Therapy*, 38, 272–282.

Gauntlett, D. (2018) *Making is Connecting: The Social Power of Creativity, from Craft and Knitting to Digital Everything*, 2nd edn. Bristol: Polity Press.

Gay, P. (1988) *Freud: A Life for Our Times*. London: Dent.

Gayol, G. N. (2016) Changing transgenerational scripts. In R. G. Erskine (ed.) *Transactional Analysis in Contemporary Psychotherapy*. London: Karnac.

Geertz, C. (1973) *The Interpretation of Cultures*. New York: Basic Books.

Geertz, C. (1983) *Local Knowledge: Further Essays in Interpretive Anthropology*. New York: Basic Books.

Gega, L., Marks, I. and Metaiz-Cols, D. (2004) Computer-aided CBT for anxiety and depressive disorders: experience of a London clinic and future directions. *Journal of Clinical Psychology*, 60, 147–157.

Gehart, D. R. and Lyle, R. R. (2001) Client experience of gender in therapeutic relationships: an interpretive ethnography. *Family Process*, 40, 443–458.

Geller, J. D. (2011) The psychotherapy of psychotherapists. *Journal of Clinical Psychology*, 67, 759–765.

Geller, J. D. (2014) Adult development and the transformative powers of psychotherapy. *Journal of Clinical Psychology*, 70, 768–779.

Geller, J. D. (2018) Introduction: the transformative powers of aesthetic experiences in psychotherapy. *Journal of Clinical Psychology*, 74, 200–207.

Geller, J. D. and Farber, B. A. (1993) Factors influencing the process of internalization in psychotherapy. *Journal of Psychotherapy Research*, 3, 166–181.

Geller, J. D. and Farber, B. A. (2015) Attachment style, representations of psychotherapy, and clinical interventions with insecurely attached clients. *Journal of Clinical Psychology*, 71, 457–468.

Geller, S. M. and Greenberg, L. S. (2012) *Therapeutic Presence: A Mindful Approach to Effective Therapy*. Washington, DC: American Psychological Association.

Geller, J. D., Norcross, J. C. and Orlinsky, D. E. (eds.) (2005) *The Psychotherapist's Own Psychotherapy: Patient and Clinician Perspectives*. New York: Oxford University Press.

Geller, S. M. and Porges, S. W. (2014) Therapeutic presence: neurophysiological mechanisms mediating feeling safe in therapeutic relationships. *Journal of Psychotherapy Integration*, 24, 178–192.

Gelso, C. J. (2002) Real relationship: the 'something more' of psychotherapy. *Journal of Contemporary Psychotherapy*, 32, 35–40.

Gelso, C. J. (2009) The real relationship in a postmodern world: theoretical and empirical explorations. *Psychotherapy Research*, 19, 253–264.

Gelso, C. J., Kelley, F. A., Fuertes, J. N., Marmarosh, C., Holmes, S. E., Costa, C. et al. (2005) Measuring the real relationship in psychotherapy: initial validation of the therapist form. *Journal of Counseling Psychology*, 52, 640–655.

Gelso, C. J., Palma, B. and Bhatia, A. (2013) Attachment theory as a guide to understanding and working with transference and the real relationship in psychotherapy. *Journal of Clinical Psychology*, 69, 1160–1171.

Gelso, C. J., Pérez Rojas, A. E. and Marmarosh, C. (2014) Love and sexuality in the therapeutic relationship. *Journal of Clinical Psychology*, 70, 123–134.

Gendlin, E. T. (1962) *Experiencing and the Creation of Meaning*. New York: Free Press.

Gendlin, E. T. (1967) Subverbal communication and therapist expressivity: trends in client-centered therapy with schizophrenics. In C. Rogers and B. Stevens (eds.) *Person to Person: The Problem of Being Human*. San Francisco, CA: Real People Press.

Gendlin, E. T. (1969) Focusing. *Psychotherapy*, 6, 4–15.

Gendlin, E. T. (1974) Client-centered and experiential psychotherapy. In D. A. Wexler and L. N. Rice (eds.) *Innovations in Client-Centered Therapy*. New York: Wiley.

Gendlin, E. T. (1981) *Focusing*, revised edn. New York: Bantam.

Gendlin, E. T. (1984a) The client's client: the edge of awareness. In R. F. Levant and J. M. Shlien (eds.) *Client-Centered Therapy and the Person-Centered Approach: New Directions in Theory, Research and Practice*. New York: Praeger.

Gendlin, E. T. (1984b) Imagery, body and space in focusing. In A. A. Sheikh (ed.) *Imagination and Healing*. New York: Baywood.

Gendlin, E. T. (1996) *Focusing-oriented Psychotherapy: A Manual of the Experiential Method*. New York: Guilford Press.

Gentelet, B. and Widdowson, M. (2016) Paradoxical alliances in transactional analysis psychotherapy for anxiety: a systematic adjudicated case study. *Transactional Analysis Journal*, 46, 182–195.

Gergen, K. J. (1985) The social constructionist movement in modern psychology. *American Psychologist*, 40, 266–275.

Gergen, K. J. (1990) Therapeutic professions and the diffusion of deficit. *Journal of Mind and Behavior*, 11, 353–368.

Gergen, K. J. (1991) *The Saturated Self: Dilemmas of Identity in Modern Life*. New York: Basic Books.

Gergen, K. J. (1994) *Toward Transformation in Social Knowledge*, 2nd edn. London: Sage.

Gergen, K. J. (1996) Beyond life narratives in the therapeutic encounter. In J. E. Birren, G. M. Kenyon, J.-K. Ruth, J. F. Schroots and T. Svensson (eds.) *Aging and Biography: Explorations in Adult Development*. New York: Springer.

Gergen, K. J. (1999) *An Invitation to Social Construction*. London: Sage.

Gergen, K. J. (2000) The coming of creative confluence in therapeutic practice. *Psychotherapy*, 37, 364–369.

Gergen, K. J. and Kaye, J. (1992) Beyond narrative in the construction of therapeutic meaning. In S. McNamee and K. Gergen (eds.) *Therapy as Social Construction*. London: Sage.

Geronimus, A. T. (2001) Understanding and eliminating racial inequalities in women's health in the United States: the role of the weathering conceptual framework. *Journal of the American Medical Women's Association*, 56, 133–137.

Gianakis, M. and Carey, T. A. (2011) An interview study investigating experiences of psychological change without psychotherapy. *Psychology and Psychotherapy: Theory, Research and Practice*, 84, 442–457.

Gibson, K. and Cartwright, C. (2013) Agency in young clients' narratives of counseling: 'it's whatever you want to make of it'. *Journal of Counseling Psychology*, 60, 340–352.

Gibson, K. and Cartwright, C. (2014a) Young clients' narratives of the purpose and outcome of counselling. *British Journal of Guidance and Counselling*, 42, 511–524.

Gibson, K. and Cartwright, C. (2014b) Young people's experiences of mobile phone text counselling: balancing connection and control. *Children and Youth Services Review*, 43, 96–104.

Giddens, A. (1991) *Modernity and Self-Identity: Self and Society in the Late Modern Age*. Cambridge: Polity Press.

Gilbert, E., Marwaha, S., Milton, A., Johnson, S., Morant, N., Parsons, N. et al. (2013) Social firms as a means of vocational recovery for people with mental illness: a UK survey. *BMC Health Services Research*, 13, 270–283.

Gilbert, M. and Orlans, V. (2010) *Integrative Therapy: 100 Key Points and Techniques*. London: Routledge.

Gilbert, P. (2000) *Overcoming Depression: A Self-Help Guide Using Cognitive-Behavioural Techniques*, 2nd edn. London: Constable & Robinson.

Gilbert, P. (2010a) An introduction to compassion focused therapy in cognitive behavior therapy. *International Journal of Cognitive Therapy*, 3, 97–112.

Gilbert, P. (2010b) *Compassion Focused Therapy: Distinctive Features*. London: Routledge.

Gilbert, P. (2012) Compassion-focused therapy. In W. Dryden (ed.) *Cognitive Behaviour Therapies*. London: Sage.

Gilbert, P. and Leahy, R. L. (eds.) (2007) *The Therapeutic Relationship in the Cognitive-Behavioural Psychotherapies*. London: Routledge.

Gilbert, P., McEwan, K., Bellew, R., Mills, A. and Gale, C. (2009) The dark side of competition: how competitive behaviour and striving to avoid inferiority are linked to depression, anxiety, stress and self-harm. *Psychology and Psychotherapy: Theory, Research and Practice*, 82, 123–136.

Gill, M. M. (1994) *Psychoanalysis in Transition*. Hillsdale, NJ: Analytic Press.

Gillard, S., Gibson, S. L., Holley, J. and Lucock, M.

(2015) Developing a change model for peer worker interventions in mental health services: a qualitative research study. *Epidemiology and Psychiatric Sciences*, 24, 435–445.

Gilligan, C. (1982) *In a Different Voice*. Cambridge, MA: Harvard University Press.

Ginger, S. (2007) *Gestalt Therapy: The Art of Contact*. London: Karnac.

Gingerich, W. J. and Eisengart, S. (2000) Solution-focused brief therapy: a review of the outcome research. *Family Process*, 39, 477–498.

Gingerich, W. J. and Peterson, L. T. (2013) Effectiveness of solution-focused brief therapy: a systematic qualitative review of controlled outcome studies. *Research on Social Work Practice*, 23, 266–283.

Gitlin, M. J. (2007) *The Psychotherapist's Guide to Psychopharmacology*. New York: Free Press.

Gladding, S. T. (2011) *The Creative Arts in Counseling*, 4th edn. Alexandria, VA: American Counseling Association.

Gladding, S. T. and Wallace, M. (2016) Promoting beneficial humor in counseling: a way of helping counselors help clients. *Journal of Creativity in Mental Health*, 11, 2–11.

Glass, L. L. (2003) The gray areas of boundary crossings and violations. *American Journal of Psychotherapy*, 57, 429–444.

Glasser, W. (2000) *Counseling with Choice Theory: The New Reality Therapy*. New York: HarperCollins.

Glickauf-Hughes, C. and Mehlman, E. (1995) Narcissistic issues in therapists: diagnostic and treatment considerations. *Psychotherapy*, 32, 213–221.

Goertzen, J. R. and Smythe, W. E. (2010) Theorising pluralism:

an introduction. *New Ideas in Psychology*, 28, 193–200.

Goffman, E. (1955) On face-work: an analysis of ritual elements in social interaction. *Psychiatry*, 18, 213–231.

Goffman, E. (1956) *The Presentation of Self in Everyday Life*. Edinburgh: University of Edinburgh.

Gold, E. and Zahm, S. (2008) The need for gestalt therapy research. In P. Brownell (ed.) *Handbook for Theory, Research and Practice in Gestalt Therapy*. Newcastle: Cambridge Scholars Publishing.

Goldberg, C. and Simon, J. (1982) Toward a psychology of courage: implications for the change (healing) process. *Journal of Contemporary Psychotherapy*, 13, 107–128.

Goldberg, D. and Huxley, P. (1992) *Common Mental Disorders: A Bio-Social Model*. London: Tavistock.

Goldberg, D. P., Hobson, R. F., Maguire, G. P., Margison, F. R., O'Dowd, T., Osborn, M. S. et al. (1984) The classification and assessment of a method of psychotherapy. *British Journal of Psychiatry*, 144, 567–575.

Goldberg, S. B., Babins-Wagner, R., Rousmaniere, T., Berzins, S., Hoyt, W. T., Whipple, J. L. et al. (2016) Creating a climate for therapist improvement: a case study of an agency focused on outcomes and deliberate practice. *Psychotherapy*, 53, 367–375.

Goldberg, S. B. and Sachter, L. D. (2018) The zentensive: a psychodynamically oriented meditation retreat for psychotherapists. *Practice Innovations*, 3 (1), 18–31.

Goldfried, M. R. (1980) Toward the delineation of therapeutic change principles. *American Psychologist*, 35, 991–999.

Goldfried, M. R. (ed.) (2001) *How Therapists Change: Personal and Professional Reflections*. Washington, DC: American Psychological Association.

Goldfried, M. R. (2007) What has psychotherapy inherited from Carl Rogers? *Psychotherapy: Theory, Research, Practice, Training*, 44, 249–252.

Goldfried, M. R., Raue, P. J. and Castonguay, L. G. (1998) The therapeutic focus in significant sessions of master therapists: a comparison of cognitive–behavioural and psychodynamic-interpersonal interventions. *Journal of Consulting and Clinical Psychology*, 66, 803–810.

Goldman, R. N. and Greenberg, L. S. (2015) *Case Formulation in Emotion-Focused Therapy: Co-creating Clinical Maps for Change*. Washington, DC: American Psychological Association.

Goldman, R. N., Greenberg, L. S. and Angus, L. (2006) The effects of adding emotion-focused interventions to the client-centered relationship conditions in the treatment of depression. *Psychotherapy Research*, 16, 537–549.

Goldsmith, J. Z., Mosher, J. K., Stiles, W. B. and Greenberg, L. S. (2008) Speaking with the client's voices: how a person-centered therapist used reflections to facilitate assimilation. *Person-Centered and Experiential Psychotherapies*, 7, 155–172.

Goldstein, E. D. (2007) Sacred moments: implications on well-being and stress. *Journal of Clinical Psychology*, 63, 1001–1019.

Golkaramnay, V., Bauer, S., Haug, S., Wolf, M. and Kordy, H. (2007) The exploration of the effectiveness of group therapy through an

internet chat as aftercare a controlled naturalistic study. *Psychotherapy and Psychosomatics*, 76, 219–225.

Gómez, J. M., Lewis, J. K., Noll, L. K., Smidt, A. M. and Birrell, P. J. (2016) Shifting the focus: nonpathologizing approaches to healing from betrayal trauma through an emphasis on relational care. *Journal of Trauma and Dissociation*, 17, 165–185.

Gomez, L. (1997) *An Introduction to Object Relations*. London: Free Association Books.

Gompertz, W. (2015) *Think Like an Artist . . . and Lead a More Creative, Productive Life*. London: Penguin.

Gonçalves, M. M., Matos, M. and Santos, A. (2008) Narrative therapy and the nature of 'innovative moments' in the construction of change. *Journal of Constructivist Psychology*, 22, 1–23.

Gonçalves, M. M., Mendes, I., Cruz, G., Ribeiro, A. P., Sousa, I., Angus, L. et al. (2012) Innovative moments and change in client-centered therapy. *Psychotherapy Research*, 22, 389–401.

Gonçalves, M., Mendes, I., Ribeiro, A., Angus, L. and Greenberg, L. (2010) Innovative moments and change in emotion-focused therapy: the case of Lisa. *Journal of Constructivist Psychology*, 23, 267–294.

Gonçalves, M. M., Ribeiro, A. P., Mendes, I., Matos, M. and Santos, A. (2011) Tracking novelties in psychotherapy process research: the innovative moments coding system. *Psychotherapy Research*, 21, 497–509.

Gondek, D., Edbrooke-Childs, J., Fink, E., Deighton, J. and Wolpert, M. (2016) Feedback from outcome measures and treatment effectiveness, treatment efficiency, and collaborative practice: a systematic review. *Administration and Policy in Mental Health and Mental Health Services Research*, 43, 325–343.

Gonsiorek, J. C. (2004) Reflections from the conversion therapy battlefield. *The Counseling Psychologist*, 32, 750–759.

Gonyea, J. L., Wright, D. W. and Earl-Kulkosky, T. (2014) Navigating dual relationships in rural communities. *Journal of Marital and Family Therapy*, 40, 125–136.

González-Hidalgo, M. (2017) The politics of reflexivity: subjectivities, activism, environmental conflict and Gestalt therapy in southern Chiapas. *Emotion, Space and Society*, 25, 54–62.

Good, G. E. and Brooks, G. R. (eds.) (2005) *The New Handbook of Psychotherapy and Counseling with Men: A Comprehensive Guide to Settings, Problems, and Treatment Approaches*. New York: Wiley.

Goode, J., Park, J., Parkin, S., Tompkins, K. A. and Swift, J. K. (2017) A collaborative approach to psychotherapy termination. *Psychotherapy*, 54, 10–14.

Goodman, L. A., Glenn, C., Bohlig, A., Banyard, V. and Borges, A. (2009) Feminist relational advocacy: processes and outcomes from the perspective of low-income women with depression. *Counseling Psychologist*, 37, 848–876.

Goodman, L. A., Liang, B., Helms, J. E., Latta, R. E., Sparks, E. and Weintraub, S. R. (2004) Training counseling psychologists as social justice agents: feminist and multicultural principles in action. *The Counseling Psychologist*, 32, 793–836.

Goodman, L. A., Pugach, M., Skolnik, A. and Smith, L. (2013) Poverty and mental health practice: within and beyond the 50-minute hour. *Journal of Clinical Psychology*, 69, 182–190.

Goodman, L. A. and Smyth, K. F. (2011) A call for a social network-oriented approach to services for survivors of intimate partner violence. *Psychology of Violence*, 1, 79–92.

Goodman, L. A., Smyth, K. F. and Banyard, V. (2010) Beyond the 50-minute hour: increasing control, choice, and connections in the lives of low-income women. *American Journal of Orthopsychiatry*, 80, 3–15.

Goodman, L. A., Wilson, J. M., Helms, J. E., Greenstein, N. and Medzhitova, J. (2018) Becoming an advocate: processes and outcomes of a relationship-centered advocacy training model. *The Counseling Psychologist*, 46, 122–153.

Goodman, P. (1962) *Utopian Essays and Practical Proposals*. New York: Vintage Books.

Goodman, R. D. (2013) The transgenerational trauma and resilience genogram. *Counselling Psychology Quarterly*, 26, 386–405.

Goodman, R. D. and Gorski, P. C. (eds.) (2015) *Decolonizing 'Multicultural' Counseling through Social Justice*. New York: Springer.

Goodyear, R. K., Wampold, B. E., Tracey, J. G. and Lichtenberg, J. W. (2017) Psychotherapy expertise should mean superior outcomes and demonstrable improvement over time. *The Counseling Psychologist*, 45, 54–65.

Goren, E. R. (2017) A call for more talk and less abuse in

the consulting room: one psychoanalyst–sex therapist's perspective. *Psychoanalytic Psychology*, 34, 215–220.

Gorry, J., Roen, K. and Reilly, J. (2010) Selling your self? The psychological impact of street sex work and factors affecting support-seeking. *Health and Social Care in the Community*, 18, 492–499.

Gorski, P. C. and Goodman, R. D. (2015) Introduction: toward a decolonized multicultural counseling and psychology. In R. D. Goodman and P. C. Gorski (eds.) *Decolonizing 'Multicultural' Counseling through Social Justice*. New York: Springer.

Göstas, M. W., Wiberg, B., Neander, K. and Kjellin, L. (2013) 'Hard work' in a new context: clients' experiences of psychotherapy. *Qualitative Social Work*, 12, 340–357.

Goulding, R. and Goulding, M. (1979) *Changing Lives Through Redecision Therapy*. New York: Brunner-Mazel.

Graf, M. C., Gaudiano, B. A. and Geller, P. A. (2008) Written emotional disclosure: a controlled study of the benefits of expressive writing homework in outpatient psychotherapy. *Psychotherapy Research*, 18, 389–399.

Grafanaki, S. and McLeod, J. (1999) Narrative processes in the construction of helpful and hindering events in experiential psychotherapy. *Psychotherapy Research*, 9, 289–303.

Grafanaki, S. and McLeod, J. (2002) Experiential congruence: qualitative analysis of client and counsellor narrative accounts of significant events in time-limited person-centred therapy. *Counselling and Psychotherapy Research*, 2, 20–32.

Graham, S. R. and Liddle, B. J. (2009) Multiple relationships

encountered by lesbian and bisexual psychotherapists: how close is too close? *Professional Psychology: Research and Practice*, 40, 15–23.

Granato, H. F., Wilks, C. R., Miga, E. M., Korslund, K. E. and Linehan, M. M. (2015) The use of dialectical behavior therapy and prolonged exposure to treat comorbid dissociation and self-harm: the case of a client with borderline personality disorder and posttraumatic stress disorder. *Journal of Clinical Psychology*, 71, 805–815.

Grant, J. (2006) Training counselors to work with complex clients: enhancing emotional responsiveness through experiential methods. *Counselor Education and Supervision*, 45, 218–230.

Granvold, D. (ed.) (2004) *Cognitive and Behavioural Treatment Methods*. Belmont, CA: Brooks/Cole.

Gray, L. A., Ladany, N., Walker, J. A. and Ancis, J. R. (2001) Psychotherapy trainees' experience of counterproductive events in supervision. *Journal of Counseling Psychology*, 48, 371–383.

Greenberg, G. (2010) *Manufacturing Depression: The Secret History of a Modern Disease*. London: Bloomsbury.

Greenberg, G. (2013) *The Book of Woe: The DSM and the Unmaking of Psychiatry*. London: Scribe.

Greenberg, J. P., Vinjamuri, M., Williams-Gray, B. and Senreich, E. (2018) Shining the light on intersectionality: the complexities of similarity and difference in the therapeutic process from the perspectives of Black and Hispanic social workers. *Smith College Studies in Social Work*, 88, 59–81.

Greenberg, L. (2002) *Emotion-Focused Therapy: Coaching Clients to Work Through Feelings*. Washington, DC: American Psychological Association.

Greenberg, L. (2008) Quantitative research. In P. Brownell (ed.) *Handbook for Theory, Research and Practice in Gestalt Therapy*. Newcastle: Cambridge Scholars Publishing.

Greenberg, L. S. (2015) *Emotion-Focused Therapy: Coaching Clients to Work Through Feelings*, 2nd edn. Washington, DC: American Psychological Association.

Greenberg, L. S., Elliott, R. and Foerster, F. S. (1990) Experimental processes in the psychotherapeutic treatment of depression. In C. D. McCann and N. S. Endler (eds.) *Depression: New Directions in Theory, Research, and Practice*. Toronto, ONT: Wall & Emerson.

Greenberg, L. S. and Geller, S. (2001) Congruence and therapeutic presence. In G. Wyatt (ed.) *Rogers' Therapeutic Conditions: Evolution, Theory and Practice. Vol. 1: Congruence*. Ross-on-Wye: PCCS Books.

Greenberg, L. S. and Goldman, R. N. (2008) *Emotion-focused Couples Therapy: The Dynamics of Emotion, Love, and Power*. Washington, DC: American Psychological Association.

Greenberg, L. S. and Johnson, S. (1988) *Emotionally Focused Therapy for Couples*. New York: Guilford Press.

Greenberg, L. S. and Pinsof, W. M. (eds.) (1986) *The Psychotherapeutic Process: A Research Handbook*. New York: Guilford Press.

Greenberg, L. S., Rice, L. N. and Elliott, R. (1993) *Facilitating Emotional Change: The*

Moment-by-Moment Process. New York: Guilford Press.

Greenberg, L. S. and Watson, J. C. (2005) Emotion-Focused Therapy for Depression. Washington, DC: American Psychological Association.

Greenberg, L.S., Watson, J.C. and Lietaer, G. (eds) (1998) Handbook of Experiential Psychotherapy: Foundations and Differential Treatment. New York: Guilford Press.

Greenberg, R. P., Constantino, M. J. and Bruce, N. (2006) Are patient expectations still relevant for psychotherapy process and outcome? Clinical Psychology Review, 26, 657–678.

Greenberger, D. and Padesky, C. A. (2015) Mind Over Mood: Change How You Feel by Changing the Way You Think, 2nd edn. New York: Guilford Press.

Greene, G. (1988) Analysis of the effectiveness of transactional analysis for improving marital relationships: toward close encounters of the single kind. Transactional Analysis Journal, 18, 238–248.

Greener, M. (2017) Are culture-bound syndromes on the verge of extinction? Progress in Neurology and Psychiatry, 21, 30–32.

Green Lister, P. (2002) Retrieving and constructing memory: the use of creative writing by women survivors of child sexual abuse. In C. Horrocks, K. Milnes, B. Roberts and D. Robinson (eds.) Narrative Memory and Life Transitions. Huddersfield: University of Huddersfield Press.

Green Lister, P. (2003) Feminist dilemmas in data analysis: researching the use of creative writing by women survivors of sexual abuse. Qualitative Social Work, 2, 45–59.

Greenway, R. (1995) The wilderness effect and ecopsychology. In T. Roszak,

M. E. Gomes and A. D. Kanner (eds.) Ecopsychology: Restoring the Earth, Healing the Mind. San Francisco, CA: Sierra Club Books.

Greenwood, D. E., Gordon, C., Pavlou, C. and Bolton, J. V. (2016) Paradoxical and powerful: volunteers' experiences of befriending people with dementia. Dementia, 17, 821–839.

Grencavage, L. M. and Norcross, J. C. (1990) Where are the commonalities among the therapeutic common factors? Professional Psychology: Research and Practice, 21, 372–378.

Griffiths, S. (2008) The experience of creative activity as a treatment medium. Journal of Mental Health, 17, 49–63.

Grime, P. R. (2004) Computerized cognitive-behavioural therapy at work: a randomized controlled trial in employees with recent stress-related absenteeism. Occupational Medicine, 54, 353–359.

Grob, G. R. (2011) The attack on psychiatric legitimacy in the 1960s: rhetoric and reality. Journal of the History of the Behavioral Sciences, 47, 398–416.

Gross, B. and Elliott, R. (2017) Therapist momentary experiences of disconnection with clients. Person-Centered and Experiential Psychotherapies, 16, 351–366.

Grosse Holtforth, M. and Grawe, K. (2002) Bern Inventory of Treatment Goals: Part 1: Development and first application of a taxonomy of treatment goal themes. Psychotherapy Research, 12, 79–99.

Grossman, F. K., Sorsoli, L. and Kia-Keating, M. (2006) A gale force wind: meaning making by male survivors of childhood sexual abuse. American Journal of Orthopsychiatry, 76, 434–443.

Grosz, S. (2013) The Examined Life: How We Lose and Find Ourselves. London: Vintage.

Grunet, G. W. (1979) Telephone therapy: a review and case report. American Journal of Orthopsychiatry, 49, 574–584.

Gualano, M. R., Bert, F., Martorana, M., Voglino, G., Andriolo, V., Thomas, R. et al. (2017) The long-term effects of bibliotherapy in depression treatment: systematic review of randomized clinical trials. Clinical Psychology Review, 58, 49–58.

Guarnaccia, P. J. and Rogler, L. H. (1999) Research on culture-bound syndromes: new directions. American Journal of Psychiatry, 156, 3122–3127.

Guay, S., O'Connor, K. P., Gareau, D. and Todorov, C. (2005) A single belief as a maintaining factor in a case of obsessive-compulsive disorder. Journal of Cognitive Psychotherapy, 19, 360–378.

Gubi, P. (2008) Prayer in Counselling and Psychotherapy: Exploring a Hidden Meaningful Dimension. London: Jessica Kingsley.

Guerry, J. D. (2016) Another way through the two-way mirror: a review of psychotherapy.net. Cognitive and Behavioral Practice, 23, 256–261.

Guggenbuhl-Craig, A. (1971) Power in the Helping Professions. Dallas, TX: Spring Publications.

Guiffrida, D. A., Douthit, K. Z., Lynch, M. F. and Mackie, K. L. (2011) Publishing action research in counseling journals. Journal of Counseling and Development, 89, 282–287.

Gülüm, I. V., Soygüt, G. and Safran, J. D. (2018) A comparison of pre-dropout and temporary rupture sessions in psychotherapy. Psychotherapy Research, 28, 685–707.

Gummere, R. M. (1988) The counselor as prophet: Frank Parsons, 1854–1908. *Journal of Counseling and Development*, 66, 402–405.

Gurman, A. S., Lebow, J. L. and Snyder, D. K. (eds.) (2015) *Clinical Handbook of Couple Therapy*. New York: Guilford Press.

Gurpinar-Morgan, A., Murray, C. and Beck, A. (2014) Ethnicity and the therapeutic relationship: views of young people accessing cognitive behavioural therapy. *Mental Health, Religion and Culture*, 17, 714–725.

Gussak, D. E. and Rosal, M. L. (eds.) (2015) *The Wiley Handbook of Art Therapy*. New York: Wiley.

Gutheil, T. and Gabbard, G. (1993) The concept of boundaries in clinical practice: theoretical and risk-management dimensions. *American Journal of Psychiatry*, 150, 188–196.

Gutheil, T. and Gabbard, G. (1998) Misuses and misunderstandings of boundary theory in clinical and regulatory settings. *American Journal of Psychiatry*, 155, 409–414.

Guthrie, E. (1991) Brief psychotherapy in patients with refractory irritable bowel syndrome. *British Journal of Psychotherapy*, 8, 175–188.

Guthrie, E., Kapur, N. and Mackway-Jones, K. (2001) Randomised control trial of brief psychological intervention after deliberate self-poisoning. *British Medical Journal*, 323, 212–219.

Guthrie, E., Moorey, J., Barker, H., Margison, F. and McGrath, G. (1998) Brief psychodynamic-interpersonal therapy for patients with severe psychiatric illness which is unresponsive to treatment. *British Journal of Psychotherapy*, 15, 155–166.

Guthrie, E., Moorey, J. and Margison, F. (1999) Cost-effectiveness of brief psychodynamic-interpersonal therapy in high utilizers of psychiatric services. *Archives of General Psychiatry*, 56, 519–526.

Gutierrez, L. M. (1992) Empowering ethnic minorities in the twenty-first century: the role of human service organizations. In Y. Hasenfeld (ed.) *Human Services as Complex Organizations*. London: Sage.

Guttman, H. A. (1991) Systems theory, cybernetics, and epistemology. In A. S. Gurman and D. P. Kniskern (eds.) *Handbook of Family Therapy*. New York: Brunner/Mazel.

Gutwill, S., Gitter, A. and Rubin, L. (2010) The Women's Therapy Centre Institute: the personal is political. *Women and Therapy*, 34, 144–158.

Guy, J. D. (1987) *The Personal Life of the Psychotherapist*. New York: Wiley.

Gyani, A., Shafran, R. and Myles, P. (2014) The gap between science and practice: how therapists make their clinical decisions. *Behavior Therapy*, 45, 199–211.

Gyani, A., Shafran, R., Rose, S. and Lee, M. J. (2015) A qualitative investigation of therapists' attitudes towards research: horses for courses? *Behavioural and Cognitive Psychotherapy*, 43, 436–448.

Haaga, D. A. (2000) Introduction to the special section on stepped care models in psychotherapy. *Journal of Consulting and Clinical Psychology*, 68, 547–548.

Haarakangas, K., Seikkula, J., Alakare, B. and Aaltonen, J. (2007) Open dialogue: an approach to psychotherapeutic treatment of psychosis in Northern Finland. In H. Anderson and D. Gehart (eds.) *Collaborative Therapy: Relationships and Conversations that Make a Difference*. New York: Routledge.

Haas, E., Hill, R. D., Lambert, M. J. and Morrell, B. (2002) Do early responders to psychotherapy maintain treatment gains? *Journal of Clinical Psychology*, 58, 1157–1172.

Hadlaczky, G., Hökby, S., Mkrtchian, A., Carli, V. and Wasserman, D. (2014) Mental Health First Aid is an effective public health intervention for improving knowledge, attitudes, and behaviour: a meta-analysis. *International Review of Psychiatry*, 26, 467–475.

Hage, S. M., Romano, J. L., Conyne, R. K., Kenny, M., Matthews, C., Schwartz, J. P. et al. (2007) Best practice guidelines on prevention practice, research, training, and social advocacy for psychologists. *The Counseling Psychologist*, 35, 493–566.

Haldeman, D. C. (2004) When sexual and religious orientation collide: considerations in working with conflicted same-sex attracted male clients. *The Counseling Psychologist*, 32, 691–715.

Haldeman, D. C. (2010) Reflections of a gay male psychotherapist. *Psychotherapy: Theory, Research, Practice, Training*, 47, 177–185.

Halewood, A. and Tribe, R. (2003) What is the prevalence of narcissistic injury among trainee counselling psychologists? *Psychology and Psychotherapy: Theory, Research and Practice*, 76, 87–102.

Haley, J. (1973) *Uncommon Therapy: The Psychiatric Techniques of Milton H. Erickson, M.D.* New York: Norton.

Halgin, R. P. and Caron, M. (1991) To treat or not to treat: considerations for referring prospective clients. *Psychotherapy in Private Practice*, 8, 87–96.

Hall, E., Hall, C., Stradling, P. and Young, D. (2006) *Guided Imagery: Creative Interventions in Counselling and Psychotherapy*. London: Sage.

Hall, G. C. N., Ibaraki, A. Y., Huang, E. R., Marti, C. N. and Stice, E. (2016) A meta-analysis of cultural adaptations of psychological interventions. *Behavior Therapy*, 47, 993–1014.

Hallett, C., Klug, G., Lauber, C. and Priebe, S. (2012) Volunteering in the care of people with severe mental illness: a systematic review. *BMC Psychiatry*, 12, 226 [https://doi.org/10.1186/1471-244X-13-226].

Hallgren, M., Lundin, A., Tee, F. Y., Burström, B. and Forsell, Y. (2017) Somebody to lean on: social relationships predict post-treatment depression severity in adults. *Psychiatry Research*, 249, 261–267.

Halling, S., Leifer, M. and Rowe, J. O. (2006a) Emergence of the dialogal approach: forgiving another. In C. T. Fischer (ed.) *Qualitative Research Methods for Psychologists: Introduction through Empirical Examples*. New York: Academic Press.

Halling, S., McNabb, M. and Rowe, J. O. (2006b) Existential-phenomenological psychotherapy in the trenches: a collaborative approach to serving the underserved. *Journal of Phenomenological Psychology*, 37, 171–196.

Halmos, P. (1965) *The Faith of the Counsellors*. London: Constable.

Halpern, D. (2005) *Social Capital*. Cambridge: Polity Press.

Halvorsen, M. S., Benum, K., Haavind, H. and McLeod, J. (2016) A life-saving therapy: the theory-building case of 'Cora'. *Pragmatic Case Studies in Psychotherapy*, 12, 158–193.

Hamm, J. A. and Leonhardt, B. L. (2016) The role of interpersonal connection, personal narrative, and metacognition in integrative psychotherapy for schizophrenia: a case report. *Journal of Clinical Psychology*, 72, 132–141.

Hammond, D. C., Hepworth, D. H. and Smith, V. G. (2002) *Improving Therapeutic Communication: A Guide for Developing Effective Techniques*, 2nd edn. New York: Jossey-Bass.

Handelsman, M. M. and Galvin, M. D. (1988) Facilitating informed consent for out-patient psychotherapy. *Professional Psychology: Research and Practice*, 19, 223–225.

Hanley, T., Humphrey, N. and Lennie, C. (eds.) (2012) *Adolescent Counselling Psychology: Theory, Research and Practice*. London: Routledge.

Hanna, F. J. and Puhakka, K. (1991) When psychotherapy works: pinpointing an element of change. *Psychotherapy*, 28, 598–607.

Hanna, J. L. (2014) *Dancing to Learn: The Brain's Cognition, Emotion, and Movement*. London: Rowman Little.

Hannon, J. W., Ritchie, M. and Rye, D. R. (2001) Class: the missing discourse in counselling and counsellor education in the USA. *Journal of Critical Psychology, Counselling and Psychotherapy*, 1, 137–154.

Hansen, B. P., Lambert, M. J. and Vlass, E. N. (2015) Sudden gains and sudden losses in the clients of a 'Supershrink': 10 case studies. *Pragmatic Case Studies in Psychotherapy*, 11 (3), 154–201.

Hansen, J. T. (2004) Thoughts on knowing: epistemic implications of counseling practice. *Journal of Counseling and Development*, 82, 131–138.

Hansen, J. T. (2006a) Counseling theories within a postmodernist epistemology: new roles for theories in counseling practice. *Journal of Counseling and Development*, 84, 291–297.

Hansen, J. T. (2006b) Humanism as ideological rebellion: Deconstructing the dualisms of contemporary mental health culture. *Journal of Humanistic Counseling, Education and Development*, 45, 3–16.

Hansen, J. T. (2007) Counseling without truth: toward a neopragmatic foundation for counseling practice. *Journal of Counseling and Development*, 85, 423–430.

Hansen, J. T. (2012) Extending the humanistic vision: toward a humanities foundation for the counseling profession. *Journal of Humanistic Counseling*, 51, 133–144.

Hansen, N. B., Lambert, M. J. and Forman, E. M. (2002) The psychotherapy dose–response effect and its implications for psychotherapy services. *Clinical Psychology: Science and Practice*, 9, 329–343.

Hanson, J. (2005) Should your lips be zipped? How therapist self-disclosure and non-disclosure affects clients. *Counselling and Psychotherapy Research*, 5, 96–104.

Haque, A., Khan, F., Keshavarzi, H. and

Rothman, A. E. (2016) Integrating Islamic traditions in modern psychology: research trends in last ten years. *Journal of Muslim Mental Health*, 10 (1), 75–100.

Harborne, L. (2012) *Psychotherapy and Spiritual Direction: Two Languages, One Voice?* London: Karnac.

Harding-Davies, V., Hunt, K., Alred, G. and Davies, G. (eds.) (2004) *Experiences of Counsellor Training*. London: Palgrave Macmillan.

Hardy, G. E., Barkham, M., Shapiro, D. A., Reynolds, S., Rees, A. and Stiles, W. B. (1995) Credibility and outcome of cognitive–behavioural and psychodynamic-interpersonal psychotherapy. *British Journal of Clinical Psychology*, 34, 555–569.

Hardy, G. E., Bishop-Edwards, L., Chambers, E., Connell, J., Dent-Brown, K., Kothari, G. et al. (2019) Risk factors for negative experiences during psychotherapy. *Psychotherapy Research*, 29, 402–414.

Hare, E. (1962) Masturbatory insanity: the history of an idea. *Journal of Mental Science*, 108, 1–25.

Harford, D. (2013) Preliminary evaluation of outcomes of transactional analysis psychotherapy for armed forces veterans presenting with post-traumatic stress disorder. *International Journal of Transactional Analysis Research and Practice*, 4 (2) [https://doi.org/10.29044/v4i2p27].

Harford, D. and Widdowson, M. (2014) Quantitative and qualitative outcomes of transactional analysis psychotherapy with male armed forces veterans in the UK presenting with post-traumatic stress disorder. *International Journal of Transactional Analysis Research and Practice*, 5 (2) [https://doi.org/10.29044/v5i2p35].

Hargaden, H. and Sills, C. (2002) *Transactional Analysis: A Relational Perspective*. London: Brunner-Routledge.

Harman, J. (1986) A case presentation in Gestalt therapy: II. *The Gestalt Journal*, 9, 16–35.

Harper, K. (2006) Negotiating therapeutic boundaries with childhood sexual abuse survivors: choices in decision-making. *Stress, Trauma, and Crisis*, 9, 95–117.

Harper, N. J. (2017) Wilderness therapy, therapeutic camping and adventure education in child and youth care literature: a scoping review. *Children and Youth Services Review*, 83, 68–79.

Harper, N. J., Rose, K. and Segal, D. (2019) *Nature-Based Therapy: A Practitioner's Guide to Working Outdoors with Children, Youth and Families*. Gabriola Island, BC: New Society Publishers.

Harris, R. (2009) *ACT Made Simple: An Easy-to-Read Primer on Acceptance and Commitment Therapy*. Oakland, CA: New Harbinger Publications.

Harris, S. M. and Hays, K. W. (2008) Family therapist comfort with and willingness to discuss client sexuality. *Journal of Marital and Family Therapy*, 34, 239–250.

Hartanto, D., Kampmann, I. L., Morina, N., Emmelkamp, P. G., Neerincx, M. and Brinkman, W. P. (2014) Controlling social stress in virtual reality environments. *PloS One*, 9, e92804 [https://doi.org/10.1371/journal.pone.0092804].

Hartelius, G., Rothe, G. and Roy, P. J. (2013) A brand from the burning: defining transpersonal psychology. In H. L. Friedman and G. Hartelius (eds.) *The Wiley-Blackwell Handbook of Transpersonal Psychology*. Chichester: Wiley.

Hartford, G. (2011) Practical implications for the development of applied metaphor in adventure therapy. *Journal of Adventure Education and Outdoor Learning*, 11, 145–160.

Hartling, L. M. and Lindner, E. G. (2016) Healing humiliation: from reaction to creative action. *Journal of Counseling and Development*, 94, 383–390.

Hartmann, E. (1997) The concept of boundaries in counselling and psychotherapy. *British Journal of Guidance and Counselling*, 25, 147–162.

Hartmann, S. and Zepf, S. (2003) Effectiveness of psychotherapy in Germany: a replication of the *Consumer Reports* study. *Psychotherapy Research*, 13, 235–242.

Hartogs, B. M. A., Eikmans, K. M. and Bartels-Velthuis, A. A. (2012) Melting down the Ice Queen: an integrative treatment of anorexia nervosa. *BMJ Case Reports* [https://doi.org/10.1136/bcr-2012-006604].

Harvey, D. (2007) *A Brief History of Neoliberalism*. New York: Oxford University Press.

Harway, M. (ed.) (2005) *Handbook of Couples Therapy*. New York: Wiley.

Haskayne, D., Larkin, M. and Hirschfeld, R. (2014) What are the experiences of therapeutic rupture and repair for clients and therapists within long-term psychodynamic therapy? *British Journal of Psychotherapy*, 30, 68–86.

Haskins, N., Whiteld-Williams, M., Shillingford, M. A., Singh, A., Moxley, R. and Ofauni, C. (2013) The experiences of Black master's counseling students: a

phenomenological inquiry. *Counselor Education and Supervision*, 52, 162–178.

Hatch, M. and Cunliffe, A. L. (2006) *Organization Theory: Modern, Symbolic, and Postmodern Perspectives*, 2nd edn. New York: Oxford University Press.

Hatcher, R. L. (2015) Interpersonal competencies: responsiveness, technique, and training in psychotherapy. *American Psychologist*, 70, 747–757.

Hatcher, R. L. and Gillaspy, J. A. (2006) Development and validation of a revised short version of the Working Alliance Inventory. *Psychotherapy Research*, 16 (1), 12–25.

Hatfield, D., McCullough, L., Frantz, S. H. B. and Krieger, K. (2010) Do we know when our clients get worse? An investigation of therapists' ability to detect negative client change. *Clinical Psychology and Psychotherapy*, 17, 25–32.

Hathaway, W. L. (2011) Ethical guidelines for using spiritually oriented interventions. In J. D. Aten, M. R. McMinn and E. L. Worthington, Jr. (eds.) *Spiritually Oriented Interventions for Counseling and Psychotherapy*. Washington, DC: American Psychological Association.

Hattie, J. A., Sharpley, C. F. and Rogers, H. J. (1984) Comparative effectiveness of professional and paraprofessional helpers. *Psychological Bulletin*, 95, 534–541.

Haug, T., Nordgreen, T., Öst, L. G. and Havik, O. E. (2012) Self-help treatment of anxiety disorders: a meta-analysis and meta-regression of effects and potential moderators. *Clinical Psychology Review*, 32, 425–445.

Hawkins, P. and Shohet, R. (2012) *Supervision in the Helping Professions*, 4th edn. Maidenhead: Open University Press.

Hawkins, R. L. and Kim, E. J. (2012) The Socio-Economic Empowerment Assessment: addressing poverty and economic distress in clients. *Clinical Social Work Journal*, 40, 194–202.

Hay, D. (1979) Religious experience amongst a group of post-graduate students: a qualitative study. *Journal for the Scientific Study of Religion*, 18, 164–182.

Hay, D. and Hunt, K. (2000) *Understanding the Spirituality of the People Who Don't Go to Church: Final Report of the Adult Spirituality Project, Nottingham University*. London: Mission Theological Advisory Group.

Hay, D. and Morisy, A. (1978) Reports of ecstatic, paranormal, or religious experience in Great Britain and the United States: a comparison of trends. *Journal for the Scientific Study of Religion*, 17, 255–268.

Hagashi, S., Kuno, T., Morotomi, Y., Osawa, M., Shimizu, M. and Suetake, Y. (1998) Client-centered therapy in Japan: Fujio Tomoda and Taoism. *Journal of Humanistic Psychology*, 38, 103–124.

Hayes, A. M. and Goldfried, M. R. (1996) Carl Rogers' work with Mark: an empirical analysis and cognitive-behavioral perspective. In B. A. Farber, D. C. Brink and P. M. Raskin (eds.) *The Psychotherapy of Carl Rogers*. New York: Guilford Press.

Hayes, J. A. (2014a) 'Well I got a few of my own': therapists' reactions to attraction, sex, and love in psychotherapy. *Journal of Clinical Psychology*, 70, 119–122.

Hayes, J. A. (2014b) The beneficial demands of conducting psychotherapy. *Journal of Clinical Psychology*, 70, 716–723.

Hayes, S. C. (2004) Acceptance and commitment therapy, relational frame theory, and the third wave of behavior therapy. *Behavior Therapy*, 35, 639–665.

Hayes, S. C. (2005) *Get Out of Your Mind and Into Your Life: The New Acceptance and Commitment Therapy*. Oakland, CA: New Harbinger Publications.

Hayes, S. C. (2012) Humanistic psychology and contextual behavioral perspectives. *Psychotherapy*, 49, 455–460.

Hayes, S. C., Barnes-Holmes, D. and Wilson, K. G. (2012) Contextual behavioral science: creating a science more adequate to the challenge of the human condition. *Journal of Contextual Behavioral Science*, 1, 1–16.

Hayes, S. C., Luoma, J. B., Bond, F. W., Masuda, A. and Lillis, J. (2006) Acceptance and commitment therapy: model, processes and outcomes. *Behaviour Research and Therapy*, 44, 1–25.

Hayes, S. C., Strosahl, K. and Wilson, K. (1999) *Acceptance and Commitment Therapy: An Experiential Approach to Behavior Change*. New York: Guilford Press.

Hayes, S. C., Villatte, M., Levin, M. and Hildebrandt, M. (2011) Open, aware, and active: contextual approaches as an emerging trend in the behavioral and cognitive therapies. *Annual Review of Clinical Psychology*, 7, 141–168.

Haynes, S. N., O'Brien, W. H., Keaweaimoku, J. and Witteman, C. (2012)

Concepts of causality in psychopathology: applications in clinical assessment, clinical case formulation and functional analysis. *Journal of Unified Psychotherapy and Clinical Science*, 1, 87–103.

Hays, K. F. (1999) *Working It Out: Using Exercise in Psychotherapy*. Washington, DC: American Psychological Association.

Hazleden, R. (2010) 'You have to learn these lessons sometime': persuasion and therapeutic power relations in bestselling relationship manuals. *Continuum*, 24, 291–305.

Heard, H. L. and Linehan, M. M. (2005) Integrative therapy for borderline personality disorder. In J. C. Norcross and M. R. Goldfried (eds.) *Handbook of Psychotherapy Integration*. New York: Oxford University Press.

Heatherington, L., Friedlander, M. L., Diamond, G. M., Escudero, V. and Pinsof, W. (2015) 25 years of systemic therapies research: progress and promise. *Psychotherapy Research*, 25, 348–364.

Hecker, L. L. and Deacon, S. A. (eds.) (2006) *The Therapist's Notebook: Homework, Handouts, and Activities for Use in Psychotherapy*. New York: Routledge.

Hecker, L. L. and Sori, C. F. (eds.) (2007) *The Therapist's Notebook, Vol. 2. More Homework, Handouts, and Activities for Use in Psychotherapy*. New York: Routledge.

Hegarty, T., Smith, G. and Hammersley, M. (2010) Crossing the river: a metaphor of separation, liminality, and reincorporation. *International Journal of Narrative Therapy and Community Work*, 2, 51–58.

Heimann, P. (1950) On counter-transference. *International Journal of Psycho-Analysis*, 31, 81–84.

Heimberg, R. G. and Becker, R. E. (2002) *Cognitive–Behavioural Group Therapy for Social Phobia: Basic Mechanisms and Clinical Strategies*. New York: Guilford Press.

Heller, M. C. and Duclos, M. (2012) *Body Psychotherapy: History, Concepts, and Methods*. New York: Norton.

Hellman, I. D. and Morrison, T. L. (1987) Practice setting and type of caseload as factors in psychotherapist stress. *Psychotherapy*, 24, 427–433.

Helms, J. (1995) An update of Helms' white and people of color racial identity models. In J. G. Ponterotto, J. M. Casas, L. Suzuki and C. Alexander (eds.) *Handbook of Multicultural Counseling*. Thousand Oaks, CA: Sage.

Hemmelgarn, A. L. and Glisson, C. (2006) Organizational culture and climate: implications for services and interventions research. *Clinical Psychology: Science and Practice*, 13, 73–89.

Henderson, K. L. (2013) Mandated reporting of child abuse: considerations and guidelines for mental health counselors. *Journal of Mental Health Counseling*, 35, 296–309.

Henkelman, J. and Paulson, B. (2006) The client as expert: researching hindering experiences in counselling. *Counselling Psychology Quarterly*, 19, 139–150.

Hennigan, J. and Goss, S. P. (2016) UK secondary school therapists' online communication with their clients and future intentions. *Counselling and Psychotherapy Research*, 16, 149–160.

Hennigan, K. (2010) Therapeutic potential of time in nature: implications for body image in women. *Ecopsychology*, 2, 135–140.

Henretty, J. R., Currier, J. M., Berman, J. S. and Levitt, H. M. (2014) The impact of counselor self-disclosure on clients: a meta-analytic review of experimental and quasi-experimental research. *Journal of Counseling Psychology*, 61, 191–217.

Henretty, J. R. and Levitt, H. M. (2010) The role of therapist self-disclosure in psychotherapy: a qualitative review. *Clinical Psychology Review*, 30, 63–77.

Henry, W. E. (1966) Some observations on the lives of healers. *Human Development*, 9, 47–56.

Henry, W. E. (1977) Personal and social identities of psychotherapists. In A. S. Gurman and A. M. Razin (eds.) *Effective Psychotherapy: A Handbook of Research*. Oxford: Pergamon Press.

Herek, G. M., Kimmel, D. C., Amaro, H. and Melton, G. B. (1991) Avoiding heterosexist bias in psychological research. *American Psychologist*, 46, 957–963.

Hermann, M. A. and Herlihy, B. R. (2006) Legal and ethical implications of refusing to counsel homosexual clients. *Journal of Counseling and Development*, 84, 414–418.

Hermans, H. J. M. and DiMaggio, G. (eds.) (2004) *The Dialogical Self in Psychotherapy*. London: Brunner-Routledge.

Hermansson, G. (1997) Boundaries and boundary management in counselling: the never-ending story. *British Journal of Guidance and Counselling*, 25, 133–146.

Hermens, M. L. M., Muntingh, A., Franx, G., van Splunteren, P. T. and Nugen, J. (2014) Stepped

care for depression is easy to recommend, but harder to implement: results of an explorative study within primary care in the Netherlands. *BMC Family Practice*, 15, 5 [https://doi.org/10.1186/1471-2296-15-5].

Hernández, P., Gangsei, D. and Engstrom, D. (2007) Vicarious resilience: a new concept in work with those who survive trauma. *Family Process*, 46, 229–241.

Herrera, P., Mstibovskyi, I., Roubal, J. and Brownell, P. (2018a) Proposed methodology for Gestalt-psychotherapy research: the use of case studies in the analysis of the change process and its effectiveness. *Gestalt*, 1, 55–74.

Herrera, P., Mstibovskyi, I., Roubal, J. and Brownell, P. (2018b) Researching Gestalt therapy for anxiety in practice-based settings: a single-case experimental design. *Revista Argentina de Clínica Psicológica*, 27, 337–352.

Herron, W. G. and Sitkowski, S. (1986) Effect of fees on psychotherapy: what is the evidence? *Professional Psychology: Research and Practice*, 17, 347–351.

Hersoug, A. G., Høglend, P., Havik, O., von der Lippe, A. and Monsen, J. (2009) Therapist characteristics influencing the quality of alliance in long-term psychotherapy. *Clinical Psychology and Psychotherapy*, 16, 100–110.

Hesley, J. W. and Hesley, J. G. (2001) *Rent Two Films and Let's Talk in the Morning: Using Popular Movies in Psychotherapy*, 2nd edn. New York: Wiley.

Hess, A. K. (ed.) (1980) *Psychotherapy Supervision: Theory, Research and Practice*. New York: Wiley.

Hess, S. A., Knox, S. and Hill, C. E. (2006) Teaching graduate trainees how to manage client anger: a comparison of three types of training. *Psychotherapy Research*, 16, 282–292.

Hesse, E. (1999) The Adult Attachment Interview: historical and current perspectives. In J. Cassidy and P. R. Shaver (eds.) *Handbook of Attachment: Theory, Research and Clinical Applications*. New York: Guilford Press.

Hetherington, A. (2000) A psychodynamic profile of therapists who sexually exploit their clients. *British Journal of Psychotherapy*, 16, 274–286.

Higley, N. and Milton, M. (2008) Our connection to the Earth – a neglected relationship in counselling psychology? *Counselling Psychology Review*, 23, 31–35.

Hill, C. E. (1989) *Therapist Techniques and Client Outcomes: Eight Cases of Brief Psychotherapy*. London: Sage.

Hill, C. E. (1996) *Working with Dreams in Psychotherapy*. New York: Guilford Press.

Hill, C. E. (ed.) (2001) *Helping Skills: The Empirical Foundation*. Washington, DC: American Psychological Association.

Hill, C. E. (ed.) (2004) *Dream Work in Therapy: Facilitating Exploration, Insight, and Action*. Washington, DC: American Psychological Association.

Hill, C. E. (2005) The role of individual and marital therapy in my development. In J. D. Geller, J. C. Norcross and D. E. Orlinsky (eds.) *The Psychotherapist's Own Psychotherapy: Patient and Clinician Perspectives*. New York: Oxford University Press.

Hill, C. E. (2007) My personal reactions to Rogers (1957): the facilitative but neither necessary nor sufficient conditions of therapeutic personality change. *Psychotherapy: Theory, Research, Practice, Training*, 44, 260–264.

Hill, C. E. (2014) *Helping Skills: Facilitating Exploration, Insight and Action*, 4th edn. Washington, DC: American Psychological Association.

Hill, C. E. (2017) Therapists' perspectives about working with meaning in life in psychotherapy: a survey. *Counselling Psychology Quarterly*, 30, 373–391.

Hill, C. E. (2018) *Meaning in Life: A Therapist's Guide*. Washington, DC: American Psychological Association.

Hill, C. E., Baumann, E., Shafran, N., Gupta, S., Morrison, A., Rojas, A. et al. (2015) Is training effective? A study of counseling psychology doctoral trainees in a psychodynamic/interpersonal training clinic. *Journal of Counseling Psychology*, 62, 184–201.

Hill, C. E., Gelso, C. J., Chui, H., Spangler, P. T., Hummel, A., Huang, T. et al. (2014) To be or not to be immediate with clients: the use and perceived effects of immediacy in psychodynamic/interpersonal psychotherapy. *Psychotherapy Research*, 24, 299–315.

Hill, C. E. and Knox, S. (2001) Self-disclosure. *Psychotherapy: Theory, Research, Practice, Training*, 38, 413–425.

Hill, C. E. and Knox, S. (2009) Processing the therapeutic relationship. *Psychotherapy Research*, 19, 13–29.

Hill, C. E. and Lent, R. W. (2006) A narrative and meta-analytic review of helping skills training: time to revive a dormant area of inquiry. *Psychotherapy: Theory,

Research, Practice, Training,
43, 154–172.

Hill, C. E. and Nakayama, E. Y. (2000) Client-centered therapy: where has it been and where is it going? A commentary on Hathaway (1948). *Journal of Clinical Psychology,* 56, 861–875.

Hill, C. E., Nutt-Williams, E., Heaton, K. J., Thompson, B. J. and Rhodes, R. H. (1996) Therapist retrospective recall impasses in long-term psychotherapy: a qualitative analysis. *Journal of Counseling Psychology,* 43, 207–217.

Hill, C. E., Sim, W., Spangler, P., Stahl, J., Sullivan, C. and Teyber, E. (2008) Therapist immediacy in brief psychotherapy: case study II. *Psychotherapy,* 45, 298–315.

Hill, C. E., Spiegel, S. B., Hoffman, M. A., Kivlighan, D. M., Jr. and Gelso, C. J. (2017) Therapist expertise in psychotherapy revisited. *The Counseling Psychologist,* 45, 7–53.

Hill, M. (1999) Barter: ethical considerations in psychotherapy. *Women and Therapy,* 22, 81–92.

Hill, M. and Ballou, M. (1998) Making therapy feminist: a practice survey. *Women and Therapy,* 21, 1–16.

Hill, P. C., Pargament, K. I., Hood, R. W., McCullough, M. E., Swyers, J. P., Larson, D. B. et al. (2000) Conceptualizing religion and spirituality: points of commonality, points of departure. *Journal for the Theory of Social Behaviour,* 30, 51–77.

Hillman, J. (1977) *Re-visioning Psychology.* New York: Harper Perennial.

Hilsenroth, M. J. and Cromer, T. D. (2007) Clinician interventions related to alliance during the initial interview and psychological assessment. *Psychotherapy: Theory, Research, Practice, Training,* 44, 205–218.

Hinshelwood, R. D. (1991) Psychodynamic formulation in assessment for psychotherapy. *British Journal of Psychotherapy,* 8, 166–174.

Hipolito-Delgado, C. P., Estrada, D. and Garcia, M. (2017) Diversifying counsellor education: a case study of US students of colour. *British Journal of Guidance and Counselling,* 45, 473–488.

Hirai, M. and Clum, G. A. (2006) A meta-analytic study of self-help interventions for anxiety problems. *Behavior Therapy,* 37, 99–111.

Hirschhorn, L. (1978) The stalemated agency: a theoretical perspective and a practical proposal. *Administration in Social Work,* 2, 425–438.

Hoagwood, K. E., Acri, M., Morrissey, M. and Peth-Pierce, R. (2017) Animal-assisted therapies for youth with or at risk for mental health problems: a systematic review. *Applied Developmental Science,* 21, 1–13.

Hobfoll, S. E. (1989) Conservation of resources: a new attempt at conceptualizing stress. *American Psychologist,* 44, 513–524.

Hobfoll, S. E. (2001) The influence of culture, community, and the nested-self in the stress process: advancing conservation of resources theory. *Applied Psychology: An International Review,* 50, 337–421.

Hobson, R. E. (1985) *Forms of Feeling: The Heart of Psychotherapy.* London: Tavistock.

Hoener, C., Stiles, W. R., Luka, B. J. and Gordon, R. A. (2012) Client experiences of agency in therapy. *Person-Centered and Experiential Psychotherapies,* 11, 64–82.

Hoffman, L. (1992) A reflexive stance for family therapy. In S. McNamee and K. J. Gergen (eds.) *Therapy as Social Construction.* London: Sage.

Hofmann, L. and Walach, H. (2011) Spirituality and religiosity in psychotherapy – a representative survey among German psychotherapists. *Psychotherapy Research,* 21, 179–192.

Hofmann, S. G., Sawyer, A. T. and Fang, A. (2010) The empirical status of the 'new wave' of CBT. *Psychiatric Clinics of North America,* 33, 701–710.

Hogan, S. (2001) *Healing Arts: The History of Art Therapy.* London: Jessica Kingsley.

Høigaarda, R. and Mathisen, P. (2008) Informal situated counselling in a school context. *Counselling Psychology Quarterly,* 21, 293–299.

Holifield, E. B. (1983) *A History of Pastoral Care in America: From Salvation to Self-Realization.* Nashville, TN: Abingdon Press.

Holland, S. (1979) The development of an action and counselling service in a deprived urban area. In M. Meacher (ed.) *New Methods of Mental Health Care.* London: Pergamon Press.

Holland, S. (1990) Psychotherapy, oppression and social action: gender, race and class in black women's depression. In R. J. Perelberg and A. C. Miller (eds.) *Gender and Power in Families.* London: Tavistock/Routledge.

Hollanders, H. and McLeod, J. (1999) Theoretical orientation and reported practice: a survey of eclecticism among counsellors in Britain. *British Journal of Guidance and Counselling,* 27, 405–414.